

Open Water Champs (October 4, 2015)

Host: RICE

Gulf Swimming custom medals will be awarded.

Entry rules:

| | |
|----------------------------------|---------------------------------------------|
| Type of Meet | Timed Finals |
| Max # individual events per day | 1 for 9-10, 2 for 11-12 and 3 for 13 & over |
| Swimmers eligible | All Registered USA Swimming athletes |
| Entry times in | None |
| Qualifying times | None |
| Cut-off times | None |
| Enter with no time? | Yes |
| Gulf "three event" rule applies? | No |
| Gulf "up/down" rule applies? | No |
| Fees | Race #1: \$25, Race #2: \$10, Race #3: \$10 |

TPC Notes:

- Gulf Open Water All Star Team selection meet
- Entries due to host by Sept 22, 2015

Sunday

1. 18&Over 8:00 am, 2.5K swim, check in 7:00 to 7:45 am
2. 9:30 am, 800 meter swim, check in 8:00 am to 9:00 am
3. 10:00 am, 1 mile swim, check in 8:00 am to 9:00 am
4. 11:00 am, 2 mile swim, check in 8:00 am to 10:00 am

Order of Events:

| Event # | Age Group | |
|---------|-----------|---------------|
| 1-2 | 18&Over | 2.5K**** |
| 3-4 | 9&Over | 800 meter* |
| 5-6 | 11&Over | 1600 meter** |
| 7-8 | 13&Over | 3200 meter*** |

Please note that events will be swum combined and scored separately for boys and girls by 9-10, 11-12, 13-14 and 15 & over.

* 9-10 year olds are eligible for the 800 meter event only.

** 11-12 year olds are eligible for the 800 meter and the 1600 meter events.

*** 13 years old and over are eligible for 800, 1600 and 3200 meter events

**** 18 & Overs only eligible for 2.5K

Medals awarded 1st - 3rd places

Fixed the meet date

Open Meet (October 10-11, 2015)

Hosts: PACK, MAC, DADS, FCST, SSAN

Entry rules:

| | |
|----------------------------------|-------------------------------------------|
| Type of Meet | Timed Finals |
| Max # individual events per day | Three (3) |
| Swimmers eligible | Group X |
| Entry times in | SCY/SCM/LCM |
| Qualifying times | None |
| Cut-off times | None |
| Enter with no time? | Yes |
| Gulf "three event" rule applies? | Does not apply |
| Gulf "up/down" rule applies? | Does not apply |
| Fees | Individual - \$5.75 |
| Facility surcharge | Look at chart at the bottom of this sheet |

TPC Notes:
- Entries due to TPC Chair
by Sept 19, 2015
(gulftpc@gmail.com)

AM warm-up start
time 7:30am

AM sessions: 7:30am - Warm-up / 9:00am Start
PM sessions: Warm-ups will begin at the conclusion of the morning session
 PM session will start approximately 1 hour after the conclusion of the morning session

Order of Events:

| | | | |
|--------------------|------------|------------------|------------|
| Saturday AM | | Sunday AM | |
| 11&Over Girls | 100 Back | 11&Over Girls | 100 Breast |
| 13&Over Boys | 100 Back | 13&Over Boys | 100 Breast |
| 11-12 Girls | 50 Fly | 11&Over Girls | 50 Free |
| 11&Over Girls | 200 Breast | 13&Over Boys | 50 Free |
| 13&Over Boys | 200 Breast | 11-12 Girls | 200 I.M. |
| 13&Over Girls | 100 Free | 11&Over Girls | 200 Fly |
| 13&Over Boys | 100 Free | 13&Over Boys | 200 Fly |
| 11-12 Girls | 200 Back | 11-12 Girls | 100 Free |
| 11&Over Girls | 100 Fly | 13&Over Girls | 200 Back |
| 13&Over Boys | 100 Fly | 13&Over Boys | 200 Back |
| 11-12 Girls | 50 Back | 11-12 Girls | 50 Breast |
| 13&Over Girls | 200 I.M. | 11&Over Girls | 200 Free |
| 13&Over Boys | 200 I.M. | 13&Over Boys | 200 Free |
| 11-12 Girls | 100 I.M. | 13&Over Girls | 400 I.M.* |
| 11&Over Girls | 500 Free* | 13&Over Boys | 400 I.M.* |
| 13&Over Boys | 500 Free* | | |
| Saturday PM | | Sunday PM | |
| 9-10 Girls | 100 Back | 9-10 Girls | 100 Breast |
| 9-12 Boys | 100 Back | 9-12 Boys | 100 Breast |
| 10&Under Girls | 50 Fly | 8&Under Girls | 25 Fly |
| 12&Under Boys | 50 Fly | 8&Under Boys | 25 Fly |
| 11-12 Boys | 200 Breast | 11-12 Boys | 200 Fly |
| 8&Under Girls | 25 Back | 10&Under Girls | 100 Free |
| 8&Under Boys | 25 Back | 12&Under Boys | 100 Free |
| 10&Under Girls | 50 Free | 9-10 Girls | 200 I.M. |
| 12&Under Boys | 50 Free | 9-12 Boys | 200 I.M. |
| 9-10 Girls | 100 Fly | 11-12 Boys | 200 Back |
| 9-12 Boys | 100 Fly | 8&Under Girls | 25 Free |
| 10&Under Girls | 50 Back | 8&Under Boys | 25 Free |
| 12&Under Boys | 50 Back | 10&Under Girls | 50 Breast |
| 10&Under Girls | 100 I.M. | 12&Under Boys | 50 Breast |
| 12&Under Boys | 100 I.M. | 11-12 Boys | 200 Free |
| 8&Under Girls | 25 Breast | 9-10 Girls | 500 Free* |
| 8&Under Boys | 25 Breast | 9-10 Boys | 500 Free* |
| 9-10 Girls | 200 Free | | |
| 9-10 Boys | 200 Free | | |
| 11-12 Boys | 500 Free | | |

All events will be seeded fastest to slowest.

- All 13 & Over events will be swum combined but scored separately as 13-14 and 15 & Over.
- All 11 & Over events will be swum combined but scored separately as 11-12, 13-14, 15 & Over.
- All 12 & Under events will be swum combined but scored separately as 11-12, 9-10, 8, 7 and 6 & Under.
- All 10 & Under events will be swum combined but scored separately as 9-10, 8, 7 and 6 & Under.
- All 8 & Under events will be swum combined but scored separately as 8, 7 and 6 & Under.
- All 9-12 events will be swum combined but scored separately as 11-12 and 9-10.

* The 400 I.M. and 500 Freestyle will be swum alternating girls and boys heats.

| Facility Surcharge requirements | |
|-----------------------------------------------------------------------------------|--------|
| 8x25 Yard pool with 1 or less warm-up/warm-down lanes | \$2.00 |
| 8x25 Yard pool with 2 or more warm-up/warm-down lanes | \$3.50 |
| meet that uses 2x25 yard pools with 8 lanes and 2 or more warm-up/warm-down lanes | \$5.00 |

Senior Meet (October 17-18, 2015)

Host: MARC

| No Awards | |
|----------------------------------|----------------------------------------------|
| Entry rules: | |
| Type of Meet | Timed Finals |
| Max # individual events per day | Five (5) |
| Swimmers eligible | All USA Swimming |
| Entry times in | LCM/SCM/SCY |
| Qualifying times (15 & over) | None |
| Qualifying times (14 & under) | 15-16 USAS Motivational "AA" times |
| Cut-off times | None |
| Enter with no time? | Yes |
| Gulf "three event" rule applies? | Yes |
| Gulf "up/down" rule applies? | Yes |
| Fees | Individual - \$5.75 |
| Facility surcharge | Facility Surcharge requirements listed below |

TPC Notes:
- Entries due to meet host by Oct 6, 2015

| Order of Events: | | | |
|-------------------------|------------|------------------|-------------|
| Saturday AM | | Sunday AM | |
| Senior | 200 I.M. | Senior | 200 Back |
| Senior | 50 Free | Senior | 100 Free |
| Senior | 100 Fly | Senior | 200 Breast |
| Senior | 500 Free * | Senior | 200 Fly |
| | | Senior | 1000 Free * |
| | | | |
| Saturday PM** | | | |
| Senior | 200 Free | | |
| Senior | 100 Back | | |
| Senior | 100 Breast | | |
| Senior | 400 I.M. * | | |

All events will be seeded fastest to slowest.

