

<b>2010 TSC Women</b>	<b>Sectional standards</b>			<b>Sectional Bonus standards</b>		
<b>Event</b>	<b>SCY</b>	<b>SCM</b>	<b>LCM</b>	<b>SCY</b>	<b>SCM</b>	<b>LC</b>
50 FREE	25.19	28.09	28.49	25.79	28.79	29.19
100 FREE	54.09	1:00.39	1:01.39	55.49	1:01.99	1:02.99
200 FREE	1:56.49	2:10.59	2:12.59	1:59.69	2:14.19	2:16.29
400/500 FREE	5:13.59	4:34.29	4:39.69	5:20.79	4:40.59	4:46.09
800/1000 FREE	10:48.19	9:19.09	9:30.49	11:00.29	9:29.39	9:40.99
1500/1650 FREE	18:21.59	18:01.49	18:23.29	18:49.29	18:28.69	18:50.99
100 BACK	1:01.29	1:09.29	1:10.99	1:02.69	1:10.79	1:12.59
200 BACK	2:11.19	2:28.69	2:32.79	2:13.89	2:31.79	2:35.99
100 BREAST	1:09.99	1:18.39	1:20.89	1:10.99	1:19.59	1:22.09
200 BREAST	2:29.99	2:49.59	2:54.79	2:32.99	2:52.89	2:58.19
100 FLY	59.59	1:07.09	1:07.99	1:00.94	1:08.69	1:09.59
200 FLY	2:11.99	2:30.59	2:34.79	2:14.59	2:33.59	2:37.89
200 I.M.	2:12.09	2:28.89	2:32.89	2:15.09	2:32.29	2:36.39
400 I.M.	4:40.79	5:16.29	5:22.89	4:45.89	5:21.99	5:28.69

<b>2010 TSC Men</b>	<b>Sectional standards</b>			<b>Sectional Bonus standards</b>		
<b>Event</b>	<b>SCY</b>	<b>SCM</b>	<b>LCM</b>	<b>SCY</b>	<b>SCM</b>	<b>LCM</b>
50 FREE	22.49	24.89	25.49	23.09	25.49	26.19
100 FREE	48.99	53.99	55.49	49.79	54.89	56.39
200 FREE	1:47.49	1:58.79	2:01.69	1:49.31	2:00.79	2:03.79
400/500 FREE	4:54.39	4:13.79	4:22.39	5:01.19	4:19.59	4:28.39
800/1000 FREE	10:09.09	8:42.59	9:00.99	10:17.89	8:50.19	9:08.79
1500/1650 FREE	17:13.59	16:32.19	17:05.59	17:33.89	16:51.69	17:25.69
100 BACK	56.39	1:02.29	1:04.59	57.69	1:03.69	1:05.99
200 BACK	2:02.39	2:15.49	2:20.89	2:05.29	2:18.59	2:24.09
100 BREAST	1:03.79	1:10.19	1:12.69	1:05.09	1:11.49	1:14.09
200 BREAST	2:20.89	2:34.39	2:40.59	2:24.69	2:38.49	2:44.89
100 FLY	54.19	59.89	1:00.59	55.39	1:01.09	1:01.89
200 FLY	2:02.79	2:17.09	2:21.09	2:05.09	2:19.39	2:23.59
200 I.M.	2:02.29	2:15.39	2:20.19	2:04.19	2:17.39	2:22.29
400 I.M.	4:24.19	4:51.79	5:00.49	4:28.49	4:56.49	5:05.29