

HSC 9-14 Junior Meet - Group C

Team List

	Team	Female	Male	Total Athletes	Entries	Relay	Total
1	AQUA-GU Aquastar	54	43	97	489	21	510
2	DADS-GU Dads Club Swim Team	43	36	79	527	17	544
3	FCST-GU First Colony Swim Team	68	54	122	961	47	1008
4	HSC-GU The Houston Swim Club	29	27	56	380	18	398
5	UDADS-GU Unat-Dads	2	0	2	15	0	15
6	UNAT-GU Unattached	10	11	21	129	0	129
		206	171	377	2501	103	2604

Warm-Up Schedule

Friday (October 16, 2009)

Lane	1	2	3	4	5	6	7	8
Team	FCST	FCST	FCST	AQUA	HSC/ UNAT	HSC	HSC	HSC

Saturday (October 17, 2009) and Sunday (October 18, 2009)

1st Warm-UP (7:30-8:05 AM)

Lane	1	2	3	4	5	6	7	8
Team	FCST	FCST	FCST	FCST	FCST	HSC	HSC	HSC

2nd Warm-Up (8:10-8:45 AM)

Lane	1	2	3	4	5	6	7	8
Team	AQUA	AQUA	AQUA	AQUA	DADS	DADS	DADS	DADS UNAT

**TIMING ASSIGNMENT
(Friday)**

Swimmers Must Provided own timers.

(Saturday and Sunday)

Lane	1	2	3	4	5	6	7	8
Chair 1	DADS	DADS	FCST	FCST	FCST	AQUA	AQUA	AQUA
Chair 2	DADS	DADS	FCST	FCST	FCST	AQUA	AQUA	AQUA

- Each team is responsible for providing timers for each assigned lanes.
- Two (2) times are needed for each lane throughout the entire meet.
- Timer's sign-up sheets will be provided and will be posted next to the heat sheet sales table.
- Swimmers in the 500/1000 Free 400 IM must provide their own timers.

Thank you for your help.