* The 400 I.M. and 500/1000 Freestyle will be swum fastest to slowest, alternating women's and men's heats.

** Warm-up for the Saturday P.M. session will start approximately 2 hours after the conclusion of the Saturday A.M. session. The Saturday P.M. competition will begin approximately 1 hour after the start of warm-up.

| Facility Surcharge requirements | |
|------------------------------------------------------------------------------------------|--------|
| 8x25 Yard pool with 1 or less warm-up/warm-down lanes | \$2.00 |
| 8x25 Yard pool with 2 or more warm-up/warm-down lanes | \$3.50 |
| meet that uses 2x25 yard pools with 8 lanes and 2 or more warm-up/warm-down lanes | \$5.00 |

Senior Meet (November 7-8, 2015)

Host: PEAK

No Awards

Entry rules:

| | |
|----------------------------------|----------------------------------------------|
| Type of Meet | Timed Finals |
| Max # individual events per day | Five (5) |
| Swimmers eligible | All USA Swimming |
| Entry times in | LCM/SCM/SCY |
| Qualifying times (15 & over) | None |
| Qualifying times (14 & under) | 15-16 USAS Motivational "AA" times |
| Cut-off times | None |
| Enter with no time? | Yes |
| Gulf "three event" rule applies? | Yes |
| Gulf "up/down" rule applies? | Yes |
| Fees | Individual - \$5.75 |
| Facility surcharge | Facility Surcharge requirements listed below |

TPC Notes:

- Entries due to meet host by Oct 27, 2015

Order of Events:

Saturday AM

| | |
|--------|------------|
| Senior | 200 I.M. |
| Senior | 50 Free |
| Senior | 200 Fly |
| Senior | 500 Free * |

Sunday AM

| | |
|--------|-------------|
| Senior | 200 Back |
| Senior | 100 Free |
| Senior | 200 Breast |
| Senior | 100 Fly |
| Senior | 1650 Free * |

Saturday PM**

| | |
|--------|------------|
| Senior | 200 Free |
| Senior | 100 Back |
| Senior | 100 Breast |
| Senior | 400 I.M. * |

All events will be seeded fastest to slowest.

* The 400 I.M. and 500/1650 Freestyle will be swum fastest to slowest, alternating women's and men's heats.

** Warm-up for the Saturday P.M. session will start approximately 2 hours after the conclusion of the Saturday A.M. session. The Saturday P.M. competition will begin approximately 1 hour after the start of warm-up.

Facility Surcharge requirements

| | |
|------------------------------------------------------------------------------------------|--------|
| 8x25 Yard pool with 1 or less warm-up/warm-down lanes | \$2.00 |
| 8x25 Yard pool with 2 or more warm-up/warm-down lanes | \$3.50 |
| meet that uses 2x25 yard pools with 8 lanes and 2 or more warm-up/warm-down lanes | \$5.00 |

Fixed the meet date

Open Meet (November 14-15, 2015)

Hosts: BTA, MAC, SHRK, LSST, KATY

Entry rules:

| | | |
|----------------------------------|----------------------------------------------|--------------------------------------------------------------------------------------------------|
| Type of Meet | Timed Finals | TPC Notes: - Entries due to TPC Chair by Oct 24, 2015 (gulftpc@gmail.com) |
| Max # individual events per day | Three (3) | |
| Swimmers eligible | Group X | |
| Entry times in | SCY/SCM/LCM | |
| Qualifying times | None | |
| Cut-off times | None | |
| Enter with no time? | Yes | |
| Gulf "three event" rule applies? | Does not apply | |
| Gulf "up/down" rule applies? | Does not apply | |
| Fees | Individual - \$5.75 | |
| Facility surcharge | Facility Surcharge requirements listed below | |

AM warm-up start time at 7:30am

AM sessions: 7:30am - Warm-up / 9:00am Start
PM sessions: Warm-ups will begin at the conclusion of the morning session
 PM session will start approximately 1 hour after the conclusion of the morning session

Saturday AM

Sunday AM

Order of Events:

| | | | |
|--------------------|------------|------------------|------------|
| Saturday PM | | Sunday PM | |
| 13&Over Girls | 400 I.M.* | 11&Over Girls | 100 Breast |
| 13&Over Boys | 400 I.M.* | 13&Over Boys | 100 Breast |
| 11&Over Girls | 100 Back | 11&Over Girls | 50 Free |
| 13&Over Boys | 100 Back | 13&Over Boys | 50 Free |
| 11-12 Girls | 50 Fly | 11-12 Girls | 100 I.M. |
| 11&Over Girls | 200 Breast | 11&Over Girls | 200 Free |
| 13&Over Boys | 200 Breast | 13&Over Boys | 200 Free |
| 11&Over Girls | 100 Free | 11&Over Girls | 200 Back |
| 13&Over Boys | 100 Free | 13&Over Boys | 200 Back |
| 11&Over Girls | 100 Fly | 11-12 Girls | 50 Breast |
| 13&Over Boys | 100 Fly | 11&Over Girls | 200 Fly |
| 11-12 Girls | 50 Back | 13&Over Boys | 200 Fly |
| 11&Over Girls | 200 I.M. | 13&Over Girls | 1000 Free* |
| 13&Over Boys | 200 I.M. | 13&Over Boys | 500 Free* |
| 11&Over Girls | 500 Free* | | |
| 13&Over Boys | 1000 Free* | | |
| Saturday AM | | Sunday AM | |
| 9-10 Girls | 100 Back | 9-10 Girls | 100 Breast |
| 9-12 Boys | 100 Back | 9-12 Boys | 100 Breast |
| 10&Under Girls | 50 Fly | 8&Under Girls | 25 Fly |
| 12&Under Boys | 50 Fly | 8&Under Boys | 25 Fly |
| 11-12 Boys | 200 Breast | 11-12 Boys | 200 Fly |
| 8&Under Girls | 25 Back | 10&Under Girls | 50 Free |
| 8&Under Boys | 25 Back | 12&Under Boys | 50 Free |
| 10&Under Girls | 100 Free | 10&Under Girls | 100 I.M. |
| 12&Under Boys | 100 Free | 12&Under Boys | 100 I.M. |
| 9-10 Girls | 100 Fly | 11-12 Boys | 200 Back |
| 9-12 Boys | 100 Fly | 8&Under Girls | 25 Free |
| 10&Under Girls | 50 Back | 8&Under Boys | 25 Free |
| 12&Under Boys | 50 Back | 10&Under Girls | 50 Breast |
| 9-10 Girls | 200 I.M. | 12&Under Boys | 50 Breast |
| 9-12 Boys | 200 I.M. | 9-10 Girls | 200 Free |
| 8&Under Girls | 25 Breast | 9-12 Boys | 200 Free |
| 8&Under Boys | 25 Breast | | |
| 9-10 Girls | 500 Free* | | |
| 9-12 Boys | 500 Free* | | |

Saturday PM

Sunday PM

All events will be seeded fastest to slowest.

All 13 & Over events will be swum combined but scored separately as 13-14 and 15 & Over.
 All 11 & Over events will be swum combined but scored separately as 11-12, 13-14, 15 & Over.
 All 12 & Under events will be swum combined but scored separately as 11-12, 9-10, 8, 7 and 6 & Under.
 All 10 & Under events will be swum combined but scored separately as 9-10, 8, 7 and 6 & Under.
 All 8 & Under events will be swum combined but scored separately as 8, 7 and 6 & Under.
 All 9-12 events will be swum combined but scored separately as 11-12 and 9-10.

