

GULF April Open Invitational Meet

A LONG COURSE METERS TIMED FINALS MEET

HOSTED BY
THE WOODLANDS SWIM TEAM

April 15-17, 2016



SANCTION No. GULC 16-002R1

Warm-up/Timelines

Meet Referee:	Claude Humbert
Admin Official:	Lynda Davies
Meet Director:	Monica Lopez
Safety Marshal:	Kathy Dillard
Entries Director:	Yan Liu

Saturday - AM Warm-ups

1st Warm-up Session 7:30 am – 7:55 am

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
TWST	TWST	TWST	TWST	TWST	TWST	TWST	TWST

2nd Warm-up Session 7:55 am – 8:20 am

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
DADS	DADS	DADS	DADS	DADS	DADS	DADS	DADS

3rd Warm-up Session 8:20 am – 8:45 am

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
ESA	ESA	ESA	ESA PLAT	SSAN	SSAN	SSAN NEHA	STA VSST

Saturday Mid-Day Warm-ups *

***Warm-up will start immediately upon the completion of the AM session.**

Session will start approximately 30 mins after the conclusion of the AM session.

Open Warm-ups

Saturday PM Warm-ups *

1st Warm-up Session - approximate time: 1:10 – 1:30

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
TWST	TWST	TWST	TWST	TWST	TWST	TWST	TWST

2nd Warm-up Session - approximate time: 1:30 – 1:50

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
DADS	DADS	DADS	DADS	DADS	DADS	DADS	DADS

3rd Warm-up Session - approximate time: 1:50 – 2:10

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
SSAN	SSAN	SSAN NEHA	ESA	ESA	ESA VSST	VSST	PLAT STA

***Warm-ups will begin immediately upon completion of the Mid-Day session.**

Session will start approximately 1 hour after the conclusion of the Mid-day session.

Sunday AM Warm-ups

1st Warm-up Session 7:30 am – 7:55 am

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
DADS	DADS	DADS	DADS	DADS	DADS	DADS	DADS

2nd Warm-up Session 7:55 am – 8:20 am

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
TWST	TWST	TWST	TWST	TWST	TWST	TWST	TWST

3rd Warm-up Session 8:20 am – 8:45 am

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
ESA	ESA	ESA	SSAN	SSAN	SSAN	PLAT NEHA	STA VSST

Sunday Mid-Day Warm-ups *

***Warm-up will start immediately upon the completion of the AM session.**
 Session will start approximately 30 mins after the conclusion of the AM session.

Open Warm-ups

Sunday PM Warm-ups *

1st Warm-up Session - approximate time: 1:30 – 1:45

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
DADS	DADS	DADS	DADS	DADS	DADS	DADS	DADS

2nd Warm-up Session - approximate time: 1:45 – 2:00

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
TWST	TWST	TWST	TWST	TWST	TWST	TWST	TWST

3rd Warm-up Session - approximate time: 2:00 – 2:15

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
ESA STA	ESA	ESA PLAT	PLAT	SSAN	SSAN	SSAN VSST	VSST NEHA

***Warm-ups will begin immediately upon completion of the Mid-Day session.**
 Session will start approximately 1 hour after the conclusion of the Mid-day session.

GULF April Open Invitational hosted by TWST, Sanction #: GUSC 16-002R1**April 15-17, 2016****Team List**

	Team	Female	Male	Total Athletes	Entries	Relay	Total
1	DADS-GU Dads Club Swim Team	143	106	249	1,470	0	1470
2	UDADS-GU Dads Club Swim Team - UnAtt	2	2	4	25	0	25
3	ESA-GU Eagle Swimming Association	42	41	83	418	0	418
4	NEHA-GU Northeast Houston Aquatics	1	4	5	18	0	18
5	PLAT-GU Platinum Aquatics	17	7	24	149	0	149
6	STA-GU South Texas Aquatics	2	10	12	58	0	58
7	USTA-GU South Texas Aquatics -- Unatt	1	1	2	9	0	9
8	SSAN-GU Swim Streamline at Northampton	41	27	68	361	0	361
9	USSAN-GU Swim Streamline --Unatt	1	3	4	25	0	25
10	TWST-GU The Woodlands Swim Team	181	157	338	1,896	0	1896
11	UTWST-GU Unat-The Woodlands	0	2	2	12	0	12
12	VSST-GU VillaSport Swim Team	13	10	23	85	0	85
13	UVSST-GU VillaSport Swim Team - UnAtt	1	2	3	11	0	11
		445	372	817	4537	0	4537

GULF April Open Invitational hosted by TWST, Sanction #: GUSC 16-002R1
April 15-17, 2016
Session Report

