

Open Meet (April 15-17 2016)

Hosts: AGS, FCST, TWST, ECS

Entry rules:

Type of Meet	Timed Finals
Max # individual events per day	Three (3)
Swimmers eligible	Group X
Entry times in	LCM/SCM/SCY
Qualifying times	11-12 must have A time in 400/500 free to swim the 800
Cut-off times	None
Enter with no time?	Yes
Gulf "three event" rule applies?	Does not apply
Gulf "up/down" rule applies?	Does not apply
Fees	Individual - \$6.00 (\$7.00 - AGS)
Facility surcharge	listed below

TPC Updates:

- Added the 800 Free Boys on Saturday and Girls on Sunday -11 & O 800 free session will follow the 13 & O session. 11-12 must have an A time in the 400-500 free. Minimum 30 minutes warm-up. 2 swimmers/lane option. -13 & O swimmers are in the AM and 12 & U swimmers are in the PM
- Entries due to the Meet host 4/5/16

Order of Events:

Friday

11 & Over	200 I.M.
11 & Over	400 Free*

Saturday AM

13 & Over	100 Back
13 & Over	200 Breast
13 & Over	100 Free
13 & Over	100 Fly
13 & Over Girls	400 I.M.**

Distance Session Saturday

11 & Over Boys	800 Free***
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Saturday PM

11-12	200 Back
10 & Under	100 Back
12 & Under	50 Breast
12 & Under	100 Free
12 & Under	50 Fly

Sunday AM

13 & Over	100 Breast
13 & Over	50 Free
13 & Over	200 Fly
13 & Over	200 Back
13 & Over	200 Free
13 & Over Boys	400 I.M.**

Distance Session Sunday

11 & Over Girls	800 Free***
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Sunday PM

11-12	200 Breast
10 & Under	100 Breast
12 & Under	50 Free
12 & Under	100 Fly
12 & Under	50 Back

11-12	200 Fly	12 & Under	200 Free
10 & Under	200 I.M.	11-12	100 Breast
11-12	100 Back	10 & Under	400 Free*

All events will be seeded fastest to slowest.

All 11 & Over events will be swum combined but scored separately as 11-12, 13-14 and 15 & Over.
 All 12 & Under events will be swum combined but scored separately as 11-12 and 10 & under.
 All 13 & Over events will be swum combined but scored separately as 13-14, 15 & Over.

- * The 400 Freestyle will be swum alternating girls and boys heats.
- ** The 400 I.M. Girls swim on Saturday and Boys swim on Sunday
- *** The 800 Free Boys swim on Saturday and Girls swim on Sunday

Facility Surcharge requirements	
Facility with only 8 x 50 M pool	\$3.50
Facility with 8 x 50 M + 1 or More warm/warm down + Chase starts	\$6.50

There will be a Coaches Meeting: Meet referees will hold a safety/protocol meeting before the start of the 800 free heats to explain the 2 per lane format. Host teams must have extra safety Marshals on deck during the 800 Free heats.

Open Water Meet (April 24, 2016) Sunday

Host: RICE

Entry rules

Type of Meet	Timed Finals
Max # individual events per day	Three (3)
Swimmers eligible	All
Entry times in	None
Qualifying times	None
Cut-off times	None
Enter with no time?	No entry times
Gulf "three event" rule applies?	No
Gulf "up/down" rule applies?	No
Fees	Race #1: \$25, Race #2: \$10, Race #3: \$10

Saturday

1. 9:00am, 800 meter swim, check in 7:30am to 8:30am,
2. 9:30am, 1 mile swim, check in 7:30am to 9:00am
3. 10:30am, 2 mile swim, check in 7:30am to 9:30am

800 meter - all ages

1 mile - 11&Over

2 mile - 13&Over

Events will be swum combined and scored separately: Girls and boys 9-10, 11-12, 13-14 and 15&Over
Medals awarded 1st - 3rd places

Open Meet (May 13-15 2016)

Hosts: ECS, SPA, PEAK

Entry rules:

Type of Meet	Timed Finals
Max # individual events per day	Three (3)
Swimmers eligible	Group X
Entry times in	LCM/SCM/SCY
Qualifying times	11-12 must have A time in 400/500 free to swim the 1500
Cut-off times	None
Enter with no time?	Yes
Gulf "three event" rule applies?	Does not apply
Gulf "up/down" rule applies?	Does not apply
Fees	Individual - \$6.00
Facility surcharge	Listed below

Order of Events:

Friday

11 & Over	400 Free*
11-12	200 I.M.
13 & Over	400 I.M.***

Saturday AM

13 & Over	100 Breast
13 & Over	50 Free
13 & Over	200 Fly
13 & Over	200 Back
13 & Over	200 Free

Saturday Distance Session PM

11 & Over Girls	1500 Free**
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Saturday PM

11-12	200 Breast
10 & Under	100 Breast
12 & Under	50 Free

Sunday AM

13 & Over	100 Back
13 & Over	200 Breast
13 & Over	100 Free
13 & Over	100 Fly
13 & Over	200 I.M.

