

# Texas Swimming Association

Home of the Premier State Swimming Association

www.tsaswim.org

## 2009 TAGS Time Standards

[posted 10/26/2008]

### Legend:

- Time standard is faster than 2008
- + Time standard is slower than 2008
- No indicator means no change from 2008

### 10 AND UNDER

GIRLS			Event	BOYS		
SC Yards	SC Meters	LC Meters		SC Yards	SC Meters	LC Meters
:30.69+	:33.19-	:33.79-	50 FREE	:30.29-	:32.99-	:33.99-
1:06.09	1:13.39	1:14.79-	100 FREE	1:06.99-	1:12.59-	1:14.79-
2:25.59-	2:40.89-	2:42.89-	200 FREE	2:23.59-	2:40.69+	2:44.49+
6:32.59+	5:32.79-	5:39.59-	400/500 FREE	6:24.09-	5:38.29+	5:44.69+
:35.39-	:39.29-	:40.59-	50 BACK	:35.49+	:39.39+	:41.39+
1:16.49-	1:25.79-	1:26.79-	100 BACK	1:17.19+	1:26.59+	1:29.19+
:40.39-	:44.79-	:45.99-	50 BREAST	:41.19-	:45.69-	:46.99
1:27.19+	1:36.39-	1:39.29-	100 BREAST	1:30.69+	1:39.79+	1:41.79+
:34.09-	:37.79-	:38.39-	50 FLY	:34.19-	:37.99-	:38.69-
1:18.79-	1:27.89-	1:30.19-	100 FLY	1:17.79-	1:31.99+	1:33.39+
1:16.89-	1:25.29-	-----	100 IM	1:17.39-	1:25.89-	-----
2:47.09+	3:01.79-	3:05.09-	200 IM	2:46.19-	3:05.49+	3:09.09+
2:06.19-	2:20.09-	2:25.09-	200 FREE RELAY	2:07.29-	2:22.09-	2:27.99-
4:40.89-	5:11.79-	5:18.19-	400 FREE RELAY	4:58.39+	5:31.59+	5:37.99+
2:24.69-	2:41.49+	2:47.69+	200 MEDLEY RELAY	2:28.49+	2:44.79+	2:50.79-

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GIRLS			Event	BOYS		
SC Yards	SC Meters	LC Meters		SC Yards	SC Meters	LC Meters
:28.39	:31.49	:31.89	50 FREE	:28.49	:31.59	:32.09
1:02.29	1:09.19	1:09.79	100 FREE	1:02.49	1:09.39	1:10.19
2:16.19	2:31.49	2:31.99	200 FREE	2:15.99	2:28.09	2:31.29
6:00.89	5:15.79	5:20.49	400/500 FREE	6:01.29	5:16.09	5:18.19
:32.99	:36.59	:37.89-	50 BACK	:33.19	:36.79	:38.09
1:11.19	1:18.99	1:21.39-	100 BACK	1:11.89	1:19.79	1:22.19
2:35.89-	2:50.99-	2:53.09-	200 BACK	2:32.89-	2:51.29-	2:56.39-
:37.19	:41.29	:42.09-	50 BREAST	:38.09	:42.09-	:43.09-
1:21.29	1:30.29	1:32.49	100 BREAST	1:20.49-	1:29.29-	1:32.49-
2:56.89-	3:17.39-	3:19.69	200 BREAST	3:01.19	3:13.79-	3:20.79-
:31.39	:34.89	:35.49	50 FLY	:31.99	:35.49	:35.89
1:11.79	1:19.69	1:21.39	100 FLY	1:11.69-	1:19.99-	1:21.49-
2:53.39-	2:56.49-	2:59.29-	200 FLY	2:54.39	2:55.29-	2:58.49-
1:11.49	1:19.39	-----	100 IM	1:11.49-	1:19.39-	-----
2:33.29	2:50.19	2:53.39	200 IM	2:32.89	2:48.39	2:51.59

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GIRLS			Event	BOYS		
SC Yards	SC Meters	LC Meters		SC Yards	SC Meters	LC Meters
1:51.99-	2:03.19-	2:05.59-	200 FREE RELAY	1:52.59-	2:04.29-	2:07.19-
4:02.19-	4:30.79-	4:37.19	400 FREE RELAY	4:08.09-	4:34.69-	4:44.09-
2:06.29-	2:20.19-	2:23.39-	200 MEDLEY RELAY	2:09.39-	2:23.59-	2:26.79-
4:36.29	5:06.69	5:13.69-	400 MEDLEY RELAY	4:40.69	5:11.59	5:22.09-