* The 400 I.M., 500 and 500/1000 Freestyle will be swum alternating girls and boys heats.

| Facility Surcharge requirements | |
|-----------------------------------------------------------------------------------|--------|
| 8x25 Yard pool with 1 or less warm-up/warm-down lanes | \$2.00 |
| 8x25 Yard pool with 2 or more warm-up/warm-down lanes | \$3.50 |
| meet that uses 2x25 yard pools with 8 lanes and 2 or more warm-up/warm-down lanes | \$5.00 |

Southern Senior Champs (Dec. 4-6, 2015)

Host: TWST

Updated format for
Yards - prelims /
LCM - finals

| Gulf Swimming custom medals will be awarded. | |
|----------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|
| Entry rules: | |
| Type of Meet | Yards - Prelim / LCM - Final A,B,C,D LCM - Timed Finals (800 free, 1500 free, Relays) |
| Max # individual events per day | Three (3) |
| Swimmers eligible | All USA-S (Limit out of LSC to 150 swimmers or to last team over 150 swimmers) |
| Entry time in | Any - Seeded per National Rules |
| Cut-off times | None |
| Enter with no time? | Yes |
| 14 & Under Qualifying Times: | 2014 Senior Gulf Champs time standards |
| Gulf "three event" rule applies | Yes } 14&Under swimmers must have the 2014 Senior Gulf Champs qualifying time in the 500/400 free to enter the 800/1500 free as a bonus event |
| Gulf "up/down" rule applies | Yes } |
| 15 & Over Qualifying Times: | Must have three (3) or more 2015 Southern Senior Champs time standards to enter this meet, and then may enter any event offered. |
| Special Rules (Elite Meet): | The distance free events will match the Olympic events - 800 meter free for girls and 1500 meter free for boys |
| Fees | Individual - \$9:00; Relays - \$16.50 |
| Facility surcharge | \$5/swimmer |

2015 Gulf Senior Championship
"14&Under" time standards

2015 Gulf Senior Championship
"14&Under" time standard

two (2) or more
2015 Gulf Senior Championship
"15&Over" time standards

| Order of Events: | | | |
|------------------|--------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|
| Friday | | Saturday | |
| Senior | 800 Free* (girls only) | Senior | 200 Fly |
| Senior | 100 Breast | Senior | 50 Free |
| Senior | 200 Free | Senior | 200 Breast |
| Senior | 100 Fly | Senior | 100 Back |
| Senior | 400 I.M. | Senior | 500/400 Free |
| Senior | 400 Free Relay** | Senior | 800 Free Relay** |
| Sunday | | TPC Notes: - Made tougher qualifying times for this meet - last team to make 150 swimmers from outside the LSC will be allowed. - Entries due to host by Nov 24, 2015 | |
| Senior | 100 Free | | |
| Senior | 1500 Free*** (boys only) | | |
| Senior | 200 Back | | |
| Senior | 200 I.M. | | |
| Senior | 400 Medley Relay** | | |

At Prelims, events will be swum with heats in the order of fastest to slowest, except the 800 free and 1500 free.
 At Finals, all events will be swum with heats in the order of slowest to fastest, including relays.

* Girls event only. The fastest 8 girls who check-in, and who do not elect to swim in the heats prior to finals, will swim during finals. All other heats will be swum slowest to fastest with the last heat (2nd fastest overall) starting 10 minutes before the finals warm-up.

** All relays swim in finals. Relay heats will swim slowest to fastest in event order. Teams may enter 3 relays per event.

*** Boys event only. The fastest 8 boys who check-in, and who do not elect to swim in the heats prior to finals, will swim during finals. All other heats will be swum slowest to fastest with the last heat (2nd fastest overall) starting 20 minutes before the finals warm-up.

| Facility Surcharge requirements | | |
|-----------------------------------------------------------|--|--------|
| 8x25 Yard pool with 1 or less warm-up/warm-down lanes | | \$2.00 |
| 8x25 Yard pool with 2 or more warm-up/warm-down lanes | | \$3.50 |
| meet that uses 2x25 yard pools with 8 lanes and 2 or more | | \$5.00 |

**2015
Gulf Senior Championships
Time Standards**

| Girls | | 15&Over | Boys | |
|----------|----------|-------------------|----------|----------|
| LCM | Yards | | Yards | LCM |
| 29.59 | 25.99 | 50 Free | 23.99 | 27.59 |
| 1:03.69 | 55.99 | 100 Free | 50.99 | 58.49 |
| 2:18.59 | 2:01.99 | 200 Free | 1:50.99 | 2:06.89 |
| 4:45.59 | 5:19.99 | 500 Free | 5:07.99 | 4:36.29 |
| 10:05.99 | 11:18.99 | 1000 Free | 10:33.99 | 9:28.69 |
| 19:18.69 | 18:55.99 | 1650 Free | 17:32.99 | 17:59.99 |
| 1:12.19 | 1:02.99 | 100 Back | 59.99 | 1:10.19 |
| 2:36.29 | 2:16.99 | 200 Back | 2:10.99 | 2:30.79 |
| 1:30.99 | 1:19.99 | 100 Breast | 1:09.99 | 1:20.89 |
| 3:05.99 | 2:43.99 | 200 Breast | 2:32.99 | 2:56.29 |
| 1:11.29 | 1:02.99 | 100 Fly | 58.99 | 1:07.19 |
| 2:42.39 | 2:23.99 | 200 Fly | 2:08.99 | 2:27.29 |
| 2:37.39 | 2:17.99 | 200 IM | 2:05.99 | 2:25.39 |
| 5:47.09 | 5:03.99 | 400 IM | 4:38.99 | 5:22.59 |

| Girls | | 14&Under | Boys | |
|----------|----------|-------------------|----------|----------|
| LCM | Yards | | Yards | LCM |
| 29.59 | 26.19 | 50 Free | 22.99 | 25.99 |
| 1:03.89 | 56.49 | 100 Free | 50.49 | 57.89 |
| 2:17.79 | 2:03.09 | 200 Free | 1:51.79 | 2:07.59 |
| 4:46.29 | 5:27.09 | 500 Free | 4:56.49 | 4:32.69 |
| 10:05.49 | 11:30.99 | 1000 Free | 11:19.49 | 10:04.59 |
| 20:28.49 | 19:16.49 | 1650 Free | 18:57.79 | 19:22.99 |
| 1:16.09 | 1:04.69 | 100 Back | 57.39 | 1:09.39 |
| 2:43.09 | 2:18.89 | 200 Back | 2:09.69 | 2:32.89 |
| 1:26.09 | 1:13.79 | 100 Breast | 1:06.99 | 1:17.69 |
| 3:09.99 | 2:38.99 | 200 Breast | 2:25.59 | 2:49.09 |
| 1:11.19 | 1:02.69 | 100 Fly | 56.19 | 1:03.59 |
| 2:40.89 | 2:21.69 | 200 Fly | 2:04.49 | 2:27.09 |
| 2:38.39 | 2:18.79 | 200 IM | 2:06.39 | 2:27.09 |
| 5:37.09 | 4:53.19 | 400 IM | 4:34.59 | 5:20.29 |

Approved 101615

Gulf Senior Champs (Dec. 4-6, 2015)

Host: CFSC

| Gulf Swimming custom medals will be awarded. | |
|-----------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|
| Entry rules: | |
| Type of Meet | Prelim/Final A,B,C,D |
| Max # individual events per day | Three (3) |
| Swimmers eligible | Gulf Only - 15 & Over swimmers |
| Entry time in | Any - Seeded per National Rules |
| Cut-off times | None |
| Enter with no time? | Yes |
| Gulf "three event" rule applies? | No |
| Gulf "up/down" rule applies? | No |
| Special Rules (Junior Meet): | Must have two (2) or less 2015 Southern Senior Champs time standards to enter this meet, and then may enter any event offered. |
| Fees | Individual - \$9.00; Relays - \$16.50 |
| Facility surcharge | \$3.50/swimmer |

Fixed the entry rules for the meet

one (1) or less 2015 Gulf Senior Championship "15&Over" time standards

| Order of Events: | | | |
|-------------------------|--------------------|--------------------------|------------------|
| Friday | | Saturday | |
| Senior | 1000 Free* | Senior | 200 Fly |
| Senior | 100 Breast | Senior | 50 Free |
| Senior | 200 Free | Senior | 200 Breast |
| Senior | 100 Fly | Senior | 100 Back |
| Senior | 400 I.M. | Senior | 500 Free |
| Senior | 400 Free Relay** | Senior | 800 Free Relay** |
| Sunday | | TPC Notes: | |
| Senior | 100 Free | - 2nd Sr. Champs meet | |
| Senior | 1650 Free* | - Entries due to host by | |
| Senior | 200 Back | Nov 24, 2015 | |
| Senior | 200 I.M. | | |
| Senior | 400 Medley Relay** | | |

All Prelim events will be seeded fastest to slowest.

* For the 1000 and 1650 Freestyle check-in, swimmers may elect to swim the event during prelims. The fastest 8 girls and the fastest 8 boys who check-in for each event, and who do not elect to swim in prelims, will swim during finals. All other heats of the 1000/1650 will be swum as the last heats in Prelims, fastest to slowest alternating girls and boys.

