

## WARM UP ASSIGNMENTS

### Friday Night Warm Up Assignments – Warm Up from 5:45 to 6:40 (Meet Starts at 7:00 PM)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
CFSC	CFSC	CFSC	SSS	SSS	AQUA	BTA LSST	TTST

### Saturday Warm Up Assignments

#### Early Warm Ups - 12:00 PM to 12:35 PM (Meet Starts 1:30 PM)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
CFSC	CFSC	CFSC	CFSC	CFSC LSST	LSST	TTST	TTST

#### Late Warm Ups – 12:35 PM to 1:10 PM (Meet Starts 1:30 PM)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
AQUA	AQUA	AQUA	AQUA	AQUA SSS	SSS	BTA ALAC	BTA

### Sunday Warm Up Assignments

#### Early Warm Ups - 7:30 AM to 8:05 AM (Meet Starts 9:00 AM)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
CFSC	CFSC	CFSC	CFSC	CFSC	LSST	TTST	TTST

#### Late Warm Ups – 8:05 AM to 8:40 AM (Meet Starts 9:00 AM)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
AQUA	AQUA	AQUA	AQUA	AQUA ALAC	SSS	BTA SSS	BTA

## TIMING ASSIGNMENTS

### Friday Evening Timing Assignments

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
CFSC	CFSC	SSS	SSS	SSS	AQUA	BTA	TTST
CFSC	CFSC	SSS	SSS	AQUA	AQUA	BTA	TTST

### Saturday AND Sunday Timing Assignments

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
CFSC	AQUA	AQUA	AQUA	TTST	BTA	SSS	LSST
CFSC	AQUA	AQUA	TTST	TTST	BTA	SSS	LSST (Sat) ALAC (Sun)