

SAFETY GUIDELINES AND WARM-UP PROCEDURES:

See attached Safety Guidelines and Warm-up Procedures

REFEREE: Joe Stucka, mail to: joe.stucka@kbr.com , phone: 281-261-2392

MEET DIRECTORS: Chris Landeck, mail to: clandeck@alltel.net , phone: 281-565-9508
John Mallinger, mail to: mallingerj@gmail.com, phone 281-828-9917

SAFETY MARSHAL: Jeff Myerson

SEEDING: The meet will be a deck-seeded meet. Coaches please inform your swimmers of seeding on deck rules.

CHECK-IN: All swimmers must check-in with the clerk of the Course for all events. Swimmers are required to circle-in at least 45 minutes before their event. After this time, all events are officially closed and no one may check in or scratch.

After circling in, failure to appear at the blocks will result in the swimmer being fined \$5, payable to Gulf Swimming Administrative Vice Chairman, Herb Schwab. Properly completed relay cards must be submitted to the Clerk of Course by 10:00 a.m. the day of the event. Relay cards not received by the Deadline will be considered scratches.

FINALS AND SCRATCHING: The fastest eight 13 year-olds and fastest eight 14 year-olds from prelims swim at finals. At finals heat 1 will be all 13 year-olds, and heat 2 will be all 14 year-olds. There will be two heats of finals for the 15 & Over events.

Any finalist who fails to compete in finals or consolation finals, or any other bonus final heat for which he has qualified and failed to scratch with the Clerk of Course prior to the scratch deadline, shall be banned from further competition in the meet in accordance with the USA *Swimming Rules and Regulations* and will be assessed a fine of \$50.00. A Club which has not paid the fine will not be allowed to register for membership in the Gulf LSC until the fine is paid.

In a Prelim/Final meet, the finalists and alternates for finals shall be announced and shall have thirty (30) minutes after the announcement to scratch from finals. Any qualified swimmer in the event (a swimmer is qualified for finals or consolation finals or any other bonus finals if he has successfully completed the event in Prelims) may be moved into finals due to scratches, therefore all swimmers who will not be present at finals must scratch to avoid a possible suspension from the meet and a fine of \$50.00. Thirty (30) minutes after the announcement, no further scratches shall be accepted, the existing scratches will be tabulated and the finalists and two (2) alternates for the event shall be set. Only the finalists set at this point may be subject to the above fines and banishment from competition, even though any qualified swimmer may be moved into finals. The alternates, after the existing scratches are tabulated, will not be penalized if they are unavailable to compete in finals.

The USA Swimming National Championships Meets "reserve the right to scratch" rule is not applicable to any Gulf Swimming meet. The "intent to scratch" rule is not applicable to any Gulf Swimming meet.

ENTRY INFORMATION:

Entry Times: Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved - short course yards (Y), short course meters (S), or long course meters (L). Do not convert meter times to yards times. If entries are made by paper (not using Hy-Tek), swimmers should indicate on their entry the course at which the entry time was made ie., Y, S, or L). Swimmers must have swum each event entered at some time previous to this meet. **Swimmers may not enter with a no time (NT).**

Qualifying Times: None

Cut-off Times:

13-14 year-old swimmers: 13's are 2009 13-13 TAGS and 14's are 2009 14-14 TAGS

15 & over swimmers: 2009 Sectional standards

Age: As of Feb. 20, 2009

Number of Events: No bonus events. Swimmers may compete in three (3) individual events per day and up to one (1) relay per day.

On Deck Entries: Late entries will be accepted each day up to 30 minutes before the start of the meet. Those swimmers missing the 6:00 p m Friday Feb. 13, 2009 deadline may enter the meet on deck in the following manner:

- 1 Swimmers must pay double the entry fee at the time of entry.
- 2 Swimmers must supply completed entry cards entered at the swimmers' best times. The swimmers will be seeded into the events according to their best times.

- 3 Swimmers must enter all events for the day thirty (30) minutes prior to the start of the day's first event.
- 4 Swimmers must be qualified to swim the event entered.
- 5 Swimmers must not exceed the allotted number of events allowed each day.
- 6 Swimmers who on-deck to change an entry time in an event already entered must circle in on the posted circle-in sheet. The new time will be used for seeding. The on-deck entry fees still apply to such swimmers.