** Fastest 16 relays that do not elect to swim in Prelims will swim in Finals. Relay heats will swim slowest to fastest and in event order.

| Facility Surcharge requirements | |
|------------------------------------------------------------------|--------|
| 8x25 Yard pool with 1 or less warm-up/warm-down lanes | \$2.00 |
| 8x25 Yard pool with 2 or more warm-up/warm-down lanes | \$3.50 |
| meet that uses 2x25 yard pools with 8 lanes and 2 or more | \$5.00 |

**2015
Gulf Senior Championships
Time Standards**

| Girls | | 15&Over | Boys | |
|----------|----------|-------------------|----------|----------|
| LCM | Yards | | Yards | LCM |
| 29.59 | 25.99 | 50 Free | 23.99 | 27.59 |
| 1:03.69 | 55.99 | 100 Free | 50.99 | 58.49 |
| 2:18.59 | 2:01.99 | 200 Free | 1:50.99 | 2:06.89 |
| 4:45.59 | 5:19.99 | 500 Free | 5:07.99 | 4:36.29 |
| 10:05.99 | 11:18.99 | 1000 Free | 10:33.99 | 9:28.69 |
| 19:18.69 | 18:55.99 | 1650 Free | 17:32.99 | 17:59.99 |
| 1:12.19 | 1:02.99 | 100 Back | 59.99 | 1:10.19 |
| 2:36.29 | 2:16.99 | 200 Back | 2:10.99 | 2:30.79 |
| 1:30.99 | 1:19.99 | 100 Breast | 1:09.99 | 1:20.89 |
| 3:05.99 | 2:43.99 | 200 Breast | 2:32.99 | 2:56.29 |
| 1:11.29 | 1:02.99 | 100 Fly | 58.99 | 1:07.19 |
| 2:42.39 | 2:23.99 | 200 Fly | 2:08.99 | 2:27.29 |
| 2:37.39 | 2:17.99 | 200 IM | 2:05.99 | 2:25.39 |
| 5:47.09 | 5:03.99 | 400 IM | 4:38.99 | 5:22.59 |
| | | | | |

Fall Champs (Dec. 4-6, 2015)

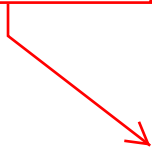
Hosts: HCAP, FCST, PACK, LSST

Gulf Swimming custom medals will be awarded.

Entry rules:

| | |
|----------------------------------|-----------------------------------------------|
| Type of Meet | Timed Finals |
| Max # individual events per day | Three (3) |
| Swimmers eligible | Group X |
| Entry times in | SCY/SCM/LCM |
| Qualifying times | None |
| Cut-off times | 14 & Under - 2015 Gulf Age Group Champs times |
| Enter with no time? | Yes |
| Gulf "three event" rule applies? | Does not apply |
| Gulf "up/down" rule applies? | Does not apply |
| Fees | Individual - \$6.00; Relays - \$9.50 |
| Facility surcharge | Facility Surcharge requirements listed below |

added 10&U 500
free to Friday



Order of Events:

TPC Notes:

- Switched the 1650 and 500 free
- Switched the 50 Breast and the 50 Fly on the same day
- Move 15&Overs to Sr Gulf Champs
- Entries due to TPC Chair by Nov 16, 2015
(gulftpc@gmail.com)

| | | | |
|--------------------|---------------------|------------------|-------------------|
| Friday | | | |
| 9-14 Girls | 500 Free* | | |
| 9-14 Boys | 500 Free* | | |
| Saturday AM | | Sunday AM | |
| 11-12 Girls | 200 Medley Relay ** | 11-12 Girls | 200 Free Relay ** |
| 13-14 Girls | 200 Medley Relay ** | 13-14 Girls | 200 Free Relay ** |
| 13-14 Boys | 200 Medley Relay ** | 13-14 Boys | 200 Free Relay ** |
| 11-14 Girls | 200 Free | 11-14 Girls | 200 I.M. |
| 13-14 Boys | 200 Free | 13-14 Boys | 200 I.M. |
| 11-14 Girls | 100 Breast | 11-14 Girls | 200 Breast |
| 13-14 Boys | 100 Breast | 13-14 Boys | 200 Breast |
| 11-14 Girls | 50 Free | 11-12 Girls | 50 Fly |
| 13-14 Boys | 50 Free | 11-14 Girls | 100 Free |
| 11-14 Girls | 200 Back | 13-14 Boys | 100 Free |
| 13-14 Boys | 200 Back | 11-14 Girls | 100 Back |
| 11-14 Girls | 100 Fly | 13-14 Boys | 100 Back |
| 13-14 Boys | 100 Fly | 11-14 Girls | 200 Fly |
| 11-12 Girls | 50 Back | 13-14 Boys | 200 Fly |
| 11-12 Girls | 100 I.M. | 11-12 Girls | 50 Breast |
| 13-14 Girls | 400 I.M.* | 13-14 Girls | 1650 Free* |
| 13-14 Boys | 400 I.M.* | 13-14 Boys | 1650 Free* |
| Saturday PM | | Sunday PM | |
| 9-10 Girls | 200 Medley Relay ** | 9-10 Girls | 200 Free Relay ** |
| 9-10 Boys | 200 Medley Relay ** | 9-10 Boys | 200 Free Relay ** |
| 11-12 Boys | 200 Medley Relay ** | 11-12 Boys | 200 Free Relay ** |
| 9-10 Girls | 200 Free | 9-10 Girls | 100 I.M. |
| 9-12 Boys | 200 Free | 9-12 Boys | 100 I.M. |
| 9-10 Girls | 100 Breast | 11-12 Boys | 200 Breast |
| 9-12 Boys | 100 Breast | 9-10 Girls | 50 Fly |
| 9-10 Girls | 50 Free | 9-12 Boys | 50 Fly |
| 9-12 Boys | 50 Free | 9-10 Girls | 100 Free |
| 9-10 Girls | 50 Back | 9-12 Boys | 100 Free |
| 9-12 Boys | 50 Back | 9-10 Girls | 100 Back |
| 9-10 Girls | 100 Fly | 9-12 Boys | 100 Back |
| 9-12 Boys | 100 Fly | 9-10 Girls | 50 Breast |
| 9-10 Girls | 200 I.M. | 9-12 Boys | 50 Breast |
| 9-12 Boys | 200 I.M. | 11-12 Boys | 200 Fly |
| 11-12 Boys | 200 Back | | |

Older swimmers in AM. Younger swimmers in the PM. Removed 15&Over age group from AM Session



All 9-12 events will be swum combined but scored separately as 9-10 and 11-12.
All 9-14 events will be swum combined but scored separately as 9-10, 11-12 and 13-14.
All 11-14 events will be swum combined but scored separately as 11-12, 13-14

All events will be seeded fastest to slowest.

* The 400 I.M. and 500/1650 Free will be swum fastest to slowest, alternating girls and boys heats.

| Facility Surcharge requirements | |
|-----------------------------------------------------------|--------|
| 8x25 Yard pool with 1 or less warm-up/warm-down lanes | \$2.00 |
| 8x25 Yard pool with 2 or more warm-up/warm-down lanes | \$3.50 |
| meet that uses 2x25 yard pools with 8 lanes and 2 or more | \$5.00 |

**2015
Gulf Age Group Championships
Time Standards**

"- " indicates the 2015 standard is faster than the 2014 standard

| Girls | | 10&U | Boys | |
|-----------|-----------|-------------------|-----------|-----------|
| LCM | Yards | | Yards | LCM |
| 36.09 | 32.49 - | 50 Free | 32.29 - | 37.19 - |
| 1:19.59 - | 1:10.29 | 100 Free | 1:11.29 - | 1:21.69 - |
| 2:59.49 - | 2:38.59 - | 200 Free | 2:38.19 - | 3:00.69 |
| 6:11.39 | 6:52.39 | 500 Free | 6:47.09 | 6:15.69 |
| 44.59 - | 38.79 - | 50 Back | 38.69 | 45.39 |
| 1:34.49 | 1:22.79 - | 100 Back | 1:25.99 - | 1:39.99 |
| 49.79 | 43.79 | 50 Breast | 44.19 | 51.39 |
| 1:48.49 - | 1:35.39 - | 100 Breast | 1:36.19 - | 1:51.09 - |
| 42.29 - | 36.89 - | 50 Fly | 37.39 - | 42.79 - |
| 1:40.49 - | 1:29.09 - | 100 Fly | 1:31.29 | 1:45.99 |
| --- | 1:22.79 - | 100 IM | 1:22.99 | --- |
| 3:25.59 | 2:57.49 | 200 IM | 2:58.69 - | 3:25.99 |

