



**Aggieland April Open – Gulf Group A**  
**Entries due by 6:00 PM, Monday April 12, 2010**

**HOSTED BY**  
**Aggie Swim Club**

**Long Course Meters - Timed Finals**  
**April 23-25, 2010**  
**SANCTION #GUSC 10-001**



**LOCATION:** Texas A&M University  
Student Recreation Center Natatorium  
Olsen Boulevard  
College Station, TX 77843

For more information about the TAMU Student Recreation Center Natatorium, visit:  
<http://recsports.tamu.edu/>

**LOCAL INFORMATION:**

**Airports and directions:** See attachment and map

**Parking:** Rates for the parking garage across from the Rec Center are \$2/hour for the first three hours, then 50¢ for each additional hour. Maximum fee is \$15. Parking is free on the surface lots of the TAMU campus after 5:30 p.m. on Friday (except where noted).

**SPONSORING HOTELS:** Hampton Inn (\$109/h), Super 8 (\$85/h). See attachment.

**COACHES:**

Shannon Clark	Age Group Coach
Ryan Goodwyn	Age Group Coach
Stephen Weber	Senior Coach
Glenn Williams	Age Group Coach

**POOLS:** One eight lane, 50 meter indoor pool with non-turbulent lane lines will be used for warm-up and competition. A separate eight lane 25 meter diving well will be available for warm-up and warm-down.

**TIME AND DATE:** Open timed finals long course meters meet. **This meet will be run utilizing chase starts.** Girls and boys will swim alternating heats with the girls starting from the diving well end and the boys starting from the scoreboard end. **All 50 meter events will start from the scoreboard end of the pool.**

**This is a split session meet on Saturday and Sunday; 13 & over swimmers compete in the morning sessions, 12 & under swimmers compete in the afternoon sessions.**

Friday: warm-up at 4:00 p.m., meet starts at 5:30 p.m.

Saturday and Sunday:

Morning Sessions: warm-up at 8:15 a.m., meet starts at 9:45 a.m.

Afternoon Sessions: warm-up at 12:45 p.m., meet starts at 1:45 p.m.

Notes: **The Rec Center opens at 8:00 a.m.** Split warm-ups will be in effect. Lane assignments for warm-ups and timing will be designated in the psych sheet and posted on the Gulf Swimming web site by Wednesday, April 21, 2010.

**If the morning session runs past 12:45 pm;** warm-ups for the afternoon warm-ups will begin immediately upon the completion of the morning session and the afternoon session competition will commence one (1) hour after the completion of

- MEET REFEREE:** the morning session or 1:45 p.m., whichever is later.  
Herb Schwab, email: [herb.schwab@gmail.com](mailto:herb.schwab@gmail.com)
- MEET DIRECTORS:** Henry Clark, 979-220-2703, email: [clark@comp.tamu.edu](mailto:clark@comp.tamu.edu)  
Matt Wagner, 936-661-3733, email: [irondad7@hotmail.com](mailto:irondad7@hotmail.com)
- SAFETY MARSHAL:** Jeremy Romoser
- SAFETY GUIDELINES AND WARM-UP PROCEDURES:** See attached Safety Guidelines and Warm-up Procedures.
- SEEDING:** The meet will be a deck-seeded meet. Coaches please inform your swimmers of seeding on deck rules.
- CHECK-IN:** Swimmers are required to circle-in at least 45 minutes before their event. After the events are officially closed, no one may check in or scratch. After circling in, failure to appear at the starting blocks will result in the swimmer being assessed a \$5.00 fine, payable to Gulf Swimming Administrative Vice-Chairman, Henry Clark, for each event in which he/she fails to appear. There are no relay events at this meet.
- ON-DECK ENTRIES:** Late entries will be accepted each day up to 30 minutes before the start of the meet. Those swimmers missing the 6:00 p.m. Monday, April 12, 2010 deadline may enter the meet on deck in the following manner:
1. Swimmers must pay double the entry fee at the time of entry.
  2. Swimmers must supply completed entry forms entered at the swimmers' best times. The swimmers will be seeded into the events according to their best times.
  3. Swimmers must enter all events for the day thirty (30) minutes prior to the start of the day's first event.
  4. Swimmers must be qualified to swim the event entered.
  5. Swimmers must not exceed the allotted number of events allowed each day.
  6. Swimmers who on-deck to change an entry time in an event already entered must circle-in on the posted circle-in sheets. The new time will be used for seeding. The on-deck entry fees still apply to these swimmers.

**ENTRY INFORMATION:**

**Entry Times:** Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert *meter (yard)* times to *yard (meter)* times. If entries are made by paper (not using Hy-Tek), swimmers should indicate on their entry the course at which the entry time was made (i.e., Y, S, or L). If swimmers have never competed in a USA Swimming meet before, put NT where a seed time is requested.

