

FRIDAY FEBRUARY 27 WARM-UPS

	1	2	3	4	5	6	7	8
5:00-5:30	SPA	SPA	SPA	HSC	HSC	HSC	LSST	
5:35-6:05	FCST	FCST	FCST	FCST	FCST	PEAK	TTST ETEX UNAT	TTST ETEX UNAT

SATURDAY AND SUNDAY WARM-UPS
FEBRUARY 28 AND MARCH 1

	1	2	3	4	5	6	7	8
7:30-7:55	SPA	SPA	SPA	SPA	HSC	HSC	HSC	HSC
7:55-8:20	FCST	FCST	FCST	FCST	FCST	FCST	FCST	FCST
8:20-8:45	TTST	TTST	PEAK	PEAK	ETEX	UNAT	LSST	LSST LJAC

FRIDAY TIMER LANE ASSIGNMENTS

CHAIR	1	2	3	4	5	6	7	8
1	PEAK	PEAK	FCST	FCST	FCST	FCST	HSC	HSC
2	LSST	LSST	FCST	FCST	FCST	FCST	HSC	HSC

**Each team is responsible for providing timers. Each lane needs two timers.
You must provide your own timer for the 500 free and 400 I.M..**

SATURDAY AND SUNDAY TIMER LANE ASSIGNMENTS

CHAIR	1	2	3	4	5	6	7	8
1	PEAK	PEAK	FCST	FCST	FCST	FCST	HSC	HSC
2	LSST	TTST	FCST	FCST	FCST	ETEX	HSC	HSC

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