

**Gulf Swimming Winter Open Meet - Group "C"**  
**Will be hosted by the Magnolia Aquatic Club**  
**February 6-8, 2009**  
**Sanction Number GUSC 09-033**

- LOCATION:** **Magnolia High School Natatorium**  
14350 FM 1488  
Magnolia, Texas 77354  
Directions:  
Traveling from I-45 just north of The Woodlands, take FM 1488 West Approx. 15 mile toward Magnolia. The pool is located on the Magnolia High School Campus (On the East Side of the High School). The School is located on the North side of FM 1488 at the corner of FM 1488 & FM 149.  
Traveling from the West, take Beltway 8 North to Highway 249. Take 249 north approx. 25 miles to FM 149 (Approx. 3 miles north of Tomball). Turn right on FM 149 and go north to FM 1488. The pool is located on the Magnolia High School campus (On the East Side of the High School). The School is located on the North side of FM 1488 at the corner of FM 1488 & FM 149.
- COACHES:** Terry Jones           Head Coach  
Jeremy Wade       Age Group Coach  
David Gribble       Age Group Coach
- POOL:** Eight lane, 25 yard indoor pool with 5 continuous warm up-down lanes at far end. Pool has competitor non-turbulent lane lines, an 8 line LED CTS Scoreboard and non-slip touch pads.
- TIME AND DATE:** This is a **Timed Final Meet**. Meet Starts at 6:30 PM on Friday, 9:00 AM Saturday and Sunday.  
**Friday, February 6th, 2009**  
General Warm Up       5:00 – 6:15 p.m.  
**Saturday & Sunday, February 7th and 8th, 2009**  
1st Warm Up       7:30 - 8:05 a.m.  
2nd Warm Up       8:10 - 8:45 a.m.  
**Please check the timeline posted on the Gulf Website 3 days prior to meet.**  
Warm-up and timing assignments will be posted on the Gulf Swimming Web site three (3) days before the meet at [www.gulfswimming.org](http://www.gulfswimming.org)  
This meet will be run using the "Flyover Starts" procedures unless a waiver is received from the Technical Planning Committee Chairman. At the conclusion of Each heat, the swimmers shall remain in the water until after the next heat is started. Coaches, please remind your swimmers of the "Flyover Start" procedures.
- ELIGIBLE TEAMS:** This meet is open to USA registered swimming teams and swimmers. Eligible Gulf Teams for this meet are (Group C) **AGS, ALAC, CFSC, CSC, LSST, NCAT, MAC, RICE, TAMU, TTST, TWST, WHAT**
- MEET OFFICIALS:** **REFEREE:** David Howard, [awp@actionwearplus.com](mailto:awp@actionwearplus.com)  
**MEET DIRECTOR:** Eddie Adams, [eddiea4@comcast.net](mailto:eddiea4@comcast.net)  
**SAFETY MARSHALL:** Michael McCorvy, [mmccorvy@magnoliaisd.org](mailto:mmccorvy@magnoliaisd.org)
- SAFETY GUIDELINES AND WARM-UP PROCEDURES:** See attached Safety Guidelines and Warm-up procedures.
- SEEDING:** The meet will be a deck-seeded meet. Coaches please inform your swimmers of seeding "On Deck Rules".

**CHECK IN:** Swimmers are required to circle in at least 45 minutes before their event. After the events are officially closed, no one may check in or scratch. After circling in, failure to appear at the starting blocks will result in the swimmer being fined \$5.00 for each event that he/she failed to show for. The fine is payable to: "Gulf Swimming" and to Herb Schwab, Gulf Swimming's Administrative Vice Chairman. **(There are no relay events at this meet.)**

**ON DECK ENTRIES:** Late entries will be accepted up to 30 minutes before the start of the meet. Those who miss the 6:00 P.M. Friday January 30, 2009 deadline, may enter the meet on deck in the following manner:

1. Swimmers must pay double the entry fee at the time of entry. **(\$7.50)**
2. Swimmers must supply a completed entry form & enter with the swimmers' best times. The swimmers will be seeded into the events according to their entered times.
3. Swimmers must enter events for that day thirty (30) minutes prior to the start of the day's first event.
4. Swimmers must be qualified to swim the event entered.
5. Swimmers must not exceed the allotted number of events allowed each day.
6. Swimmers who on-deck, to change an entry time in an event already entered, must circle in on the posted circle in sheets. The new time will be used for seeding. The on deck entry fees **still** apply to these swimmers.

**ENTRY INFORMATION: Entry Times:** Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). **Do not convert meter (yard) times to yard (meter) times.** If entries are made by paper, not on Hy-Tek team manager, swimmers should indicate on their entry form the course in which the entry time was made, (i.e., Y, S, or L). If a swimmer has never competed in a USA Swimming meet before, put NT where a seed time is requested.

