

HSC 9-14 Junior Meet - Group A**Lamar HS Natatorium****Team List**

	Team	Female	Male	Total Athletes	Entries	Relay	Total
1	BBSC-GU Brenham Swim Club	5	2	7	35	0	35
2	DADS-GU Dads Club Swim Team	35	25	60	453	10	463
3	COOG-GU Houston Cougar Aquatic Sports	7	3	10	57	0	57
4	HSC-GU Houston Swim Club	19	23	42	266	13	279
5	NOCH-GU North Channel Aquatics	16	5	21	132	4	136
6	NEHA-GU North East Houston Aquatics	7	3	10	50	1	51
7	PACK-GU Premier Aquatics	51	51	102	591	0	591
8	UNAT-GU Unattached	7	7	14	112	0	112
		147	119	266	1696	28	1724

Warm-Up Schedule**Friday (January 22, 2010)**

(5:30-6:20 PM)

Lane	1	2	3	4	5	6	7	8
Team	HSC	HSC	HSC	PACK	PACK	PACK	DADS UNAT	NOCH

Saturday (January 23, 2010) and Sunday (January 24, 2010)

Early W-Up (7:30-8:05 AM)

Lane	1	2	3	4	5	6	7	8
Team	HSC	HSC	HSC	DADS	DADS	DADS	NOCH	NOCH COOG

Late W-Up (8:10-8:45 AM)

Lane	1	2	3	4	5	6	7	8
Team	UNAT	PACK	PACK	PACK	PACK	PACK	PACK	NEHA BBSC

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TIMING ASSIGNMENT (Friday)

Swimmers must provide own timers.
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(Saturday and Sunday)

Lane	1	2	3	4	5	6	7	8
Chair 1	NEHA	COOG	PACK	PACK	PACK	DADS	DADS	NOCH
Chair 2	UNAT	PACK	PACK	PACK	PACK	DADS	DADS	DADS

- Each team is responsible for providing timers for each assigned lanes.
- Two (2) times are needed for each lane throughout the entire meet.
- Timer's sign-up sheets will be provided and will be posted next to the heat sheet sales table.
- Swimmers in the 400 IM, 500/1000 Free must provide their own timers.

Thank you for your help.