Deadline: Entries must be in the hands of the Entry Chairperson no later than 6:00 p.m. on Friday, Feb 13, 2009. No late entries will be accepted. Mail or hand deliver entries to the Meet Entries Chairperson:

Valerie Wolterman
 First Colony Swim Team
 P.O. Box 16220
 Sugar Land, TX 77496
 281 565-4881
 Email: vwolterman@comcast.net

All Express mail or Fed Ex must be signed for release. E-mail entries should be sent to vwolterman@comcast.net. Entries sent by e-mail must have the check and hard copy of entries postmarked within 24 hours of the meet entry deadline.

Entries: All teams entering 10 or more swimmers MUST submit their entries on a diskette or electronically via e-mail, using the Hy-Tek Meet Manager Team Manager computer software, along with a hard copy printout of the entries. Teams without Hy-Tek should submit their entries on the enclosed Entry Form. A \$25.00 fee must be included with the entry fees for teams that enter 10 or more swimmers using an entry form only (without sending Hy-Tek files). Include relays and relay-only swimmers on your completed entry form, diskette, or electronic submission. Teams may electronically mail their Meet Manager files. Payments for the electronic entries and a hard copy print-out of the entries must be submitted or postmarked no later than 24 hours after the entry deadline as stated in the Meet Invitation.

Eligible Teams: Gulf only registered teams and swimmers.

ENTRY FEES: Entry fees are \$4.50 per individual event, \$8.00 for relays.

Make checks payable to: **First Colony Swim Team**
 Mail checks to: **P.O. Box 16220**
Sugar Land Texas, 77496

AWARDS: Individual events: Gulf high point plaques for each age group and gender.
 Gulf Custom Medals will be awarded for 1st-3rd place, Gulf custom ribbons for 4th-8th place.
 Relays: Medals for 1st, ribbons for 2nd-3rd place.
 Team Awards will be presented to the top 3 teams in the meet.

SCORING:

Individual Events:	1 st – 8 th place: 20-17-16-15-14-13-12-11
	9 th – 16 th place: 9-7-6-5-4-3-2-1
	Since 13 and 14 have only A-finals (1 heat each), prelims score 9th - 16 th place
Relay Events:	1 st – 8 th place: 40-34-32-30-28-26-24-22
	9 th – 16 th place: 18-14-12-10-8-6-4-2

RULES AND SANCTIONS: The 2008-2009 USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. No entries can be accepted unless the entrant is either registered or certified by USA Swimming. The **Gulf three (3) event rule** does not apply to this meet. The **up down rule** is in effect for this meet. Swimmers are not eligible to swim an event, if they have times equal to or better than the listed cut-off times for that event. Once swimmers have qualified for a particular division in an event, prior to the entry deadline stated in the meet invitation, they may not swim that event in a slower division. Swimmers entering events in a slower division are subject to disqualification from the meet by the Referee. Any swimmer is eligible to be a swimmer of a relay team competing at a meet as long as the swimmer is not competing in a stroke and distance in which they have equaled or bettered the cut off time for the division in which the relay is competing. Further swimmers age 13 and over are not eligible to swim the breaststroke, backstroke or butterfly leg in a 200 yard or meter medley relay, if they have equaled or bettered the cut off time in the 100 yard or meter distance of that stroke for the division in which the relay is competing.

POOL MEASUREMENT: The competition course has not been certified in accordance with the USA Swimming Rule 104.2.2(C). The pool will be measured before the competition begins to ensure that the course length is correct.

SWIMMERS WITH DISABILITIES: Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment. (Remote Strobe)

TIMING SYSTEM: Colorado electronic timing system will be used. Two watches per lane per end will be used as back up.

Teams will be required to furnish timers based on their percentage of swimmers at the meet. Timing assignments will be published in the heat sheet. Swimmers competing in the 400IM, 500, 1000 and 1650 Freestyle events must provide their own timers and lap counters.

POOL DECK: Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety. Coaches and officials must present their registration cards in order to receive complimentary psych sheets and for admission to the hospitality room.

Attention Coaches and Swimmers, coolers and eating on deck are prohibited. Any person eating on deck will be required to leave the deck for the remainder of the meet. Coaches, please enforce these rules with your swimmers.

