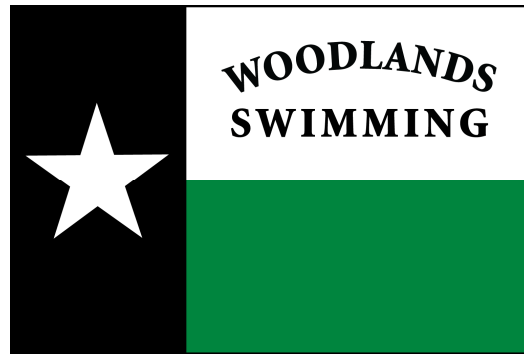


# **Gulf Senior Meet**

**A SHORT COURSE YARDS TIMED FINALS MEET**

Hosted By  
**THE WOODLANDS SWIM TEAM**  
January 16<sup>th</sup> and 17<sup>th</sup>, 2010  
Sanction No. GUSC 10-039



**CISD NATATORIUM**  
**19133 DAVID MEMORIAL DRIVE**  
**SHENANDOAH, TX 77385**

## **Warm Up and Timing Assignments**

Meet Referees: John Leneave  
Meet Directors: Jay Knaebel  
Meet Entries Director: Scott Meyers  
Safety Marshall: Heidi Allan

# **Gulf Senior Meet**

**January 16<sup>th</sup> and 17<sup>th</sup>, 2010**

**Sanction No. GUSC 10-039**

## **Warm up and Timing Lane Assignments**

### **WELCOME**

The Woodlands Swim Team welcomes you to the Conroe Independent School District Natatorium. Please thank the many volunteers and officials who work to provide you with a top quality meet. We ask that you help us by (1) following our parking signs (2) staying off the pool deck unless you are a coach, swimmer, timer or meet worker. Please observe all meet and safety regulations, and deposit all trash in proper receptacles. We hope you enjoy your stay and GOOD LUCK to all swimmers. May you have BEST TIMES!!

### **AMMENITIES**

Parking – Courtesy of CISD. Please park only in areas designated for swim meet parking.

### **EVENT OPERATIONS SCHEDULE**

January 16, 2010 Saturday A.M. session: warm-up at 7:30 a.m., meet starts at 9:00 a.m.

January 16, 2010 Saturday P.M. session: Warm-ups will start at 2:30 P.M. but not earlier than 2 hours after the conclusion of the Saturday A.M. session. The Saturday P.M. competition will begin 1 hour after the start of warm-up.

January 17, 2010 Sunday: warm-up at 7:30 a.m., meet starts at 9:00 a.m.

### **WARM UP LANE ASSIGNMENTS**

All warm-ups are open format – no lane assignments. Sat AM: 7:30 – 8:45. Sat PM: 2:30 – 3:15 (see note above regarding Sat PM start time). Sun AM: 7:30 – 8:45.

### **TIMERS - LANE ASSIGNMENTS**

Each team is responsible for providing timers. Two timers are needed for each lane. In order to keep the meet moving quickly and smoothly, we ask that each team keep timers in their assigned lane(s) throughout the entire meet. Swimmers entered in the 500 free, 400 IM, & 1650 Free must provide 2 timers and a lap counter.

### **TIMING ASSIGNMENTS**

	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>Chair 1</b>	TWST	PACK	FCST	DADS	COOG	MAC	AGS	ESA
<b>Chair 2</b>	TWST	PACK	FCST	HSC	KATY	HCAP	CSC	SPA

### **SEEDING**

The meet will be a deck-seeded meet. Coaches, please inform your swimmers of seeding on deck rules.

### **CHECK-IN**

All swimmers must check in each day with the Clerk of Course for all of the day's events. After the events are officially closed, no one may check in or scratch. Swimmers in the first event of the day must check in 45 minutes prior to the meet starting time. Swimmers in other events must check in 45 minutes prior to the event. After circling in, failure to appear at the starting blocks will result in the swimmer being assessed a \$ 5.00 fine, payable to Gulf Swimming Administrative Vice-Chairman Henry Clark for each event in which he/she fails to appear.