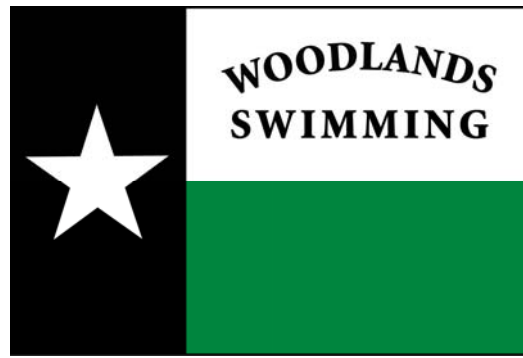


8 and Under Group A Sprint Meet

A Shout Course Yards Timed Finals Meet

HOSTED BY

The Woodlands Swim Team – TWST
January 16th, 2010
Sanction No. GUSC 10-040



CISD NATATORIUM
19133 DAVID MEMORIAL DRIVE
SHENANDOAH, TX 77385

MEET PROGRAM

Meet Referees: Claude Humbert

Meet Directors: Mike Manning

Meet Entries Director: Scott Meyers

Safety Marshall: Heidi Allan

WELCOME

The Woodlands Swim Team welcomes you to the Conroe Independent School District Natatorium. Please thank the many volunteers and officials who work to provide you with a top quality meet. We ask that you help us by (1) following our parking signs (2) staying off the pool deck unless you are a coach, swimmer, timer or meet worker. Please observe all meet and safety regulations, and deposit all trash in proper receptacles. We hope you enjoy your stay and GOOD LUCK to all swimmers. May you have BEST TIMES!!

AMMENITIES

Parking – Courtesy of CISD. **Please park only in areas designated for swim meet parking.**

The Best Coaches and Officials Hospitality in Texas – Hosted by TWST parent volunteers with meals provided by local businesses.

EVENT OPERATIONS SCHEDULE

	Warm Ups Start 7:30 AM	Meet Start 9:00 AM
Group 1	7:30 – 8:05 AM	
Group 2	8:10 – 8:45 AM	

WARM UP SCHEDULE AND LANE ASSIGNMENTS

Group 1

1	2	3	4	5	6	7	8
TWST	TWST	TWST	TWST	EAS	EAS	MAC	SPA

Group 2

1	2	3	4	5	6	7	8
AGS	FCST	FCST	FCST	TTST	LLST	BTA/SSAN	BBSC/CSC

The center pool is available for warm ups and warm downs once the meet starts. No swimmers are allowed in the diving well.

TIMERS - LANE ASSIGNMENTS

Each team is responsible for providing timers. Two timers are needed for each lane. In order to keep the meet moving quickly and smoothly, we ask that each team(s) keep 1 timers in their assigned lane(s) throughout the entire meet. Where there are more than 2 teams assigned to a lane please coordinate timers. Thank you for your help!

SATURDAY TIMING ASSIGNMENTS

Lane	1	2	3	4	5	6	7	8
Chair A	ESA	MAC	TWST	SPA	FCST	TTST	AGS	CSC
Chair B	ESA	SPA	TWST	TTST	FCST	LLST	TWST	SSAN

SEEDING

The meet will be a deck-seeded meet. Coaches please inform your swimmers of seeding on deck rules.

CHECK-IN

All swimmers must check in each day with the Clerk of Course for all of the day's events. After the events are officially closed, no one may check in or scratch. Swimmers in the first event of the day must check in 45 minutes prior to the meet starting time. Swimmers in other events must check in 45 minutes prior to the event. After circling in, failure to appear at the starting blocks will result in the swimmer being assessed a \$5.00 fine, payable to Gulf Swimming Administrative Vice-Chairman for each event in which he/she fails to appear.