PROOF OF TIME: Any swimmer that cannot prove he/she was eligible to swim an event will be fined \$20 00 for each event he/she fails to prove. The fine or proof of time is sent to the Administrative Vice-Chairman, Herb Schwab. Swimmers are not eligible to swim an event if they have times faster than the cut-off. Once swimmers have qualified for a particular division in a particular event, PRIOR to the entry deadline stated in the meet invitation, they MAY NOT swim that event in a slower division. Swimmers entering events in a slower division are subject to disqualification from the meet by the Meet Director or the Referee. Swimmers shall be fined \$50.00 for each event in which they competed and are over qualified.

OFFICIALS: We encourage all certified USA Swim Officials and trainees to assist at this meet, especially for the preliminary sessions when two pools will be used. With this being a championship meet, officials should wear white shirts over navy blue slacks/skirts (no shorts or blue jeans) with white shoes for Friday and Preliminaries and should wear navy blue shirts over white slacks/skirts (no shorts) and white shoes for Finals.

MEET RESULTS: Meet results will be posted on the Gulf Swimming Web page within three days after the conclusion of the meet.

FOOD & SWIM SHOP:

Swim Shops of the Southwest will be at the meet with suits, etc. Concessions will be selling food and drinks to meet attendees. There will be a Hospitality Room for coaches and meet officials.

ATTACHMENTS:

Safety Guidelines & Warm-up Procedures
Order of Events
Official Entry Form
Map to the Don Cook Natatorium

SAFETY GUIDELINES AND WARM-UP PROCEDURES

WARM-UP PROCEDURES

- A **General Warm-Up** (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane)
- 1 **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool
Swimmers must enter the pool feet first cautiously
 - 2 **NO SPRINTING OR PACE WORK** allowed during this general warm-up session
- B **Specific Warm-Up** (Last portion [1 /2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
- 1 **RACING STARTS ONLY**, either from blocks or from backstroke starts
 - 2 Lanes are **ONE WAY ONLY**.

SAFETY GUIDELINES

- A **Swimmers Responsibilities**
- 1 All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B **Coaches Responsibilities**
- 1 Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
 - 2 Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
 - 3 Coaches shall actively supervise their swimmers throughout the warm-up session.
 - 4 Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
 - 5 Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C **Safety Marshals**
- 1 Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION/ AUTHORITY AS NECESSARY.**
- D. **Miscellaneous**
- 1 Swimmers should be reminded by coaches that breaststrokers need more lead time than freestyle or butterfly swimmers.
 - 2 Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. A swimmer will not step upon the blocks when a swimmer is waiting to start.
 - 3 Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - 4 Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods
 - 5 Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
 - 6 All diving boards and equipment are **OFF LIMITS**.
- E **Pool Rules**
- 1 Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
 2. Glass containers are prohibited
 - 3 Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the invitation.
 - 4 **ABSOLUTELY NO ICE CHESTS OR FOOD ALLOWED ON POOL DECK! ANY PERSON FOUND WITH FOOD ON THE POOL DECK WILL HAVE IT IMMEDIATELY CONFISCATED AND WILL BE REQUIRED TO LEAVE THE POOL DECK!**
 - 5 **No Taping** on Natatorium walls or painted surfaces. Team Banners must not exceed 5'X 8'.

**FCST Swimming Spring Championships
Meet Format and Entry Rules**

Entry Rules	
Type of Meet	Prelim/(A Finals for 13, A Finals for 14, A/B Finals for 15 & Over
Max # individual events per day	Three (3)
Swimmers eligible	Gulf Swimmers Only
Entry times in	SCY/LCM/SCM
Qualifying times	None
Cut-off times	13 & 14 TAGS 13, 14 Times 15 & Over Sectional Times
Enter with no time?	No
Gulf "three event" rule applies?	Does not apply
Gulf "up/down" rule applies?	Yes
Fees	Individual - \$4.50; Relays - \$8.00

Friday Feb 20th Spring Champs at the Don Cook Natatorium

Event # & Description	SCY Cut Off	LCM Cut Off	SCM Cut Off
Event 1 Girls 13 – 13 400 IM*	4:53.09	5:36.09	5:25.39
Girls 14 – 14 400 IM*	4:48.59	5:28.59	5:20.39
Event 2 Boys 13-13 400 IM*	4:53.09	5:33.79	5:25.39
Boys 14-14 400 IM*	4:38.79	5:18.89	5:11.09
Event 3 Girls 15 & Over 400 IM*	4:40.79	5:25.69	5:23.39
Event 4 Boys 15 & Over 400 IM*	4:24.19	5:01.69	4:53.79
Event 5 Girls 13-13 500 Free*	5:24.19	4:50.49	4:43.59
Girls 14-14 500 Free*	5:20.89	4:47.49	4:40.79
Event 6 Boys 13-13 500 Free*	5:21.59	4:48.19	4:38.69
Boys 14-14 500 Free*	5:06.89	4:36.59	4:27.49
Event 7 Girls 15 & Over 500 Free*	5:13.59	4:42.69	4:37.59
Event 8 Boys 15 & Over 500 Free*	4:54.39	4:25.49	4:17.29