**QUALIFYING TIMES:** None

**CUT OFF TIMES:** None

**NUMBER OF EVENTS:** Swimmers may compete in a maximum of 3 (three) individual events per day. The 400 I.M., 500 & 1000 Free does not count as one of the 3 individual events allowed per day. Swimmers in the 400 IM, 500 & 1000 Free must provide their own timers and lap counter.

**DEADLINE:** Entries must be in the hands of the Meet Entry Chairperson no later than 6:00 p.m. **Friday, January 30, 2009.** Entries will not be accepted after this date except as On-Deck entries. (see above). Do not send entries via Fed Ex, etc. that require a signature. All express mail must be signed for release. E-mail entries, (please zip file), should be sent to [tjones@magnoliaisd.org](mailto:tjones@magnoliaisd.org). Entries sent by e-mail must have the check and hard copy of entries postmarked within 24 hours of the meet entry deadline. Make checks payable to Magnolia Aquatic Club. Mail, e-mail, or hand deliver entries to the **Meet Entry Chairperson:**

**Terry Jones**  
12707 Marshall Court  
Magnolia, Texas 77354  
832-457-1111 (Cell) / 281-356-1106 (Pool) / [tjones@magnoliaisd.org](mailto:tjones@magnoliaisd.org)

**SWIMMERS AGE:** As of February 6th, 2009.

**ENTRIES:** All teams entering 10 or more swimmers MUST submit their entries on a diskette, or by e-mail, using the Hy-Tek Team Manager computer software, along with a hard copy printout. Teams without Hy-Tek should submit their entries on the enclosed "Entry Form". A \$25.00 fee must be included with the entry fees for teams that enter 10 or more swimmers, using the paper entry form only. Any questions regarding the HY-TEK Team Manager program should be directed to: Terry Jones @ 281-356-1106.

**SWIMMERS WITH DISABILITIES:** Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (Remote Strobe).

**AWARDS:** Ribbons 1-8 for Individual.

**SCORING:** Scoring will be for 1-8 places for Individual Events: 9,7,6,5,4,3,2,1  
The 10 & over events will be scored separately for 10, 11-12, 13-14 and 15 & Over age groups.  
The 13 & over events will be scored separately for 13-14 and 15 & Over age groups.  
The 10 & Under events will be scored separately for 9-10 and 8 & Under.

**ENTRY FEES:** Individual events \$3.75 per event and "On Deck" entries will be \$7.50 per individual. **Make checks payable to Magnolia Aquatic Club.**

**RULES AND SANCTIONS:** The 2008-2009 USA and Gulf Swimming rules will apply. The meet will be held under the sanction of USA and Gulf Swimming and Gulf Groups A & B are not eligible to swim at this meet (**Swimmers must swim at the meet site where the team he/she was last registered with is assigned; unless a completed transfer form has been filed**). The attached entry verification form shall be properly filled out, signed, and sent in with the entries. No entries will be accepted unless the entrant is either registered or certified by USA Swimming. The three event rule and up/down rule do not apply to this meet.

**POOL MEASUREMENT:** The competition course has not been certified in accordance with USA Swimming Rule 104.2.2(C). The pool will be measured before the competition begins to ensure that the course length is correct.

**TIMING SYSTEM:** Colorado electronic timing with an 8-lane electronic scoreboard will be used. Two watches per lane will be used as back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be posted on line 3 days before the meet and published in the heat sheet. Timer sign up sheets will be posted near the circle-in area. Swimmers in the 400 IM, 500 and 1000 Free must provide their own timers (2 timers for the 500) and lap counters.

**POOL DECK RESTRICTIONS:** Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA registration card; however due to limited deck space if you are not working at the meet, you will be asked to leave the deck area. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety.

**PROOF OF TIME:** Any swimmer that cannot prove that he/she was eligible to swim an event will be fined \$20.00 for each event he/she fails to prove. The fine or proof of time is sent to the Administrative Vice-Chairman, (*Herb Schwab*).

**CONCESSIONS:** Food will be available in the Natatorium. A hospitality room and complimentary heat sheets will be provided for Coaches, Officials and meet working staff.

**MEET RESULTS:** Meet results will be posted on the Gulf Swimming Web Page [www.gulfswimming.org](http://www.gulfswimming.org) within three days after the conclusion of the meet.