| Girls | | 11-12 | Boys | |
|-----------|-----------|-------------------|-----------|-----------|
| LCM | Yards | | Yards | LCM |
| 31.69 | 28.09 | 50 Free | 28.29 - | 32.59 - |
| 1:07.99 | 1:01.39 - | 100 Free | 1:03.39 - | 1:12.59 |
| 2:29.49 | 2:14.29 | 200 Free | 2:14.79 - | 2:34.09 - |
| 5:16.59 | 5:53.89 | 500 Free | 5:58.29 | 5:25.79 |
| 38.19 | 33.29 | 50 Back | 34.29 | 40.29 |
| 1:21.09 - | 1:10.79 - | 100 Back | 1:12.09 - | 1:24.39 - |
| 2:59.29 - | 2:33.39 | 200 Back | 2:36.99 | 3:03.99 |
| 42.59 - | 37.29 - | 50 Breast | 38.79 | 44.99 |
| 1:31.99 | 1:21.19 - | 100 Breast | 1:21.99 - | 1:34.69 - |
| 3:14.69 | 2:52.99 | 200 Breast | 2:59.59 - | 3:25.99 |
| 35.19 | 31.69 - | 50 Fly | 32.79 - | 37.49 - |
| 1:18.19 | 1:11.29 | 100 Fly | 1:11.69 - | 1:21.69 - |
| 3:00.09 | 2:45.69 | 200 Fly | 2:47.69 | 3:05.99 |
| --- | 1:11.59 | 100 IM | 1:12.29 - | --- |
| 2:45.79 | 2:31.49 | 200 IM | 2:33.99 - | 2:56.39 |

| Girls | | 13-14 | Boys | |
|-----------|-----------|-------------------|-----------|-----------|
| LCM | Yards | | Yards | LCM |
| 30.19 | 26.69 | 50 Free | 25.19 - | 28.99 - |
| 1:04.99 | 57.49 - | 100 Free | 54.79 - | 1:02.39 |
| 2:21.49 | 2:04.59 | 200 Free | 2:00.29 - | 2:17.49 |
| 4:57.39 | 5:29.69 | 500 Free | 5:24.19 - | 4:50.79 - |
| 10:20.49 | 11:42.29 | 1000 Free | 11:24.49 | 10:17.29 |
| 20:39.79 | 19:29.19 | 1650 Free | 19:05.79 | 20:14.39 |
| 1:14.99 - | 1:05.39 - | 100 Back | 1:02.49 - | 1:13.09 - |
| 2:45.09 | 2:21.29 | 200 Back | 2:16.89 - | 2:37.59 - |
| 1:27.19 | 1:16.29 | 100 Breast | 1:12.49 - | 1:23.79 - |
| 3:04.79 | 2:44.59 - | 200 Breast | 2:37.79 - | 3:01.79 - |
| 1:12.39 - | 1:04.19 - | 100 Fly | 1:01.29 - | 1:09.89 - |
| 2:52.59 | 2:26.29 | 200 Fly | 2:19.69 - | 2:39.49 - |
| 2:40.79 | 2:20.69 | 200 IM | 2:15.29 - | 2:36.09 - |
| 5:43.59 | 4:57.19 | 400 IM | 4:47.39 | 5:54.79 |

Gulf Age Group Champs (December 11-13, 2015)

Host: AGS

Gulf Swimming custom medals will be awarded.

Entry rules:

| | |
|----------------------------------|--------------------------------------------------------------------------------|
| Type of Meet | Prelim/Finals A,B (for 11-12 & 13-14) Prelim/Finals A only (for 10 & under) |
| Max # individual events per day | Three (3) |
| Swimmers eligible | Gulf Only |
| Entry time in | Any |
| Qualifying times | 2015 Gulf Age Group Champs times |
| Cut-off times | None |
| Enter with no time? | Yes |
| Gulf "three event" rule applies? | Does not apply |
| Gulf "up/down" rule applies? | Yes |
| Fees | Individual - \$9.00; Relays - \$16.50 |
| Facility surcharge | \$5/swimmer |

TPC Notes:

-Finals begins at 5pm
-waive on deck fee for cuts made the weekend before Gulf Champs - new cuts must be submitted to meet management by 6pm the Monday after Fall Champs
-60 sec. Int. between events for finals no parade name swimmers once they are in the water.
-1650 will be swum in 2 pools boys in one and girls in the other for finals
- New cuts were made for this meet for 2015
- Entries due to host by Dec1, 2015

Order of Events:

| Friday | | Saturday | |
|---------------|----------------|------------|-----------------------|
| 13-14 | 400 I.M.* | 13-14 | 200 Free |
| 12 & Under | 500 Free* | 12 & Under | 100 I.M. |
| 13-14 | 1000 Free* | 11-14 | 200 Breast |
| | | 10 & Under | 50 Breast |
| | | 14 & Under | 100 Fly |
| Sunday | | 14 & Under | 50 Free |
| 13-14 | 1650 Free** | 13-14 | 200 Back |
| 11-12 | 50 Back | 12 & Under | 100 Back |
| 11-14 | 200 Fly | 13-14 | 500 Free (at Finals) |
| 10 & Under | 50 Fly | 12 & Under | 200 Free |
| 14 & Under | 100 Free | 11-12 | 50 Breast |
| 14 & Under | 100 Breast | 13-14 | 400 Medley Relay |
| 13-14 | 100 Back | 10 & Under | 200 Medley Relay |
| 11-12 | 200 Back | 11-12 | 400 Medley Relay |
| 10 & Under | 50 Back | 13-14 | 500 Free (at Prelims) |
| 14 & Under | 200 I.M. | | |
| 11-12 | 50 Fly | | |
| 13-14 | 400 Free Relay | | |
| 10 & Under | 200 Free Relay | | |
| 11-12 | 400 Free Relay | | |

All preliminary events will be seeded fastest to slowest.

All 14 & under events will be swum combined but scored separately as 10 & under, 11-12, 13-14.

All 12 & under events will be swum combined but scored separately as 10 & under, and 11-12.

All 11-14 events will be swum combined but scored separately as 11-12, and 13-14.

* The 400 I.M. and 500/1000/1650 Free will be swum alternating girls and boys heats.

** For the 13-14 1650 Freestyle check-in, swimmers may elect to swim the event during prelims. The fastest 8 girls and the fastest 8 boys who check-in for each event, and who do not elect to swim in prelims, will swim during finals. All other 1650 heats will be swum as the last heats in Prelims.

| Facility Surcharge requirements | |
|-----------------------------------------------------------|--------|
| 8x25 Yard pool with 1 or less warm-up/warm-down lanes | \$2.00 |
| 8x25 Yard pool with 2 or more warm-up/warm-down lanes | \$3.50 |
| meet that uses 2x25 yard pools with 8 lanes and 2 or more | \$5.00 |

**2015
Gulf Age Group Championships
Time Standards**

"- " indicates the 2015 standard is faster than the 2014 standard

| Girls | | 10&U | Boys | |
|-----------|-----------|-------------------|-----------|-----------|
| LCM | Yards | | Yards | LCM |
| 36.09 | 32.49 - | 50 Free | 32.29 - | 37.19 - |
| 1:19.59 - | 1:10.29 | 100 Free | 1:11.29 - | 1:21.69 - |
| 2:59.49 - | 2:38.59 - | 200 Free | 2:38.19 - | 3:00.69 |
| 6:11.39 | 6:52.39 | 500 Free | 6:47.09 | 6:15.69 |
| 44.59 - | 38.79 - | 50 Back | 38.69 | 45.39 |
| 1:34.49 | 1:22.79 - | 100 Back | 1:25.99 - | 1:39.99 |
| 49.79 | 43.79 | 50 Breast | 44.19 | 51.39 |
| 1:48.49 - | 1:35.39 - | 100 Breast | 1:36.19 - | 1:51.09 - |
| 42.29 - | 36.89 - | 50 Fly | 37.39 - | 42.79 - |
| 1:40.49 - | 1:29.09 - | 100 Fly | 1:31.29 | 1:45.99 |
| --- | 1:22.79 - | 100 IM | 1:22.99 | --- |
| 3:25.59 | 2:57.49 | 200 IM | 2:58.69 - | 3:25.99 |