13 – 13 and 14 – 14 events swum combined and scored separately. 13 & Over events swum combined and scored as 13, 14 and 15 & Over.

* The 400 IM/500 Free will be swum as timed finals with heats in the order of fastest to slowest.

Swimmers competing in the 400IM & 500 Freestyle events must provide their own timers and lap counters.

Saturday Feb 21st Spring Champs at the Don Cook Natatorium

Event # & Description	SCY Cut Off	LCM Cut Off	SCM Cut Off
Event 9 Girls 13 & Over 1000 Free**	-	-	-
13 – 13 Cutoff	11:18.09	9:56.19	9:52.19
14 – 14 Cutoff	10:55.99	9:48.49	9:33.89
15 & Over Cutoff	10:48.19	9:30.49	9:19.09
Event 10 Boys 13 & Over 1000 Free**	-	-	-
13 – 13 Cutoff	11:04.39	9:56.59	9:36.89
14 – 14 Cutoff	10:32.09	9:28.19	9:09.39
15 & Over Cutoff	10:09.09	9:00.99	8:43.19
Event 11 Girls 13-13 200 Fly	2:20.59	2:42.59	2:36.09
Girls 14-14 200 Fly	2:17.69	2:38.59	2:32.79
Event 12 Boys 13-13 200 Fly	2:19.69	2:38.79	2:35.09
Boys 14-14 200 Fly	2:12.19	2:32.49	2:26.79
Event 13 Girls 15 & Over 200 Fly	2:11.99	2:35.19	2:34.19
Event 14 Boys 15 & Over 200 Fly	2:02.79	2:21.19	2:20.59
Event 15 Girls 13-13 50 Free	25.89	29.69	28.79
Girls 14-14 50 Free	25.69	29.09	28.49
Event 16 Boys 13-13 50 Free	25.09	28.69	27.69
Boys 14-14 50 Free	24.09	27.79	26.79
Event 17 Girls 15&O 50 Free	25.19	28.69	28.39
Event 18 Boys 15&O 50 Free	22.49	25.59	25.09
Event 19 Girls 13-13 200 Back	2:17.09	2:39.29	2:32.19
Girls 14-14 200 Back	2:16.49	2:37.09	2:31.49
Event 20 Boys 13-13 200 Back	2:14.89	2:36.59	2:29.79
Boys 14-14 200 Back	2:10.29	2:31.29	2:25.39
Event 21 Girls 15&O 200 Back	2:11.19	2:33.19	2:32.69
Event 22 Boys 15&O 200 Back	2:02.39	2:21.59	2:19.79
Event 23 Girls 13-13 100 Breast	1:12.49	1:24.29	1:20.49
Girls 14-14 100 Breast	1:11.69	1:23.19	1:19.59
Event 24 Boys 13-13 100 Breast	1:12.09	1:21.29	1:18.44
Boys 14-14 100 Breast	1:07.99	1:20.19	1:15.49
Event 25 Girls 15&O 100 Breast	1:09.99	1:20.89	1:18.99
Event 26 Boys 15&O 100 Breast	1:03.79	1:12.69	1:11.39
Event 27 Girls 13-13 200 Free	2:01.59	2:18.59	2:14.99
Girls 14-14 200 Free	1:59.29	2:15.99	2:12.39
Event 28 Boys 13-13 200 Free	1:59.09	2:16.69	2:12.19
Boys 14-14 200 Free	1:54.99	2:10.79	2:07.79
Event 29 Girls 15&O 200 Free	1:56.49	2:13.39	2:11.99
Event 30 Boys 15&O 200 Free	1:47.49	2:02.89	2:01.89
Event 31 Girls 13-14 400 Medley Relay	-	-	-
Event 32 Boys 13-14 400 Medley Relay	-	-	-
Event 33 Girls 15&O 400 Medley Relay	-	-	-
Event 34 Boys 15&O 400 Medley Relay	-	-	-

13-13 and 14-14 Events swim combined and scored separately. 13 & Over Events swum combined and scored as 13, 14 and 15 & Over.

