



**Warm Up and Timing Schedule**  
(Meet Starts at 9:00 AM)

**WARM UP SCHEDULE- Saturday and Sunday**

\*\*\*\*FIRST GROUP 7:00AM to 7:30 AM \*\*\*\*

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
PEAK	PEAK	PEAK	PEAK	SPA	SPA	SPA	SPA

\*\*\*\*SECOND GROUP 7:30-7:55 AM \*\*\*\*

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
FCST	FCST	FCST	FCST	DADS	DADS	DADS	DADS

\*\*\*\*THIRD GROUP 7:55-8:20 AM \*\*\*\*

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
PACK	PACK	PACK	CSC COOG ETEX	BRAZ GIST	HCAP	HCAP	HCAP

\*\*\*\*FOURTH GROUP 8:20 AM to 8:45 AM \*\*\*\*

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
KATY	KATY	KATY	KATY	ESA	ESA	BTA	BTA

**TIMING ASSIGNMENTS- Saturday and Sunday**

Two chairs per lane

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
FCST FCST	FCST KATY	KATY KATY	DADS DADS	DADS SPA	SPA PACK	PACK HCAP	HCAP/ESA BTA/ESA