| Girls | | 11-12 | Boys | |
|-----------|-----------|-------------------|-----------|-----------|
| LCM | Yards | | Yards | LCM |
| 31.69 | 28.09 | 50 Free | 28.29 - | 32.59 - |
| 1:07.99 | 1:01.39 - | 100 Free | 1:03.39 - | 1:12.59 |
| 2:29.49 | 2:14.29 | 200 Free | 2:14.79 - | 2:34.09 - |
| 5:16.59 | 5:53.89 | 500 Free | 5:58.29 | 5:25.79 |
| 38.19 | 33.29 | 50 Back | 34.29 | 40.29 |
| 1:21.09 - | 1:10.79 - | 100 Back | 1:12.09 - | 1:24.39 - |
| 2:59.29 - | 2:33.39 | 200 Back | 2:36.99 | 3:03.99 |
| 42.59 - | 37.29 - | 50 Breast | 38.79 | 44.99 |
| 1:31.99 | 1:21.19 - | 100 Breast | 1:21.99 - | 1:34.69 - |
| 3:14.69 | 2:52.99 | 200 Breast | 2:59.59 - | 3:25.99 |
| 35.19 | 31.69 - | 50 Fly | 32.79 - | 37.49 - |
| 1:18.19 | 1:11.29 | 100 Fly | 1:11.69 - | 1:21.69 - |
| 3:00.09 | 2:45.69 | 200 Fly | 2:47.69 | 3:05.99 |
| --- | 1:11.59 | 100 IM | 1:12.29 - | --- |
| 2:45.79 | 2:31.49 | 200 IM | 2:33.99 - | 2:56.39 |

| Girls | | 13-14 | Boys | |
|-----------|-----------|-------------------|-----------|-----------|
| LCM | Yards | | Yards | LCM |
| 30.19 | 26.69 | 50 Free | 25.19 - | 28.99 - |
| 1:04.99 | 57.49 - | 100 Free | 54.79 - | 1:02.39 |
| 2:21.49 | 2:04.59 | 200 Free | 2:00.29 - | 2:17.49 |
| 4:57.39 | 5:29.69 | 500 Free | 5:24.19 - | 4:50.79 - |
| 10:20.49 | 11:42.29 | 1000 Free | 11:24.49 | 10:17.29 |
| 20:39.79 | 19:29.19 | 1650 Free | 19:05.79 | 20:14.39 |
| 1:14.99 - | 1:05.39 - | 100 Back | 1:02.49 - | 1:13.09 - |
| 2:45.09 | 2:21.29 | 200 Back | 2:16.89 - | 2:37.59 - |
| 1:27.19 | 1:16.29 | 100 Breast | 1:12.49 - | 1:23.79 - |
| 3:04.79 | 2:44.59 - | 200 Breast | 2:37.79 - | 3:01.79 - |
| 1:12.39 - | 1:04.19 - | 100 Fly | 1:01.29 - | 1:09.89 - |
| 2:52.59 | 2:26.29 | 200 Fly | 2:19.69 - | 2:39.49 - |
| 2:40.79 | 2:20.69 | 200 IM | 2:15.29 - | 2:36.09 - |
| 5:43.59 | 4:57.19 | 400 IM | 4:47.39 | 5:54.79 |

8 & Under Gulf Champs (December 12, 2015)

Hosts: TTST, COOG, NOCH

Gulf Swimming custom medals will be awarded.

Entry rules:

| | |
|----------------------------------|----------------------------------------------|
| Type of Meet | Timed Finals |
| Max # individual events per day | Four (4) |
| Swimmers eligible | Group X |
| Entry times in | SCY/SCM/LCM |
| Qualifying times | None |
| Cut-off times | None |
| Enter with no time? | Yes |
| Gulf "three event" rule applies? | Does not apply |
| Gulf "up/down" rule applies? | Does not apply |
| Fees | Individual - \$6.00; Relays - \$9.50 |
| Facility surcharge | Facility Surcharge requirements listed below |

Order of Events:

Saturday

| | |
|-----------|------------------|
| 8 & Under | 100 Free |
| 8 & Under | 25 Back |
| 8 & Under | 50 Fly |
| 8 & Under | 25 Free |
| 8 & Under | 50 Breast |
| 8 & Under | 100 Medley Relay |
| 8 & Under | 50 Back |
| 8 & Under | 25 Fly |
| 8 & Under | 50 Free |
| 8 & Under | 25 Breast |
| 8 & Under | 100 I.M. |
| 8 & Under | 100 Free Relay |

TPC Notes:

**- Entries due to TPC
Chair by Nov 21, 2015
(gulftpc@gmail.com)**

All events will be seeded fastest to slowest.

All individual 8 & under events will be swum combined but scored separately as 6 & under, 7, and 8.

All relays are 8 & under events.

Facility Surcharge requirements

| | |
|------------------------------------------------------------------------------------------|--------|
| 8x25 Yard pool with 1 or less warm-up/warm-down lanes | \$2.00 |
| 8x25 Yard pool with 2 or more warm-up/warm-down lanes | \$3.50 |
| meet that uses 2x25 yard pools with 8 lanes and 2 or more warm-up/warm-down lanes | \$5.00 |

Fixed Meet date

Open Meet (January 9-10, 2016)

Hosts: BTA, AMBU, LSST, NOCH

Entry rules:

| | | |
|----------------------------------|----------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Type of Meet | Timed Finals | TPC Notes: - Changed the format to be similar to October Open meet format. - Will allow Ambush to combine their Sunday session. - Entries due to TPC Chair by Dec. 19, 2015 (gulftpc@gmail.com) |
| Max # individual events per day | Three (3) | |
| Swimmers eligible | Group X | |
| Entry times in | SCY/SCM/LCM | |
| Qualifying times | None | |
| Cut-off times | None | |
| Enter with no time? | Yes | |
| Gulf "three event" rule applies? | Does not apply | |
| Gulf "up/down" rule applies? | Does not apply | |
| Fees | Individual - \$5.75 | |
| Facility surcharge | Facility Surcharge requirements listed below | |

Need to alternate AM/PM event numbers for the AMBU Sun meet

Warm-up start time at 7:30am

AM sessions: 7:30am - Warm-up / 9:00am Start
PM sessions: Warm-ups will begin at the conclusion of the morning session
 PM session will start approximately 1 hour after the conclusion of the morning session

Order of Events:

| Saturday AM | | Sunday AM | |
|----------------|------------|----------------|------------|
| 11&Over Girls | 100 Back | 11&Over Girls | 100 Breast |
| 13&Over Boys | 100 Back | 13&Over Boys | 100 Breast |
| 11-12 Girls | 50 Fly | 11&Over Girls | 50 Free |
| 11&Over Girls | 200 Breast | 13&Over Boys | 50 Free |
| 13&Over Boys | 200 Breast | 11-12 Girls | 200 I.M. |
| 13&Over Girls | 100 Free | 11&Over Girls | 200 Fly |
| 13&Over Boys | 100 Free | 13&Over Boys | 200 Fly |
| 11-12 Girls | 200 Back | 11-12 Girls | 100 Free |
| 11&Over Girls | 100 Fly | 11&Over Girls | 200 Back |
| 13&Over Boys | 100 Fly | 13&Over Boys | 200 Back |
| 11-12 Girls | 50 Back | 11-12 Girls | 50 Breast |
| 13&Over Girls | 200 I.M. | 11&Over Girls | 200 Free |
| 13&Over Boys | 200 I.M. | 13&Over Boys | 200 Free |
| 11-12 Girls | 100 I.M. | 13&Over Girls | 400 I.M.* |
| 11&Over Girls | 500 Free* | 13&Over Boys | 400 I.M.* |
| 13&Over Boys | 500 Free* | 11&Over Girls | 1000 Free* |
| 11&Over Girls | 1650 Free* | 13&Over Boys | 1000 Free* |
| 13&Over Boys | 1650 Free* | | |
| Saturday PM | | Sunday PM | |
| 9-10 Girls | 100 Back | 9-10 Girls | 100 Breast |
| 9-12 Boys | 100 Back | 9-12 Boys | 100 Breast |
| 10&Under Girls | 50 Fly | 8&Under Girls | 25 Fly |
| 12&Under Boys | 50 Fly | 8&Under Boys | 25 Fly |
| 11-12 Boys | 200 Breast | 11-12 Boys | 200 Fly |
| 8&Under Girls | 25 Back | 10&Under Girls | 100 Free |
| 8&Under Boys | 25 Back | 12&Under Boys | 100 Free |
| 10&Under Girls | 50 Free | 10&Under Girls | 200 I.M. |
| 12&Under Boys | 50 Free | 12&Under Boys | 200 I.M. |
| 9-10 Girls | 100 Fly | 11-12 Boys | 200 Back |
| 9-12 Boys | 100 Fly | 8&Under Girls | 25 Free |
| 10&Under Girls | 50 Back | 8&Under Boys | 25 Free |
| 12&Under Boys | 50 Back | 10&Under Girls | 50 Breast |
| 9-10 Girls | 100 I.M. | 12&Under Boys | 50 Breast |
| 9-12 Boys | 100 I.M. | 11-12 Boys | 200 Free |
| 8&Under Girls | 25 Breast | 9-10 Girls | 500 Free* |
| 8&Under Boys | 25 Breast | 9-10 Boys | 500 Free* |
| 11-12 Boys | 500 Free | 11-12 Boys | 1000 Free* |
| 9-10 Girls | 200 Free | | |
| 9-10 Boys | 200 Free | | |
| 11-12 Boys | 1650 Free* | | |

Older swimmers in AM. Younger swimmers in the PM.