**Cut-off Times:** No cut-off times.

**Qualifying Times:** No qualifying times. This is an open meet.

**Age:** As of April 23, 2010.

**Number of Events:** Swimmers may compete in up to 3 individual events per day.

**Deadline:** Entries must be in the hands of the Meet Entry Chairman no later than **6:00 p.m. on Monday, April 12, 2010**. No late entries will be accepted. Do not send entries via Federal Express, etc., that require a signature; if you must send your entries by express mail, please indicate that a signature is NOT required. Mail or

hand deliver entries to the Meet Entry Chair at:

Shannon Clark  
9465 Barrow Court  
College Station, TX 77845

Phone: 979-776-1155  
email: [clark@comp.tamu.edu](mailto:clark@comp.tamu.edu)

**Entries:** All teams entering 10 or more swimmers MUST submit their entries on a diskette or electronically via e-mail, using the Hy-Tek Meet Manager/Team Manager computer software, along with a hard copy printout of the entries. Teams without Hy-Tek should submit their entries on the enclosed Entry Form. A \$25.00 fee must be included with the entry fees for teams that enter 10 or more swimmers using an entry form only (without sending Hy-Tek files).

Teams may electronically mail their Meet Manager files. Payments for the electronic entries and a hard copy print-out of the entries must be submitted or postmarked no later than 24 hours after the entry deadline as stated in the Meet Invitation.

**Eligible Teams and swimmers:** AGS, ALAC, AQUA, BBSC, BRAZ, CFSC, CSC, ETEX, KATY, LSST, MAC, NCAT, OWLS, PACK, RICE, TAMU, TTST, TWST

**Fees:** \$6.50 per Individual Event and \$5 per swimmer facility surcharge fee. Make checks payable to **Aggie Swim Club**. Entry fees must accompany entries, if delivered by any method other than email.

**AWARDS:** Individual events: ribbons 1<sup>st</sup> - 8<sup>th</sup> place

**SCORING:** Individual Events: 9-7-6-5-4-3-2-1

**13&Over Events** will be scored separately for 13-14 and 15&Over.

**400 IM and 400 FREE:** The 400 I.M. and 400 Freestyle events will be swum fastest to slowest.

**RULES AND SANCTIONS:** The 2009-10 USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. No entries can be accepted unless the entrant is either registered or certified by USA Swimming. The Gulf Swimming up/down rule three event rule do not apply. Gulf Zone B teams are not eligible to swim at this meet.

**POOL MEASUREMENT:** The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Course measurements will be verified each session in accordance with Gulf Swimming Rules. 202.3.6 The water depth of the competition course is 7 feet measured from 1 meter to 5 meters on the starting end of the course, and 7 feet measured from 1 meter to 5 meters on the turning end of the course.

**TIMING SYSTEM:** A Daktronics Model 2000 electronic timing system with electronic scoreboard will be used. Two watches per lane will be used as a back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be published in the psych sheet. Swimmers in the 10 & Under, 11-12 & 13 & Over 400 Free must provide 2 timers.

**POOL DECK RESTRICTION:** Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered

personnel, please do so. It is for your safety.

Coaches and Officials must present their membership cards in order to receive complimentary Psych Sheets and for admission to the Hospitality Room.

**PROOF OF TIME:** Any swimmer that cannot prove that he/she was eligible to swim an event will be fined \$20.00 for each event he/she fails to prove. The fine or proof of time is sent to the Administrative Vice-Chairman, Henry Clark.

**SWIMMERS WITH DISABILITIES:** Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

**CONCESSIONS:** Concessions will be available behind the spectator seating area.

**HOSPITALITY:** A hospitality room will be available.

**MERCHANDISE:** Swim Shops of the Southwest will be at the meet selling swim apparel and gear.

**MEET RESULTS:** Meet results will be posted on the Gulf Swimming Web Page ([www.gulfswimming.org](http://www.gulfswimming.org)), within three days after the conclusion of the meet.