Session: 1 Friday PM

Day of Meet: 1 **Starts at 06:00 PM** Heat Interval: 0 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 11 & Over 200 IM	163	21 u	06:00 PM	_____
Finals	2 Boys 11 & Over 200 IM	133	17 u	07:03 PM	_____
Finals	3 Girls 11 & Over 400 Freestyle	94	12 u	07:49 PM	_____
Finals	4 Boys 11 & Over 400 Freestyle	80	10 u	07:54 PM	_____
	Swimmers Counts for Warm-ups: 366	=====	=====		
	Entry / Heat Totals:	470	60		
	Finish Time			09:50 PM	_____

GULF April Open Invitational hosted by TWST, Sanction #: GUSC 16-002R1**April 15-17, 2016****Session Report**

Session: 2 Saturday AM

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 0 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	5 Girls 13 & Over 100 Backstroke	140	18 u	09:00 AM	_____
Finals	6 Boys 13 & Over 100 Backstroke	137	18 u	09:25 AM	_____
Finals	7 Girls 13 & Over 200 Breaststroke	56	7 u	09:49 AM	_____
Finals	8 Boys 13 & Over 200 Breaststroke	40	5 u	10:12 AM	_____
Finals	9 Girls 13 & Over 100 Freestyle	147	19 u	10:28 AM	_____
Finals	10 Boys 13 & Over 100 Freestyle	159	20 u	10:50 AM	_____
Finals	11 Girls 13 & Over 100 Butterfly	104	13 u	11:12 AM	_____
Finals	12 Boys 13 & Over 100 Butterfly	99	13 u	11:30 AM	_____
Finals	13 Girls 13 & Over 400 IM	31	4 u	11:46 AM	_____
	Swimmers Counts for Warm-ups: 350	=====	=====		
	Entry / Heat Totals:	913	117		
	Finish Time			12:09 PM	_____

GULF April Open Invitational hosted by TWST, Sanction #: GUSC 16-002R1
April 15-17, 2016
Session Report

Session: 3 Saturday Mid-Day

Day of Meet: 2 Starts at 12:45 PM Heat Interval: 0 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	16 Boys 11 & Over 800 Freestyle	9	2 u	12:45 PM	_____
	Swimmers Counts for Warm-ups: 9	=====	=====		
	Entry / Heat Totals:	9	2		
	Finish Time			01:10 PM	_____

Warm-up will start immediately upon the completion of the AM session. The approximate start time is 12:15 pm.

The Mid-Day Session (session 3) will start approximately 30 mins after the conclusion of the AM session. **The 12:45 time listed above is an approximate start time.**

GULF April Open Invitational hosted by TWST, Sanction #: GUSC 16-002R1**April 15-17, 2016****Session Report**

Session: 4 Saturday PM

Day of Meet: 2 Starts at 02:15 PM Heat Interval: 0 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	17 Girls 11-12 200 Backstroke	8	1 u	02:15 PM	_____
Finals	18 Boys 11-12 200 Backstroke	9	2 u	02:19 PM	_____
Finals	19 Girls 10 & Under 100 Backstroke	65	9 u	02:26 PM	_____
Finals	20 Boys 10 & Under 100 Backstroke	42	6 u	02:46 PM	_____
Finals	21 Girls 12 & Under 50 Breaststroke	168	21 u	02:59 PM	_____
Finals	22 Boys 12 & Under 50 Breaststroke	120	15 u	03:19 PM	_____
Finals	23 Girls 12 & Under 100 Freestyle	184	23 u	03:34 PM	_____
Finals	24 Boys 12 & Under 100 Freestyle	127	16 u	04:14 PM	_____
Finals	25 Girls 12 & Under 50 Butterfly	126	16 u	04:39 PM	_____
Finals	26 Boys 12 & Under 50 Butterfly	79	10 u	04:52 PM	_____
Finals	27 Girls 11-12 200 Butterfly	1	1 u	05:00 PM	_____
Finals	28 Boys 11-12 200 Butterfly	0	0	05:03 PM	_____
Finals	29 Girls 10 & Under 200 IM	19	3 u	05:03 PM	_____
Finals	30 Boys 10 & Under 200 IM	23	3 u	05:15 PM	_____
Finals	31 Girls 11-12 100 Backstroke	74	10 u	05:26 PM	_____
Finals	32 Boys 11-12 100 Backstroke	49	7 u	05:41 PM	_____
	Swimmers Counts for Warm-ups: 379	=====	=====		
	Entry / Heat Totals:	1,094	143		
	Finish Time			05:53 PM	_____

Warm-up will start immediately upon the completion of the Mid-day session. The approximate warm-up start time is 1:10 pm.