All events will be seeded fastest to slowest.

All 13 & Over events will be swum combined but scored separately as 13-14 and 15 & Over.
 All 11 & Over events will be swum combined but scored separately as 11-12, 13-14, 15 & Over.
 All 12 & Under events will be swum combined but scored separately as 11-12, 9-10, 8, 7 and 6 & Under.
 All 10 & Under events will be swum combined but scored separately as 9-10, 8, 7 and 6 & Under.
 All 8 & Under events will be swum combined but scored separately as 8, 7 and 6 & Under.
 All 9-12 events will be swum combined but scored separately as 11-12 and 9-10.

* The 400 I.M., 500, 1000, and 1650 Freestyle will be swum alternating girls and boys heats.

| Facility Surcharge requirements | |
|-----------------------------------------------------------------------------------|--------|
| 8x25 Yard pool with 1 or less warm-up/warm-down lanes | \$2.00 |
| 8x25 Yard pool with 2 or more warm-up/warm-down lanes | \$3.50 |
| meet that uses 2x25 yard pools with 8 lanes and 2 or more warm-up/warm-down lanes | \$5.00 |

11 & Over Prelim/Final (February 12-14, 2016)

Hosts: MARC

| Gulf Swimming custom medals will be awarded. | |
|------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Entry rules: | |
| Type of Meet | 15&O Prelim/Final A,B 11-14 Prelim/Final A,B,C |
| Max # individual events per day | Three (3) |
| Swimmers eligible | All USA Swim Teams Gulf Teams given priority |
| Entry times in | SCY/SCM/LCM |
| Cut-off times | None |
| Enter with no time? | Yes |
| Gulf "up/down" rule applies? | No |
| Qualifying times for 13&Over | None (except, see 1000/1650 free exception) |
| Special Rules for 11-12 (Site Meet) | Must have three (3) or more USA-S 11-12 AA time standards to enter this meet, and then may enter any event offered (except, see the 1000/1650 free exception). |
| Qualifying Times for 1000/1650 free | All swimmers must have the 13-14 BB time in either the 1000/1650 free to enter the 1000 free and/or the 1650 free |
| Fees | Individual - \$5.75; Relays - \$9.50 |
| Facility surcharge | Facility Surcharge requirements listed below |

Cleaned up entry rule language for the 1000/1650 frees and 11-12 swimmers

| Order of Events: | | TPC Notes: |
|------------------|------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Friday | | - Added 11-12. Must have 3 USA-S AA times - Added 50's of Events - 11-14 year old swimmers will swim be swum combined and scored as 11-14. - A,B,C finals for 11-14. - Entries due to host team Feb. 2, 2016 |
| 11&Over Girls | 400 I.M. | |
| 11&Over Boys | 400 I.M. | |
| 11&Over Girls | 500 Free | |
| 11&Over Boys | 500 Free | |
| Saturday | | |
| 11&Over Girls | 200 Fly | Sunday |
| 11&Over Boys | 200 Fly | 11&Over Girls |
| 11&Over Girls | 50 Free | 11&Over Boys |
| 11&Over Boys | 50 Free | 11&Over Girls |
| 11&Over Girls | 1000 Free | 11&Over Boys |
| 11&Over Boys | 1000 Free | 11&Over Girls |
| 11&Over Girls | 50 Fly | 11&Over Boys |
| 11&Over Boys | 50 Fly | 11&Over Girls |
| 11&Over Girls | 100 Back | 11&Over Boys |
| 11&Over Boys | 100 Back | 11&Over Girls |
| 11&Over Girls | 100 Breast | 11&Over Boys |
| 11&Over Boys | 100 Breast | 11&Over Girls |
| 11&Over Girls | 50 Back | 11&Over Boys |
| 11&Over Boys | 50 Back | 11&Over Girls |
| 11&Over Girls | 200 Free | 11&Over Boys |
| 11&Over Boys | 200 Free | 11&Over Girls |
| 11&Over Girls | 400 M.R. | 11&Over Boys |
| 11&Over Boys | 400 M.R. | |

All Preliminary events will be seeded fastest to slowest including relays

* For the 1000 and 1650 Freestyle check-in, swimmers may elect to swim the event during prelims. The fastest 8 girls and the fastest 8 boys who check-in for each event, and who do not elect to swim in prelims, will swim during finals. All other heats of the 1000/1650 will be swum as the last heats in Prelims, fastest to slowest alternating girls and boys.

** Fastest 8 relays that do not elect to swim in Prelims will swim in Finals.

400 IM swimmers must provide 2 times
500/1000/1650 free swimmers must provide 2 timers and a lap counter

Positive check-in for the 1000/1650 free and relays will be 10:00 am on the day of event

Positive check-in for the 400 I.M./500 free will be 45 min. before the start of the meet

Finals heats will be swum in the event order with heats slowest to fastest.

Relay events will be swum and scored as 11&Over (not scored by age group)
Individual events will swum combined and scored as 11-14 and 15&Over

Warm-ups for finals will begin approximately 3 hours after the conclusion of the last relay of the morning session, but not before 4:30. Finals are to start approximately 1 hour after the start of warm-ups

| Facility Surcharge requirements | |
|-----------------------------------------------------------------------------------|--------|
| 8x25 Yard pool with 1 or less warm-up/warm-down lanes | \$2.00 |
| 8x25 Yard pool with 2 or more warm-up/warm-down lanes | \$3.50 |
| meet that uses 2x25 yard pools with 8 lanes and 2 or more warm-up/warm-down lanes | \$5.00 |

Short Course Champs I (February 13, 2016)

Hosts: COOG, SHRK, ESA

Gulf Swimming custom medals will be awarded.

Entry rules:

| | |
|----------------------------------|----------------------------------------------|
| Type of Meet | Timed Finals |
| Max # individual events per day | Five (5) |
| Swimmers eligible | Gulf Only - Group X |
| Entry times in | SCY/SCM/LCM |
| Qualifying times | None |
| Cut-off times | None |
| Enter with no time? | Yes |
| Gulf "three event" rule applies? | Does not apply |
| Gulf "up/down" rule applies? | Does not apply |
| Fees | Individual - \$6.00; Relays - \$9.50 |
| Facility surcharge | Facility Surcharge requirements listed below |

Order of Events:

Saturday

| | |
|-----------|------------------|
| 8 & Under | 100 Free |
| 8 & Under | 25 Back |
| 8 & Under | 50 Fly |
| 8 & Under | 25 Free |
| 8 & Under | 50 Breast |
| 8 & Under | 100 Medley Relay |
| 8 & Under | 50 Back |
| 8 & Under | 25 Fly |
| 8 & Under | 50 Free |
| 8 & Under | 25 Breast |
| 8 & Under | 100 I.M. |
| 8 & Under | 100 Free Relay |

TPC Notes:

- replaced format with
**December 8&U Gulf
Champs format**
- Can enter with NT and
score
- Entries due to TPC
Chair by Jan 23, 2016
(gulftpc@gmail.com)

All events will be seeded fastest to slowest.

All individual 8 & under events will be swum combined but scored separately as 6 & under, 7, and 8.

All relays are 8 & under events.