Sunday Distance Session PM

11 & Over Boys	1500 Free**
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Sunday PM

11-12	200 Back
10 & Under	100 Back
12 & Under	50 Breast

TPC Updates:

- Added the 1500 Free Girls on Saturday and Boys on Sunday
 -11 & O 1500 free session will follow the 13 & O session. 11-12 must have an A time in the 400-500 free. Minimum 30 minutes warm-up. 2 swimmers/lane option.
 -13 & O swimmers are in the AM and 12 & U swimmers are in the PM
 - Meet groups finalized after entries received by TPC chairman
 - Entries due to TPC Chair 4/23/16

12 & Under	100 Fly	12 & Under	100 Free
12 & Under	50 Back	12 & Under	50 Fly
12 & Under	200 Free	11-12	200 Fly
11-12	100 Breast	10 & Under	200 I.M.
10 & Under	400 Free*	11-12	100 Back

All events will be seeded fastest to slowest.

All 11 & Over events will be swum combined but scored separately as 11-12, 13-14, and 15 & Over.
 All 12 & Under events will be swum combined but scored separately as 11-12 and 10 & under.
 All 13 & Over events will be swum combined but scored separately as 13-14, 15 & Over.

- * The 400 Freestyle will be swum alternating girls and boys heats.
- ** The 1500 Free will be allowed to swim 2 swimmers per lane.
- *** The 13 & Over 400 IM will be swum alternating girls heats and boys heats.

Facility Surcharge requirements	
Facility with only 8 x 50 M pool	\$3.50
Facility with 8 x 50 M + 1 or More warm/warm down + Chase starts	\$6.50

There will be a Coaches Meeting: Meet referees will hold a safety/protocol meeting before the start of the 800 free heats to explain the 2 per lane format. Host teams must have extra safety Marshals on deck during the 800 Free heats.

Open Meet (June 24-26, 2016)

Hosts: ECS, ???

Entry rules:

Type of Meet	Timed Finals
Max # individual events per day	Three (3)
Swimmers eligible	Group X
Entry times in	LCM/SCM/SCY
Qualifying times	11-12 must have A time in 400/500 free to swim the 800
Cut-off times	None
Enter with no time?	Yes
Gulf "three event" rule applies?	Does not apply
Gulf "up/down" rule applies?	Does not apply
Fees	Individual - \$6.00
Facility surcharge	listed below

TPC Updates:

- Added the 800 Free Girls on Saturday and Boys on Sunday
 -11 & O 800 free session will follow the 13 & O session. 11-12 must have an A time in the 400-500 free. Minimum 30 minutes warm-up. 2 swimmers/lane option.
 -13 & O swimmers are in the AM and 12 & U swimmers are in the PM

Order of Events:

Friday PM

11 & Over	200 I.M.
11 & Over	200 Free

Saturday AM

13 & Over	100 Fly
13 & Over	100 Free
13 & Over	200 Breast
13 & Over	100 Back
13 & Over Girls	400 Free
13 & Over Boys	400 I.M.**

Sunday AM

13 & Over	200 Back
13 & Over	200 Fly
13 & Over	50 Free
13 & Over	100 Breast
13 & Over Boys	400 Free
13 & Over Girls	400 I.M.**

Saturday Distance Session PM

11 & Over Girls	800 Free**
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Sunday Distance Session PM

11 & Over Boys	800 Free***
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Saturday PM

11-12	100 Back
10 & Under	200 I.M.
11-12	200 Fly
12 & Under	50 Fly
12 & Under	100 Free

Sunday PM

11-12	100 Breast
10 & Under	200 Free
12 & Under	50 Back
12 & Under	100 Fly
12 & Under	50 Free

12 & Under	50 Breast	10 & Under	100 Breast
10 & Under	100 Back	11-12	200 Breast
11-12	200 Back	12 & Under	400 Free*

All events will be seeded fastest to slowest.

All 11 & over events will be swum combined but scored separately as 11-12, 13-14 and 15 & over.

All 13 & over events will be swum combined but scored separately as 13-14 and 15 & over.

All 12 & under events will be swum combined but scored separately as 11-12 and 10 & under.

* The 400 Free will be swum alternating girls and boys heats and swimmers need their own timers.

** The 400IM swimmers need their own timers.

*** The 800 Free will be allowed to swim 2 swimmers per lane.

Facility Surcharge requirements

Facility with only 8 x 50 M pool	\$3.50
Facility with 8 x 50 M + 1 or More warm/warm down + Chase starts	\$6.50

There will be a Coaches Meeting: Meet referees will hold a safety/protocol meeting before the start of the 800 free heats to explain the 2 per lane format. Host teams must have extra safety Marshals on deck during the 800 Free heats.