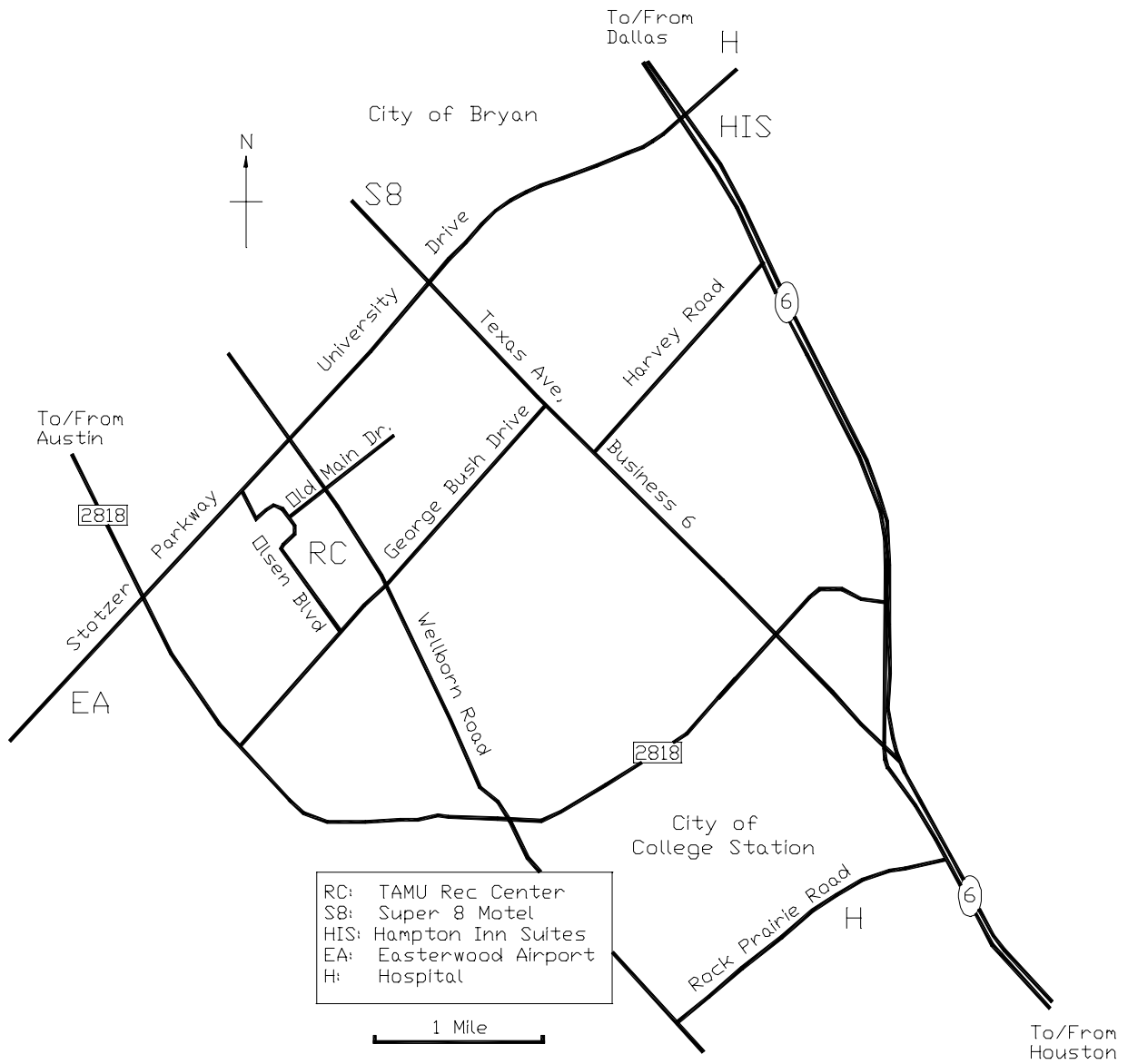
**TEXAS A&M UNIVERSITY STUDENT RECREATION CENTER NATATORIUM RULES:**

- Participants and spectators are not allowed to use other areas of the Student Recreation Center Complex during this event.
- Swimming is allowed only when the area is supervised.
- NO glass containers, tobacco, or alcoholic beverages are allowed within the natatorium area.
- Only participants, coaches, event administrators, and event volunteers are allowed on the pool deck. All spectators and parents must remain in the grandstand.
- Participants are not allowed to climb over the grandstand railings or pass any posted barriers.
- Don't hang on the lane lines.
- There will be **NO SHAVING** within the Student Recreational Complex. All shaving should be completed prior to arrival at the natatorium. Safety marshals will be monitoring the locker rooms and restrooms to enforce this policy.
- Safety rules will be enforced during warm-ups before each event session and in the diving well during the meet. The diving well is a warm-up area. Recreational swimming is prohibited.
- Diving Boards will be closed and off-limits to all competitors and spectators.
- Please be neat. Throw your trash in the trash containers.
- **NO LAWN CHAIRS** are allowed in the facility.
- The Texas A&M Recreational Sports staff has final authority on all safety matters and reserves the right to remove anyone for behavior that is deemed unsafe or inappropriate.
- Blocking or restricting fire lanes or emergency exits, and the use of emergency exits for non-emergencies is prohibited. Team Banners must not exceed 5'X 8' and will be hung by event staff. No handmade signs are allowed in the facility.
- No pets allowed in the Rec Center complex or on the pool deck.

