

**Gulf Swimming  
2009 Southern Zone Team  
Coach Application  
July 27- August 2, 2009**

Gulf Swimming is looking for energetic coaches for the 2009 Gulf Zone Coaching Staff. We will be sending 48 swimmers ages 11-18 to Orlando for the 2009 Southern Zone Championships.

If you are interested in volunteering for the Gulf Zone Staff, please complete the following form and return it to Emily Milak by **May 31<sup>st</sup>**.

Name: \_\_\_\_\_ E-mail: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Shirt Size: \_\_\_\_\_

Team: \_\_\_\_\_ Position: \_\_\_\_\_

Please list any experience you have had with team travel, LSC travel, or camps.

Please list one reference **NOT** from your club.

Name	Club	Telephone
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Please rank your coaching preference with 1 being the highest.

11-12 Girls _____	11-12 Boys _____	13-14 Girls _____
13-14 Boys _____	Senior Girls _____	Senior Boys _____

\_\_\_\_\_ **Please check here if you are interested in being considered for the manager position.**

**Mail Application To:**

Emily Milak  
5230 Sweet Orchard Court  
Kingwood, TX 77345

**Inquiries:**

[EmilyMilak@hotmail.com](mailto:EmilyMilak@hotmail.com)