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GIRLS			Event	BOYS		
SC Yards	SC Meters	LC Meters		SC Yards	SC Meters	LC Meters
:26.99	:29.99	:30.69	50 FREE	:26.59-	:29.69	:30.49
:58.89	1:05.39	1:06.29	100 FREE	:59.09	1:05.59	1:06.49
2:07.99-	2:22.89-	2:26.39	200 FREE	2:08.19	2:22.29	2:24.09
5:42.89	4:58.49	5:04.89	400/500 FREE	5:42.19	4:55.59-	5:01.99
:31.39	:34.79	:36.19	50 BACK	:31.49-	:34.99-	:35.89
1:07.19-	1:14.99-	1:17.89-	100 BACK	1:06.99-	1:14.39-	1:17.69-
2:24.49-	2:41.29-	2:46.19-	200 BACK	2:24.79-	2:41.59-	2:46.09
:35.39	:39.29	:40.09	50 BREAST	:35.79	:39.79	:40.89
1:16.89	1:26.09	1:28.79	100 BREAST	1:17.39-	1:26.09	1:28.99
2:46.19	3:04.49	3:07.99	200 BREAST	2:47.89	3:06.39	3:11.79
:29.89	:33.19	:33.59	50 FLY	:29.99	:33.29	:34.19
1:07.19	1:14.59	1:15.79	100 FLY	1:07.89	1:15.39	1:17.09-
2:32.89	2:49.69	2:52.19	200 FLY	2:29.19-	2:46.49-	2:56.09
1:07.99-	1:15.49-	-----	100 IM	1:08.29-	1:15.79-	-----
2:25.49-	2:41.79-	2:44.69	200 IM	2:25.49-	2:38.29-	2:43.99

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GIRLS			Event	BOYS		
SC Yards	SC Meters	LC Meters		SC Yards	SC Meters	LC Meters
:25.89	:28.79	:29.69	50 FREE	:25.09	:27.69	:28.69
:56.19	1:02.39	1:04.09	100 FREE	:54.59	1:00.59	1:02.39
2:01.59	2:14.99	2:18.59	200 FREE	1:59.09	2:12.19	2:16.69
5:24.19	4:43.59	4:50.49	400/500 FREE	5:21.59	4:38.69-	4:48.19-
11:18.09	9:52.19	9:56.19	800/1000 FREE	11:04.39-	9:36.89-	9:56.59-
18:45.59	18:42.19	19:21.19	1500/1650 FREE	18:57.49	19:04.29	19:15.89
1:03.99	1:11.09	1:14.89	100 BACK	1:02.59	1:09.49	1:13.49
2:17.09	2:32.19	2:39.29	200 BACK	2:14.89	2:29.79	2:36.59-
1:12.49	1:20.49	1:24.29	100 BREAST	1:12.09	1:18.44-	1:21.29-
2:35.89	2:53.09	3:00.49	200 BREAST	2:36.29	2:54.29	3:01.19
1:02.89	1:09.79	1:12.19	100 FLY	1:02.19	1:08.99	1:10.99
2:20.59	2:36.09	2:42.59	200 FLY	2:19.69	2:35.09	2:38.79-
2:17.39	2:32.49	2:38.29	200 IM	2:16.19	2:31.19	2:36.49
4:53.09	5:25.39	5:36.09	400 IM	4:53.09	5:25.39	5:33.79

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GIRLS			Event	BOYS		
SC Yards	SC Meters	LC Meters		SC Yards	SC Meters	LC Meters
1:45.29-	1:56.89-	1:59.29	200 FREE RELAY	1:40.19-	1:50.88-	1:53.49-
3:48.09-	4:13.69	4:21.39	400 FREE RELAY	3:37.99	4:01.99	4:11.69-
8:14.19-	9:15.09	9:26.59	800 FREE RELAY	8:07.79-	8:58.29-	9:16.69-
1:58.89	2:11.99	2:14.59	200 MEDLEY RELAY	1:55.39-	2:08.79-	2:11.29-
4:17.09	4:45.39	4:53.49	400 MEDLEY RELAY	4:06.79-	4:33.89-	4:43.09-

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GIRLS			Event	BOYS		
SC Yards	SC Meters	LC Meters		SC Yards	SC Meters	LC Meters
:25.69	:28.49	:29.09	50 FREE	:24.09	:26.79	:27.79
:55.49	1:01.59	1:02.89	100 FREE	:52.39	:58.19	1:00.29
1:59.29	2:12.39	2:15.99	200 FREE	1:54.99-	2:07.79-	2:10.79
5:20.89	4:40.79	4:47.49	400/500 FREE	5:06.89-	4:27.49-	4:36.59
10:55.99	9:33.89	9:48.49	800/1000 FREE	10:32.09-	9:09.39-	9:28.19
18:23.99	18:20.69	18:55.69	1500/1650 FREE	17:38.09	17:34.89	18:14.69
1:03.09	1:10.09	1:13.99	100 BACK	1:00.19	1:06.79	1:09.99
2:16.49	2:31.49	2:37.09	200 BACK	2:10.29-	2:25.39-	2:31.29
1:11.69	1:19.59	1:23.19	100 BREAST	1:07.99	1:15.49	1:20.19
2:35.19	2:52.69	2:57.79	200 BREAST	2:28.49	2:46.79	2:51.69
1:01.69	1:08.49	1:10.69	100 FLY	:58.79	1:05.29	1:06.69
2:17.69	2:32.79	2:38.59	200 FLY	2:12.19	2:26.79	2:32.49-
2:16.19	2:31.99	2:35.39	200 IM	2:10.59-	2:24.79-	2:29.99-
4:48.59	5:20.39	5:28.59	400 IM	4:38.79	5:11.09	5:18.89