**ATTACHMENTS:** Meet Format  
Entry verification form  
Gulf Safety Guidelines and Warm up Procedures  
Official Meet Entry Form  
Map to Pool

# Gulf Swimming MAC Winter Open Meet (Group C)

February 6-8, 2009  
Sanction No. GUSC 09-033

Entry rules	
Type of Meet	Timed Finals
Max # individual events per day (The 400 I.M., 500 & 1000 Free does not count as one of the 3 events/days)	Three (3)
Swimmers eligible	Group C
Entry times in	SCY/SCM/LCM
Qualifying times	None
Cut-off times	None
Enter with no time?	Yes
Gulf "three event" rule applies?	Does not apply
Gulf "up/down" rule applies?	Does not apply
Fees	Individual - \$3.75

## Friday, February 6, 2009

Girl's Event #	Event	Boy's Event #
1	11-12 200 I.M.	2
3	13 & Over 200 I.M.	4
5	10 & Under 200 I.M.	6
*7	*11-12 500 Free	*8
*9	*13 & Over 500 Free	*10

## Saturday, February 7, 2009

Girl's Event #	Event	Boy's Event #
11	10 & Under 200 Free	12
13	11-12 200 Free	14
15	13 & Over 200 Free	16
17	10 & Under 100 Breast	18
19	11-12 100 Breast	20
21	13 & Over 100 Breast	22
23	10 & Under 50 Fly	24
25	10 & Over 200 Fly	26
27	11-12 50 Breast	28
29	10 & Under 100 Back	30
31	11-12 100 Back	32
33	13 & Over 100 Back	34
35	10 & Under 50 Free	36
37	11-12 50 Free	38
39	13 & Over 50 Free	40
*41	*10 & Under 500 Free	*42
*43	*11-12 1000 Free	*44
*45	*13 & Over 1000 Free	*46

## Sunday, February 8, 2009

Girl's Event #	Event	Boy's Event #
47	11-12 100 I.M.	48
49	10 & Under 100 I.M.	50
51	11-12 50 Back	52
53	10 & Under 50 Breast	54
55	10 & Over 200 Breast	56
57	13 & Over 100 Fly	58
59	11-12 100 Fly	60
61	10 & Under 100 Fly	62
63	13 & Over 100 Free	64
65	11-12 100 Free	66
67	10 & Under 100 Free	68
69	11-12 50 Fly	70
71	10 & Under 50 Back	72
73	10 & Over 200 Back	74
*75	*11-12 400 I.M.	*76
*77	*13 & Over 400 I.M.	*78

### Reminders

- The 400 I.M., 500 Free & 1000 Free will be swam fastest to slowest alt. women's and men's heats.
- The 400 I.M., 500 & 1000 Free do not count as one of the 3 individual events allowed per day
- Swimmers in the 400 IM, 500 & 1000 Free must provide their own counters and timers (2 timers for 500)
- The 10 & over events will be scored separately for 10, 11-12, 13-14 and 15 & Over age groups.
- The 13 & over events will be scored separately for 13-14 and 15 & Over age groups.
- The 10 & Under events will be scored separately for 9-10 and 8 & Under.
- Swimmers must swim at the meet site where the team he/she was last registered with is assigned; unless a completed transfer form has been filed.



## ENTRY VERIFICATION FORM

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms and or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

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Signature

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Title

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Team Name

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Date

SAFETY GUIDELINES AND WARM-UP PROCEDURES  
APPENDIX G

**WARM-UP PROCEDURES**

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
  - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
  - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
  - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
  - 2. Lanes are **ONE WAY ONLY**.

**SAFETY GUIDELINES**

- A. Swimmers Responsibilities
  - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
  - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
  - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
  - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
  - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
  - 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
  - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
  - 1. Swimmers should be reminded by coaches that breaststrokers need more lead time than freestyle or butterfly swimmers.
  - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
  - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
  - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
  - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
  - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
  - 1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
  - 2. Glass containers are prohibited.
  - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the invitation.

**F. POOL RULES**

1. The Magnolia I.S.D. Natatorium and school grounds is a No Smoking Facility. Smoking, or use of other tobacco products, is not allowed on the grounds of USA Swimming Meets.
2. No glass containers are allowed anywhere in the Natatorium.
3. It is expected that all persons attending the meet respect the facilities and remember that they represent themselves and their respective clubs. Damage to the facility, when proved, will cause the offending swimmer if unattached, or the offending swimmers club, if attached, to be held accountable for repairs and may result in expulsion from the meet. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the invitation.
4. Only swimmers, coaches, officials, and timers are allowed on deck or in the locker rooms. All others must sit in the bleachers.
5. Do **NOT** park along the red fire curb in front of the Natatorium. This is a designated fire lane and **cars parking there will be ticketed and or towed** by the Magnolia Police Department.
6. Lap warm-up only is allowed at any time in the shallow pool, but swimmers must follow the general warm-up procedures. No diving, enter feet first only.
7. Parents and Swimmers please help keep the Natatorium clean. As you leave please pick up the trash around you. **Thank you!**

**Map to Pool**