Facility Surcharge requirements

| | |
|------------------------------------------------------------------|--------|
| 8x25 Yard pool with 1 or less warm-up/warm-down lanes | \$2.00 |
| 8x25 Yard pool with 2 or more warm-up/warm-down lanes | \$3.50 |
| meet that uses 2x25 yard pools with 8 lanes and 2 or more | \$5.00 |

Short Course Champs II (Feb. 19-21, 2016)

Hosts: HCAP, PACK, MAC, LSST, SSAN, NOCH

| Gulf Swimming custom medals will be awarded. | |
|----------------------------------------------------|------------------------------------------------------------------------------------------------------------|
| Entry rules: | |
| Type of Meet | Timed Finals |
| Max # individual events per day | Three (3), (except 400 I.M. does not count as one of the three events/day) |
| Swimmers eligible | Gulf Only - Group X |
| Entry times in | SCY/SCM/LCM |
| Enter with no time? | Yes |
| Cut-off times | |
| Qualifying times for 9-12 | None |
| Special Rules for 13-14 (Junior meet) | Must have two (2) or less USA-S A time standards to enter this meet, and then may enter any event offered. |
| Gulf "three event" rule applies? | Does not apply |
| Gulf "up/down" rule applies? | Does not apply |
| Fees | Individual - \$6.00; Relays - \$9.50 |
| Facility surcharge | Facility Surcharge requirements listed below |

Fixed the language for the entry rules

Added 9-10 500 free to Friday's session

| Order of Events: | | | |
|------------------|---------------------|---------------|-------------------|
| Friday | | | |
| 9-14 Girls | 500 Free* | | |
| 9-14 Boys | 500 Free* | | |
| Saturday | | | |
| AM | | Sunday | |
| 11-12 Girls | 200 Medley Relay ** | 11-12 Girls | 200 Free Relay ** |
| 13-14 Girls | 200 Medley Relay ** | 13-14 Girls | 200 Free Relay ** |
| 13-14 Boys | 200 Medley Relay ** | 13-14 Boys | 200 Free Relay ** |
| 11-14 Girls | 200 Free | 11-14 Girls | 200 I.M. |
| 13-14 Boys | 200 Free | 13-14 Boys | 200 I.M. |
| 11-14 Girls | 100 Breast | 11-14 Girls | 200 Breast |
| 13-14 Boys | 100 Breast | 13-14 Boys | 200 Breast |
| 11-14 Girls | 50 Free | 11-12 Girls | 50 Fly |
| 13-14 Boys | 50 Free | 11-14 Girls | 100 Free |
| 11-14 Girls | 200 Back | 13-14 Boys | 100 Free |
| 13-14 Boys | 200 Back | 11-14 Girls | 100 Back |
| 11-14 Girls | 100 Fly | 13-14 Boys | 100 Back |
| 13-14 Boys | 100 Fly | 11-14 Girls | 200 Fly |
| 11-12 Girls | 50 Back | 13-14 Boys | 200 Fly |
| 11-12 Girls | 100 I.M. | 11-12 Girls | 50 Breast |
| 13-14 Girls | 400 I.M.* | 13-14 Girls | 1650 Free* |
| 13-14 Boys | 400 I.M.* | 13-14 Boys | 1650 Free* |
| Saturday | | Sunday | |
| PM | | PM | |
| 9-10 Girls | 200 Medley Relay ** | 9-10 Girls | 200 Free Relay ** |
| 9-10 Boys | 200 Medley Relay ** | 9-10 Boys | 200 Free Relay ** |
| 11-12 Boys | 200 Medley Relay ** | 11-12 Boys | 200 Free Relay ** |
| 9-10 Girls | 200 Free | 9-10 Girls | 100 I.M. |
| 9-12 Boys | 200 Free | 9-12 Boys | 100 I.M. |
| 9-10 Girls | 100 Breast | 11-12 Boys | 200 Breast |
| 9-12 Boys | 100 Breast | 9-10 Girls | 50 Fly |
| 9-10 Girls | 50 Free | 9-12 Boys | 50 Fly |
| 9-12 Boys | 50 Free | 9-10 Girls | 100 Free |
| 9-10 Girls | 50 Back | 9-12 Boys | 100 Free |
| 9-12 Boys | 50 Back | 9-10 Girls | 100 Back |
| 9-10 Girls | 100 Fly | 9-12 Boys | 100 Back |
| 9-12 Boys | 100 Fly | 9-10 Girls | 50 Breast |
| 9-10 Girls | 200 I.M. | 9-12 Boys | 50 Breast |
| 9-12 Boys | 200 I.M. | 11-12 Boys | 200 Fly |
| 11-12 Boys | 200 Back | | |

TPC Notes:
 - Used Fall Champs format
 - Entries due to TPC Chair by Jan 30, 2016 (gulftpc@gmail.com)
 *** will add 15&Over to AM sessions if 2nd SCC III venue is not secured. 15&Overs will follow Junior A meet format ***

Removed 15&Over swimmers. Moved Older swimmers to AM and Younger swimmers to the PM

All 9-12 events will be swum combined but scored separately as 9-10 and 11-12.
 All 9-14 events will be swum combined but scored separately as 9-10, 11-12 and 13-14.
 All 11-14 events will be swum combined but scored separately as 11-12, 13-14

All events will be seeded fastest to slowest.

* The 400 I.M. and 500/1650 Free will be swum fastest to slowest, alternating girls and boys heats.

| Facility Surcharge requirements | |
|-----------------------------------------------------------|--------|
| 8x25 Yard pool with 1 or less warm-up/warm-down lanes | \$2.00 |
| 8x25 Yard pool with 2 or more warm-up/warm-down lanes | \$3.50 |
| meet that uses 2x25 yard pools with 8 lanes and 2 or more | \$5.00 |

Short Course Champs III (Feb 26-28, 2016)

Host: TWST, ?

ECS 2nd host

Entry rules:

| | |
|----------------------------------|----------------------------------------------------------------|
| Type of Meet | Prelim / A, B, C Finals |
| Max # individual events per day | Three (3) |
| Swimmers eligible | Gulf Only |
| Entry times in | SCY/SCM/LCM |
| Qualifying times (15 & over) | None |
| Special Rules (13-14) | Must have 3 or more A times to enter (Elite Meet) |
| Cut-off times | None |
| Enter with no time? | No |
| Gulf "three event" rule applies? | Does not apply |
| Gulf "up/down" rule applies? | Does not apply |
| Fees | Individual - \$7.50; Relays - \$16.50 |
| Facility surcharge | Facility Surcharge requirements listed below |

TPC Notes:

-No parade keep finals interval at 60 sec. finals need to start no later than 5:30, if host teams wants to and they make sure and post it they can start earlier

-1650 and 1000 events will be swum in two pools for the finals
- Entries due to meet host by Feb 16, 2016

*** If 2nd SCC III venue is not secured 15&Overs will follow Elite A meet format ***

Order of Events:

| Friday | | Sunday | |
|-----------------|------------------|-----------|----------------|
| 13 & Over | 400 I.M.* | 13 & Over | 1650 Free** |
| 13 & Over | 500 Free* | 13 & Over | 100 Back |
| Saturday | | 13 & Over | 200 Breast |
| 13 & Over | 1000 Free** | 13 & Over | 100 Free |
| 13 & Over | 200 Fly | 13 & Over | 200 I.M. |
| 13 & Over | 50 Free | 13 & Over | 100 Fly |
| 13 & Over | 200 Back | 13 & Over | 400 Free Relay |
| 13 & Over | 100 Breast | | |
| 13 & Over | 200 Free | | |
| 13 & Over | 400 Medley Relay | | |

All preliminary events will be seeded fastest to slowest.

All 13 & over events will be swum combined but scored separately as 13-14 and 15 & over.

* The 400 I.M. and 500 Free will be swum as timed finals events, fastest to slowest, alternating girls & boys heats.

** For the 1000 and 1650 Freestyle check-in, swimmers may elect to swim the event during prelims. The fastest 8 girls or the fastest 8 boys who check-in for each event, and who do not elect to swim in prelims, will swim during finals. All other heats of the 1000/1650 free will be swum fastest to slowest after the relay events.

All relays swim in prelims.

| Facility Surcharge requirements | |
|-----------------------------------------------------------|--------|
| 8x25 Yard pool with 1 or less warm-up/warm-down lanes | \$2.00 |
| 8x25 Yard pool with 2 or more warm-up/warm-down lanes | \$3.50 |
| meet that uses 2x25 yard pools with 8 lanes and 2 or more | \$5.00 |