** For the 1000 Freestyle check-in, swimmers may elect to swim the event during prelims. The fastest 8 girls and the fastest 8 boys who check-in for each event, and who do not elect to swim in prelims, will swim as the first event during finals. All other heats of the 1000 free will swim fastest to slowest **after the relay events**.

All relays swim in prelims

Swimmers competing in the 1000 Freestyle events must provide their own timers and lap counters.

Sunday Feb. 22nd Spring Champs at the Don Cook Natatorium

Event # & Description	SCY Cut Off	LCM Cut Off	SCM Cut Off
Event 35 Girls 13 & Over 1650 Free**	-	-	-
13 – 13 Cutoff	18:45.59	19:21.19	18:42.19
14 – 14 Cutoff	18:23.99	18:55.69	18:20.69
15 & Over Cutoff	18:21.59	18:23.29	18:01.49
Event 36 Boys 13 & Over 1650 Free**	-	-	-
13 – 13 Cutoff	18:57.49	19:15.89	19:04.29
14 – 14 Cutoff	17:38.09	18:14.69	17:34.89
15 & Over Cutoff	17:13.59	17:05.59	16:32.19
Event 37 Girls 13-13 100 Back	1:03.99	1:14.89	1:11.09
Girls 14-14 100 Back	1:03.09	1:13.99	1:10.09
Event 38 Boys 13-13 100 Back	1:02.59	1:13.49	1:09.49
Boys 14-14 100 Back	1:00.19	1:09.99	1:06.79
Event 39 Girls 15&O 100 Back	1:01.29	1:11.69	1:11.09
Event 40 Boys 15&O 100 Back	56.39	1:05.29	1:04.59
Event 41 Girls 13-13 200 Breast	2:35.89	3:00.49	2:53.09
Girls 14-14 200 Breast	2:35.19	2:57.79	2:52.69
Event 42 Boys 13-13 200 Breast	2:36.29	3:01.09	2:54.29
Boys 14-14 200 Breast	2:28.49	2:51.69	2:46.79
Event 43 Girls 15&O 200 Breast	2:29.99	2:54.79	2:51.69
Event 44 Boys 15&O 200 Breast	2:20.89	2:40.59	2:35.09
Event 45 Girls 13-13 100 Free	56.19	1:04.09	1:02.39
Girls 14-14 100 Free	55.49	1:02.89	1:01.59
Event 46 Boys 13-13 100 Free	54.59	1:02.39	1:00.59
Boys 14-14 100 Free	52.39	1:00.29	58.19
Event 47 Girls 15&O 100 Free	54.09	1:01.69	1:00.59
Event 48 Boys 15&O 100 Free	48.99	55.69	55.19
Event 49 Girls 13-13 200 IM	2:17.39	2:38.29	2:32.49
Girls 14-14 200 IM	2:16.19	2:35.39	2:31.99
Event 50 Boys 13-13 200 IM	2:16.19	2:36.49	2:31.19
Boys 14-14 200 IM	2:10.59	2:29.99	2:24.79
Event 51 Girls 15&O 200 IM	2:12.09	2:32.89	2:31.49
Event 52 Boys 15&O 200 IM	2:02.29	2:21.19	2:17.99
Event 53 Girls 13-13 100 Fly	1:02.89	1:12.19	1:09.79
Girls 14-14 100 Fly	1:01.69	1:10.69	1:08.49
Event 54 Boys 13-13 100 Fly	1:02.19	1:10.99	1:08.99
Boys 14-14 100 Fly	58.79	1:06.69	1:05.29
Event 55 Girls 15&O 100 Fly	59.59	1:08.09	1:07.99
Event 56 Boys 15&O 100 Fly	54.19	1:01.09	1:01.09
Event 57 Girls 13-14 400 Free Relay	-	-	-
Event 58 Boys 13-14 400 Free Relay	-	-	-
Event 59 Girls 15&O 400 Free Relay	-	-	-
Event 60 Boys 15&O 400 Free Relay	-	-	-

13-13 and 14-14 Events swim combined and scored separately. 13 & Over Events swum combined and scored as 13, 14 and 15 & Over.

