

**\*\*\*\*\*FRIDAY PARKING IS FREE IN LOTS 20 A & C after 4:00 PM\*\*\*\*\***

**UNIVERSITY OF HOUSTON WOMEN'S SWIM TEAM**

**April 17-19, 2009 Open meet  
Warm up and timing schedule**

**\*\*\* ALL 50 METER EVENTS WILL START AT THE DIVING END OF THE POOL \*\*\***

Friday evening: Women's end Lobby      Men's end Diving  
Saturday: Women's end Diving      Men's end Lobby  
Sunday: Women's end Lobby      Men's end Diving

**FRIDAY WARM UP SCHEDULE**

**GENERAL WARM UPS 5:00 PM--6:15 PM**

**\*\*\*\*MEET STARTS at 6:30 PM \*\*\*\***

**TIMING ASSIGNMENTS**

**\*\*\*Swimmers in the 11-12 400 Free and the 13 & over 400 Free & 400 IM most provide their own timers.**

**FRIDAY**

**\*\*WOMENS END LOBBY END \*\* 2 CHAIRS**

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
HSC	AGS	AQUA	HCAP	TYES	PEAK	SPA	ESA

**\*\*MENS END DIVING WELL END \*\* 2 CHAIRS**

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
HSC	TWST	AQUA	LSST	SCAT	PEAK	SPA	ESA

**Saturday and Sunday Morning Session Warm up Schedules**

**REVERSE WARM UP SCHEDULE FOR SUNDAY.  
SATURDAY'S SECOND WARM UP GROUP IS FIRST ON SUNDAY.  
SATURDAY'S FIRST WARM UP GROUP IS SECOND ON SUNDAY**

**\*\*\*\*FIRST WARM UP 7:30 AM to 8:05 AM \*\*\*\***

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
COOG UH UNAT	COOG UH UNAT	HCAP SCAT	HCAP	HSC	HSC PEAK	ESA	LSST GIST

**\*\*\*\*SECOND WARM UP 8:10 AM -8:45 A.M \*\*\*\***

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
FCST	FCST NEHA	AQUA	AQUA	TYES	AGS	TWST	SPA

## TIMING ASSIGNMENTS SATURDAY and SUNDAY MORNING SESSIONS

### DIVING WELL END 2 CHAIRS

<b>LANE 1</b>	<b>LANE 2</b>	<b>LANE 3</b>	<b>LANE 4</b>	<b>LANE 5</b>	<b>LANE 6</b>	<b>LANE 7</b>	<b>LANE 8</b>
HSC	HSC	TYES	SPA	ESA	PEAK NEHA	FCST	FCST

### LOBBY END 2 CHAIRS

<b>LANE 1</b>	<b>LANE 2</b>	<b>LANE 3</b>	<b>LANE 4</b>	<b>LANE 5</b>	<b>LANE 6</b>	<b>LANE 7</b>	<b>LANE 8</b>
HCAP	HCAP	AGS	SPA SCAT TYES	TWST	AQUA	AQUA	LSST

## SATURDAY AND SUNDAY AFTERNOON SESSIONS

**If the morning session runs past 12:00 noon; warm-ups for the afternoon warm-ups will begin immediately upon the completion of the morning session and the afternoon session competition will commence one (1) hour after the completion of the morning session or 1:00 p.m., whichever is later.**

\*\*\*\*Sat & Sun afternoon session swimmers will be allowed on deck at the start of the final heat of the morning session.

### SATURDAY & SUNDAY AFTERNOON WARM UP TIMES

\*\*\*\*FIRST GROUP 12:00 PM to 12:25 PM \*\*\*\*

\*\*\*\*SECOND GROUP 12:25 PM to 12:55 P.M\*\*\*\*

REVERSE WARM UP SCHEDULE FOR SUNDAY.

SATURDAY'S SECOND WARM UP GROUP IS FIRST ON SUNDAY.

SATURDAY'S FIRST WARM UP GROUP IS SECOND ON SUNDAY

### SATURDAY AND SUNDAY AFTERNOON WARM UP SCHEDULE

\*\*\*\*FIRST GROUP 12:00 PM to 12:25 PM \*\*\*\*

<b>LANE 1</b>	<b>LANE 2</b>	<b>LANE 3</b>	<b>LANE 4</b>	<b>LANE 5</b>	<b>LANE 6</b>	<b>LANE 7</b>	<b>LANE 8</b>
COOG UNAT GIST	AQUA	AQUA LSST	ESA TYES	ESA	HSC	HSC SCAT	SPA SCAT

\*\*\*\*SECOND GROUP 12:25 PM to 12:55 P.M \*\*\*\*

<b>LANE 1</b>	<b>LANE 2</b>	<b>LANE 3</b>	<b>LANE 4</b>	<b>LANE 5</b>	<b>LANE 6</b>	<b>LANE 7</b>	<b>LANE 8</b>
FCST	FCST GIST	TWST	TWST	HCAP	HCAP NEHA	PEAK	AGS

## Saturday and Sunday Afternoon Sessions TIMING ASSIGNMENTS

### DIVING WELL END 2 CHAIRS

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
FCST	FCST	AQUA	AQUA	HSC	HSC	PEAK	AGS

### LOBBY END 2 CHAIRS

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
TWST	TWST	ESA	ESA	HCAP	HCAP	SPA	SCAT

Each team is responsible for providing timers. In order to keep the meet running smoothly we ask that the teams assigned to each lane schedule and maintain timers in their lanes throughout the entire meet. **Teams not listed for timing should be available to help out with timing as needed.**