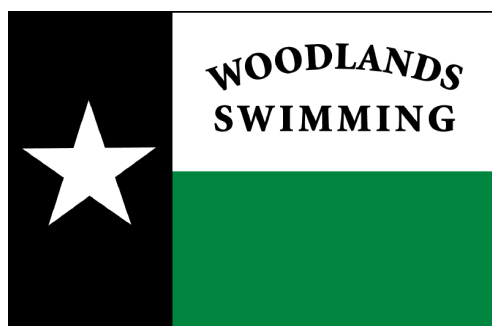


11-14 Elite and 15&O Open Meet

A LONG COURSE METERS TIMED FINALS MEET

Hosted By
THE WOODLANDS SWIM TEAM
May 14-16, 2010
Sanction No. GULC 10-008



CISD Natatorium
19133 David Memorial Drive
Shenandoah, Texas 77385

Warm-up and Timer Lane Assignments

Referee: Claude Humbert
Meet Directors: Jay Knaebel
Safety Marshal: Jon Sonka
Entries Director: Scott Darling



11-14 Elite and 15&O Open Meet A LONG COURSE METERS TIMED FINALS MEET

Hosted By

THE WOODLANDS SWIM TEAM

May 14-16, 2010

Sanction No. GULC 10-008



LOCATION: CISD Natatorium, 19133 David Memorial Drive, Shenandoah, Texas 77385

DIRECTIONS: From I45 North exit Research Forest, From I45 South exit Tamina. At the intersection of I45 and Research Forest/Tamina, turn East onto Tamina road and travel to first stop light. At the stop light turn left onto David Memorial, the Natatorium will be on your right.

MEET FORMAT: This meet is a timed finals event. Saturday and Sunday sessions are split with 15 & Over swimming in the morning sessions and the 11-14 swimmers swimming in the afternoon sessions. Friday evening will be a combined session. 11-14 Elite meet swimmers must have at least three (3) "A" times achieved prior to May 6, 2010. 15 & Over swimmers have Sectional Standard cut-off times.

TIME & DATE:

Session	Ages	Warm-ups	Session Start
Friday May 14	11 & Over	4:00 PM open warm-up	5:30 PM
Saturday May 15	15 & Over	7:30 – 8:45 AM	9:00 AM
Saturday May 15	11-14	12:00 – 12:45 PM*	1:00 PM*
Sunday May 16	15& Over	7:30 – 8:45 AM	9:00 AM
Sunday May 16	11-14	12:00 – 12:45 PM*	1:00 PM*

* **IMPORTANT NOTE REGARDING SATURDAY AND SUNDAY AFTERNOON SESSION START TIMES:** If the morning session runs past 12:00 pm, warm-ups for the afternoon session will begin immediately upon the completion of the morning session and the afternoon session competition will commence one (1) hour after the completion of the morning session or 1:00 pm, whichever is later.

CHASE STARTS: This meet will be conducted utilizing chase starts with the girls starting from the WEST end of the pool and the boys starting from the EAST end of the pool in an alternating fashion for the following sessions: Friday, Sat PM, and Sun PM. Sat AM and Sun AM sessions will start from the WEST end only. All 50's and relay events will start at the WEST end of the pool.

Warm-up Schedule and Lane Assignments:

Friday: 4:00-5:15PM Open Warmup

Saturday and Sunday 15&O AM Sessions: 7:30–8:45 AM Open Warm-up

Saturday and Sunday 11-14 PM Sessions: 12:00 – 12:45PM (see note on first page)

Saturday Afternoon Warm-up Lane Assignments

	<u>Lane 1</u>	<u>Lane 2</u>	<u>Lane 3</u>	<u>Lane 4</u>	<u>Lane 5</u>	<u>Lane 6</u>	<u>Lane 7</u>	<u>Lane 8</u>
1st Warm-up 12:00-12:20PM	FCST	FCST	FCST	TWST	TWST	CFSC	CFSC	All others
2nd Warm-up 12:25-12:45PM	KATY	PEAK	BTA	HCAP	SPA	MAC	LSST	AGS

Sunday Afternoon Warm-up Lane Assignments

	<u>Lane 1</u>	<u>Lane 2</u>	<u>Lane 3</u>	<u>Lane 4</u>	<u>Lane 5</u>	<u>Lane 6</u>	<u>Lane 7</u>	<u>Lane 8</u>
1st Warm-up 12:00-12:20PM	KATY	PEAK	BTA	HCAP	SPA	MAC	LSST	AGS
2nd Warm-up 12:25-12:45PM	FCST	FCST	FCST	TWST	TWST	CFSC	CFSC	AGS

Lane Timer Assignments:

Friday Session (200 IM Only, 400 Free swimmers must provide 2 timers):

	<u>Lane 1</u>	<u>Lane 2</u>	<u>Lane 3</u>	<u>Lane 4</u>	<u>Lane 5</u>	<u>Lane 6</u>	<u>Lane 7</u>	<u>Lane 8</u>
Boys End	CFSC	CFSC	TWST	FCST	KATY	BTA	MAC	AGS
	CFSC	TWST	TWST	FCST	KATY	ESA	PACK	AGS
Girls End	CFSC	TWST	WHAT	FCST	AGS	BTA	PEAK	LSST
	CFSC	TWST	SPA	FCST	KATY	ESA	DADS	HSC

Saturday and Sunday 15&O Morning Sessions (both sessions will be run from one end only):

<u>Lane 1</u>	<u>Lane 2</u>	<u>Lane 3</u>	<u>Lane 4</u>	<u>Lane 5</u>	<u>Lane 6</u>	<u>Lane 7</u>	<u>Lane 8</u>
HSC	HSC	CFSC	AGS	HCAP	AQUA	COOG	FCST
HSC	CFSC	CFSC	AGS	MAC	KATY	BTA	PEAK

Saturday and Sunday 11-14 Afternoon Sessions:

	<u>Lane 1</u>	<u>Lane 2</u>	<u>Lane 3</u>	<u>Lane 4</u>	<u>Lane 5</u>	<u>Lane 6</u>	<u>Lane 7</u>	<u>Lane 8</u>
Boys End	FCST	TWST	CFSC	KATY	AGS	PAC	HSC	PEAK
	FCST	TWST	CFSC	KATY	BTA	DADS	ESA	LSST
Girls End	FCST	TWST	CFSC	SPA	AGS	PAC	HSC	PEAK
	FCST	TWST	KATY	WHAT	BTA	DADS	ESA	MAC