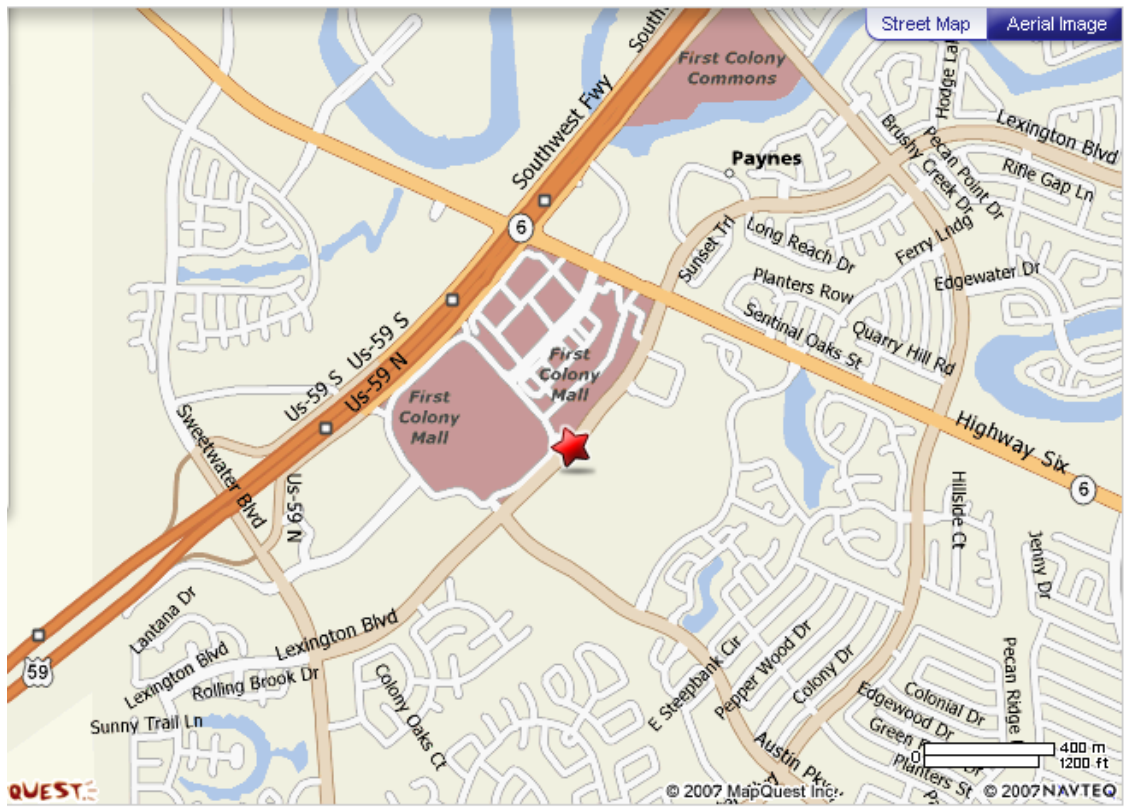
** For the 1650 Freestyle check-in, swimmers may elect to swim the event during prelims. The fastest 8 girls and the fastest 8 boys who check-in for each event, and who do not elect to swim in prelims, will swim as the first event during finals. All other heats of the 1650 free will swim fastest to slowest **after the relay events**.

All relays swim in prelims

Swimmers competing in the 1650 Freestyle events must provide their own timers and lap counters.

Directions: Don Cook Natatorium is located 4 blocks west of the intersection of Lexington Blvd and Highway 6. It is behind the First Colony Mall and the Aerodrome skating rink.

MAP



AREA HOTELS

Comfort Suites, 4820 Techniplex, Stafford, Tx 77477, 281 565-5566
Courtyard by Marriott, 12655 Southwest Freeway, Stafford Tx 77477, 281 491-7700
Drury Inn & Suite, 13770 Southwest Freeway, Sugar Land Tx 77478, 281 277-9700
Hampton Inn, 4714 Techniplex, Stafford, Tx 77477, 281 565-0559
La Quinta Inn, 12727 Southwest Freeway, Stafford, Tx 77477, 281 240-2300
Holiday Inn Express, 14444 Southwest Freeway, Sugar Land, Tx 77475, 281 565-6655
Marriott Sugar Land Town Square, 16090 City Walk, Sugar Land, Tx 77479, 281 275-8400