B & Under Champs (July 8-10, 2016)

Hosts: MAC, KATY, NOCH/SHRKS

Gulf Swimming custom medals will be awarded.

Entry rules:

Type of Meet	Timed Finals
Max # individual events per day	Four (4)
Swimmers eligible	Gulf registered swimmers
Entry times in	SCY/LCM/SCM
Qualifying times	None
Cut-off times	Yes** 10 & U
Enter with no time?	Yes
Gulf "three event" rule applies?	No
Gulf "up/down" rule applies?	No
Fees	Individual - \$6.00; Relays - \$9.25
Facility surcharge	Listed below

TPC Updates:

- Meet groups finalized after entries received by TPC chairman
- Entries due to TPC Chair 6/18/16
- Must be slower than BB time in any event, SC or LC
- Can qualify for 2016 Summer Champs

Order of Events:

Saturday		Sunday	
11- 12	200 Medley Relay	11- 12	200 Free Relay
9- 10	200 Medley Relay	9- 10	200 Free Relay
8 & Under	100 Medley Relay	8 & Under	100 Free Relay
12 & Under	100 I.M.	12 & Under	100 Free
12 & Under	100 Fly*	12 & Under	50 Fly
12 & Under	50 Free	12 & Under	100 Breast*
12 & Under	100 Back*	12 & Under	50 Back
12 & Under	50 Breast	12 & Under	200 I.M.*
12 & Under	200 Free*	11-12	500 Free*

All events will be seeded fastest to slowest.

Most 12 & under events will be swum combined and scored separately as 11-12, 9-10 and 8 & under.

* These particular 12 & under events will be swum combined but scored separately as 11-12 and 10 & under.

* The 500 Freestyle will be swum alternating girls and boys heats.

** 10&U, 11&12 - cut off times are USAS BB motivational times; 13&O not applicable

Facility Surcharge requirements

8x25 Yard pool with 1 or less warm-up/warm-down lanes	\$2.00
8x25 Yard pool with 2 or more warm-up/warm-down lanes	\$3.50
meet that uses 2x25 yard pools with 8 lanes and and 2 or more warm-up/warm-down lanes	\$5.00

Summer Champs (July 15-17, 2016)

Hosts: PEAK, CFSC, FCST

Gulf Swimming custom medals will be awarded.

Entry rules:	TPC Updates:
Type of Meet (11 & Over)	A/B Prelim/Finals
Type of Meet (10 & Under)	A Prelim/Finals
Max # individual events per day	Three (3)
Swimmers eligible	Group X, Gulf Swimmers Only
Entry times in	LCM/SCM/SCY
Qualifying times (10&U, 11-12)	YES USA Motivational BB Standards
Cut-off times	YES 14 and under must have 2 or Less A times 15 and over must have 2 or Less AA times
Special Rules	
Enter with no time?	Yes
Gulf "three event" rule applies?	NO
Gulf "up/down" rule applies?	Yes FOR 12&Under swimmers with BB qualifying times
Fees	Individual - \$9.00; Relays \$16.50
Facility surcharge	Listed below

Order of Events:	
Friday	Saturday
11-12 200 Breast	11-12 200 Back
13 & Over 200 Fly	all ages 200 Free
12 & Under 50 Fly	all ages 100 Breast
all ages 200 I.M.	all ages 50 Free
all ages 100 Back	all ages 100 Fly
13 & Over 400 Free**	Open 200 Medley Relay***
	13-14 200 Medley Relay***
	11- 12 200 Medley Relay***
	10 & Under 200 Medley Relay***
	13 & Over 400 I.M.**
Sunday	
12 & Under 50 Back	
13 & Over 200 Back	
all ages 100 Free	
12 & Under 50 Breast	

13 & Over	200 Breast
11-12	200 Fly
10 & Under	200 Free Relay***
11- 12	200 Free Relay***
13-14	200 Free Relay***
Open	200 Free Relay***
12 & Under	400 Free**
13 & Over	1500 Free *

All events will be seeded fastest to slowest.

All 13 & over events will be swum combined but scored separately as 13-14 and 15 & over.
 All 12 & under events will be swum combined but scored separately as 11-12 and 10 & under.
 Warm ups will begin at 7:00AM and the Meet will be scheduled to start at 8:30AM.

- * The 1500 Free will be swum as a timed final event, alternating girls and boys heats in Sunday's prelim session.
 - ** The 400 IM/400 Free will be swum as timed finals. At check-in, swimmers may elect to swim the event during prelims. The fastest 8 girls and the fastest 8 boys in each event who check-in, and who do not elect to swim in prelims, will swim during finals. All other heats will be swum during prelims, alternating girls and boys.
 - *** All Relays will be timed final events. All Relays will be swum in Prelims.
- Finals warm-up will begin at 4:00PM and the meet starts at 5:00PM.

