



**11 & Over Open Meet
October 11-12, 2008
Warm Up Assignments**

Saturday & Sunday

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
7:15-7:45	FCST	FCST	FCST	FCST	FCST	FCST	FCST	FCST	FCST	FCST
7:45-8:15	AQUA	AQUA	HSC	HSC	HSC	HSC	HSC/SPA	SPA	SPA	SPA
8:15-8:45	PEAK	PEAK	PEAK/COOG	COOG	KATY	KATY	KATY	KATY	KATY	KATY

*Lanes 11-12 will be open for warm up for all 3 sessions.

Timing Assignments

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
KATY	KATY	KATY/AQUA	PEAK	HSC	HSC	SPA/COOG	SPA

Pool Location: Lamar Consolidated Independent School District Natatorium
5021 Airport Road
Rosenberg, TX. 77471

Directions: Take Highway 59 South to exit for 2218, take a right on 2218, take a left on Airport, and the Natatorium is on the right approximately 1/2 mile from 2218.

This is an outdoor pool. Families are reminded to bring chairs, sunscreen, and potential rain gear.

This meet will use the "flyover start" procedure. Swimmers are asked to remain in the water at the completion of their race until the next heat has started.