**SPONSORING HOTELS:** Reservations at sponsoring hotels must be made by cut off dates shown below. For additional hotel information, contact the Bryan-College Station Convention and Visitors Bureau at (979) 260-9898 or visit their website at <http://visitaggieland.com/>

Hampton Inn & Suites Hotel  
925 Earl Rudder Freeway South, CS  
Phone: 979-694-2100  
Rate: \$109/night  
Group name: Gulf Swim Meet  
Reservation cut-off date: 4/2/2010

Super 8 Motel  
301 Texas Ave, CS  
Phone: 979-846-8800  
Rate: \$74/night  
Group name: Gulf Swim Meet  
Reservation cut-off date: 3/24/2010



**Aggieland April Open**  
**Hosted by Aggie Swim Club – Group A**

<b>Entry Rules:</b>	
Type of meet	Timed Finals
Max # individual events per day	Three(3)
Swimmers eligible	Group A
Entry times in	LCM, SCM, SCY
Qualifying times	None
Cut-off times	None
Enter with no time?	Yes
Gulf “three event rule” applies?	Does not apply
Gulf “up/down rule” applies?	Does not apply
Fees	Individual – \$6.50 Facility Surcharge – \$5.00 per swimmer

**Friday PM 11 & Over**

Girls Event#	Event Name	Boys Event#
1	13 & Over 400 I.M.*	2
3	11-12 200 I.M.	4
5	13 & Over 400 Free*	6
7	11-12 400 Free*	8

**Saturday AM 13 & Over**

Girls Event#	Event Name	Boys Event#
9	15 & Over 100 Back	10
11	13-14 100 Back	12
13	15 & Over 200 Breast	14
15	13-14 200 Breast	16
17	15 & Over 100 Free	18
19	13-14 100 Free	20
21	15 & Over 100 Fly	22
23	13-14 100 Fly	24
25	15 & Over 200 I.M.	26
27	13-14 200 I.M.	28

**Sunday AM 13 & Over**

Girls Event#	Event Name	Boys Event#
51	15 & Over 100 Breast	52
53	13-14 100 Breast	54
55	15 & Over 50 Free	56
57	13-14 50 Free	58
59	15 & Over 200 Fly	60
61	13-14 200 Fly	62
63	15 & Over 200 Back	64
65	13-14 200 Back	66
67	15 & Over 200 Free	68
69	13-14 200 Free	70

**Saturday PM 12 & Under**

Girls Event#	Event Name	Boys Event#
29	11-12 200 Back	30
31	10 & Under 100 Back	32
33	11-12 50 Breast	34
35	10 & Under 50 Breast	36
37	11-12 100 Free	38
39	10 & Under 100 Free	40
41	11-12 50 Fly	42
43	10 & Under 50 Fly	44
45	11-12 200 Fly	46
47	10 & Under 200 I.M.	48
49	11-12 100 Back	50

**Sunday PM 12 & Under**

Girls Event#	Event Name	Boys Event#
71	11-12 200 Breast	72
73	10 & Under 100 Breast	74
75	11-12 50 Free	76
77	10 & Under 50 Free	78
79	11-12 100 Fly	80
81	10 & Under 100 Fly	82
83	11-12 50 Back	84
85	10 & Under 50 Back	86
87	11-12 200 Free	88
89	10 & Under 200 Free	90
91	11-12 100 Breast	92
93	10 & Under 400 Free*	94

\* The 400 I.M. and 400 Freestyle Events will be swum fastest to slowest, alternating girls and boys heats. Swimmers in the 10 & U, 11-12 and 13 & Over 400 Freestyle Events must provide their own timers. 13 & Over Events will be scored separately for 13-14 and 15 & Over.

SAFETY GUIDELINES AND WARM-UP PROCEDURES  
APPENDIX G

**WARM-UP PROCEDURES**

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
  - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
  - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
  - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
  - 2. Lanes are **ONE WAY ONLY**.

**SAFETY GUIDELINES**

- A. Swimmers Responsibilities
  - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
  - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
  - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
  - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
  - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
  - 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
  - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
  - 1. Swimmers should be reminded by coaches that breaststrokes need more lead time than freestyle or butterfly swimmers.
  - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
  - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
  - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
  - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
  - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
  - 1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
  - 2. Glass containers are prohibited.
  - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the invitation.



**ENTRY VERIFICATION FORM**

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

\_\_\_\_\_  
Team Name

\_\_\_\_\_  
Signature

\_\_\_\_\_ Title Date

**COACHES' INFORMATION FORM**

Please list below the information for each attending coach.

\_\_\_\_\_  
Name USA number

\_\_\_\_\_  
Name USA number

\_\_\_\_\_  
Name USA number

\_\_\_\_\_  
Name USA number

\_\_\_\_\_  
Name USA number

\_\_\_\_\_  
Name USA number