Facility Surcharge requirements	
Facility with only 8 x 50 M pool	\$3.50
Facility with 8 x 50 M + 1 or More warm/warm down + Chase starts	\$6.50

Gulf Champs (July 22-24, 2016)

Hosts: TWST

Gulf Swimming custom medals will be awarded.

Entry rules:

Type of Meet (11 & Over)	A/B Prelim/Finals
Type of Meet (10 & Under)	A Prelim/Finals
Max # individual events per day	Three (3)
Swimmers eligible	Gulf Swimmers Only
Entry times in	LCM/SCM/SCY
	14 and under must have 3 A times
	15 and over must have 3 AA times
Qualifying times	
Cut-off times	None
Special Rules	Must have 3 or more Qualifying times
	Time Standards to enter
Enter with no time?	Yes
Gulf "three event" rule applies?	Yes
Gulf "up/down" rule applies?	No
Special Rules	all 400 will use USAS BB Motivational standards
	For only swimmers who are already in the meet
Fees	Individual - \$9.00; Relays \$16.50
Facility surcharge	Listed below

TPC Updates:

- Elite meet format
- Entries due to the host by 07/12/16

Order of Events:

Friday AM

13 & Over	200 IM
13 & Over	100 Back
13 & Over	200 Fly
13 & Over	400 Free**

Saturday AM

13 & Over	100 Fly
13 & Over	200 Free
13 & Over	100 Breast
13 & Over	50 Free
13 - 14	200 Medley Relay***
15 & Over	200 Medley Relay***
13 & Over	400 IM**

Sunday AM

13 & Over	200 Back
13 & Over	100 Free
13 & Over	200 Breast
13 - 14	200 Free Relay
15 & Over	200 Free Relay
13 & Over	1500 Free*

Friday PM

12 & Under	50 Fly
12 & Under	200 IM
12 & Under	100 Back

Saturday PM

12 & Under	100 Fly
12 & Under	200 Free
12 & Under	100 Breast

Sunday PM

12 & Under	50 Back
12 & Under	100 Free
11 - 12	200 Fly

11 -12	200 Breast	12 & Under	50 Free	12 & Under	50 Breast
		11 - 12	200 Back	11 - 12	200 Free Relay
		11 - 12	200 Medley Relay***	10 & Under	200 Free Relay
		10 & Under	200 Medley Relay***	12 & Under	400 Free #

Friday Finals ##

12 & Under	50 Fly
13 & Over	200 IM
12 & Under	200 IM
13 & Over	100 Back
12 & Under	100 Back
13 & Over	200 Fly
11 - 12	200 Breast
13 & Over	400 Free**

Saturday Finals ###

12 & Under	100 Fly
13 & Over	100 Fly
12 & Under	200 Free
13 & Over	200 Free
12 & Under	100 Breast
13 & Over	100 Breast
12 & Under	50 Free
13 & Over	50 Free
11 - 12	200 Back
13 & Over	400 IM

Sunday Finals ###

12 & Under	50 Back
13 & Over	200 Back
12 & Under	100 Free
13 & Over	100 Free
11 -12	200 Fly
13 & Over	200 Breast
12 & Under	50 Breast
12 & Under	400 Free#

All events will be seeded fastest to slowest.

All 13 & over events will be swum combined but scored separately as 13-14 and 15 & over.
 All 12 & under events will be swum combined but scored separately as 11-12 and 10 & under.

AM warm-up will begin at 7:00AM and the Meet will be scheduled to start at 8:30AM.
 PM warm-up begins no sooner than 40 minutes following the end of the AM session and the meet no sooner than 1 hour after the end of the morning session.
 Finals warm-up will begin at 4:30PM and the meet starts at 5:30PM.

* The 1500 Free will be swum as a timed final event, alternating girls and boys heats in the

#The 12 & Under 400 Free for all swimmers will be swum as timed finals. At check-in, swimmers

** The 13 & Over 400 IM/400 Free for all swimmers will be swum as timed finals. At check-in,

Finals will be swum oldest to youngest on Friday.

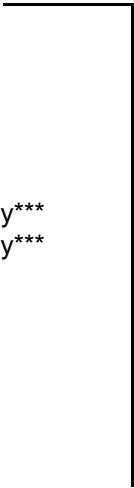
Finals will be swum youngest to oldest on Saturday and Sunday.

*** All Relays will be timed final events. All Relays will be swum in Prelims.

Facility Surcharge requirements

Facility with only 8 x 50 M pool	\$3.50
Facility with 8 x 50 M + 1 or More warm/warm down + Chase star	\$6.50

Free Relay***
Free Relay***



Free Relay***
Free Relay***