The PM Session (session 4) will start approximately 1 hour after the conclusion of the Mid-day session. **The 2:15 time listed above is an approximate start time.**

GULF April Open Invitational hosted by TWST, Sanction #: GUSC 16-002R1**April 15-17, 2016****Session Report**

Session: 5 Sunday AM

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 0 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	33 Girls 13 & Over 100 Breaststroke	104	13 u	09:00 AM	_____
Finals	34 Boys 13 & Over 100 Breaststroke	102	13 u	09:21 AM	_____
Finals	35 Girls 13 & Over 50 Freestyle	145	19 u	09:41 AM	_____
Finals	36 Boys 13 & Over 50 Freestyle	131	17 u	09:51 AM	_____
Finals	37 Girls 13 & Over 200 Butterfly	28	4 u	10:00 AM	_____
Finals	38 Boys 13 & Over 200 Butterfly	19	3 u	10:11 AM	_____
Finals	39 Girls 13 & Over 200 Backstroke	76	10 u	10:19 AM	_____
Finals	40 Boys 13 & Over 200 Backstroke	56	7 u	10:49 AM	_____
Finals	41 Girls 13 & Over 200 Freestyle	121	16 u	11:08 AM	_____
Finals	42 Boys 13 & Over 200 Freestyle	121	16 u	11:49 AM	_____
Finals	44 Boys 13 & Over 400 IM	20	3 u	12:26 PM	_____
	Swimmers Counts for Warm-ups: 338	=====	=====		
	Entry / Heat Totals:	923	121		
	Finish Time			12:43 PM	_____

GULF April Open Invitational hosted by TWST, Sanction #: GUSC 16-002R1
April 15-17, 2016
Session Report

Session: 6 Sunday Mid-Day

Day of Meet: 3 Starts at 01:15 PM Heat Interval: 0 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	45 Girls 11 & Over 800 Freestyle	7	1 u	01:15 PM	_____
	Swimmers Counts for Warm-ups: 7	=====	=====		
	Entry / Heat Totals:	7	1		
	Finish Time			01:28 PM	_____

Warm-up will start immediately upon the completion of the AM session. The approximate start time is 12:45 pm.

The Mid-Day Session (session 6) will start approximately 30 mins after the conclusion of the AM session. The 1:15 time listed above is an approximate start time.

GULF April Open Invitational hosted by TWST, Sanction #: GUSC 16-002R1**April 15-17, 2016****Session Report**

Session: 7 Sunday PM

Day of Meet: 3 Starts at 02:30 PM Heat Interval: 0 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	47 Girls 11-12 200 Breaststroke	6	1 u	02:30 PM	_____
Finals	48 Boys 11-12 200 Breaststroke	5	1 u	02:35 PM	_____
Finals	49 Girls 10 & Under 100 Breaststroke	41	6 u	02:39 PM	_____
Finals	50 Boys 10 & Under 100 Breaststroke	24	3 u	02:53 PM	_____
Finals	51 Girls 12 & Under 50 Freestyle	210	27 u	02:59 PM	_____
Finals	52 Boys 12 & Under 50 Freestyle	161	21 u	03:19 PM	_____
Finals	53 Girls 12 & Under 100 Butterfly	33	5 u	03:37 PM	_____
Finals	54 Boys 12 & Under 100 Butterfly	20	3 u	03:45 PM	_____
Finals	55 Girls 12 & Under 50 Backstroke	191	24 u	03:49 PM	_____
Finals	56 Boys 12 & Under 50 Backstroke	147	19 u	04:10 PM	_____
Finals	57 Girls 12 & Under 200 Freestyle	101	13 u	04:28 PM	_____
Finals	58 Boys 12 & Under 200 Freestyle	81	11 u	05:11 PM	_____
Finals	59 Girls 11-12 100 Breaststroke	60	8 u	05:46 PM	_____
Finals	60 Boys 11-12 100 Breaststroke	38	5 u	06:01 PM	_____
Finals	61 Girls 10 & Under 400 Freestyle	1	1 u	06:10 PM	_____
Finals	62 Boys 10 & Under 400 Freestyle	2	1 u	06:18 PM	_____
	Swimmers Counts for Warm-ups: 397	=====	=====		
	Entry / Heat Totals:	1,121	149		
	Finish Time			06:27 PM	_____

Warm-up will start immediately upon the completion of the Mid-day session. The approximate warm-up start time is 1:30 pm.

The PM Session (session 7) will start approximately 1 hour after the conclusion of the Mid-day session. **The 2:30 time listed above is an approximate start time.**