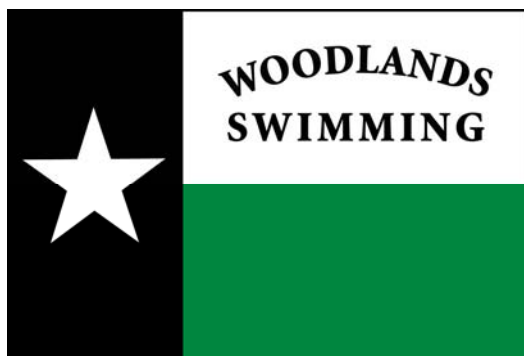


**TEXAS SENIOR CIRCUIT  
MEET #4  
A LONG COURSE METER PRELIM - FINALS MEET**

June 26 -28, 2009  
Sanction No. GULC 09-017

*HOSTED BY*



**CISD NATATORIUM  
19133 DAVID MEMORIAL DRIVE  
SHENANDOAH, TX 77385**

**MEET TIMELINE**

**Meet Referees: John Leneave & Claude Humbert  
Meet Directors: Eric Amundsen & Mike Manning & Jay Knaebel  
Meet Entries Director: Scott Meyers**

**Safety Marshall: Heidi Allan**

**TWST Sr Circuit #4 - 6/26/2009 to 6/28/2009**  
**Hosted by The Woodlands Swim Team**  
**Sanction #GULC 09-017**  
**Session Report**

Session: 1 Friday Afternoon - Timed Finals  
 Day of Meet: 1 Starts at 04:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	1 Women Senior 50 Backstroke	12	2	04:00 PM
Finals	2 Men Senior 50 Backstroke	12	2	04:04 PM
Finals	3 Women Senior 50 Butterfly	33	5	04:07 PM
Finals	4 Men Senior 50 Butterfly	16	2	04:13 PM
Finals	5 Women Senior 400 Freestyle	38	5u	04:16 PM
Finals	6 Men Senior 400 Freestyle	45	6u	04:40 PM
Finals	7 Women Senior 50 Breaststroke	18	3	05:08 PM
Finals	8 Men Senior 50 Breaststroke	14	2	05:13 PM
Finals	9 Women Senior 50 Freestyle	46	6	05:15 PM
Finals	10 Men Senior 50 Freestyle	43	6	05:20 PM
Finals	11 Women Senior 400 IM	31	4u	05:24 PM
Finals	12 Men Senior 400 IM	25	4u	05:46 PM
	Swimmer Count for Warm-ups: 185	=====	=====	
	Entry / Heat Totals:	333	47	
	Finish Time			06:07 PM

**Breaks will incorporated if needed prior to the 400 Freestyle and 400 IM**

**TWST Sr Circuit #4 - 6/26/2009 to 6/28/2009**  
**Hosted by The Woodlands Swim Team**  
**Sanction #GULC 09-017**  
**Session Report**

Session: 2 Saturday Morning - Prelims  
 Day of Meet: 2 Starts at 09:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Prelims	13 Women Senior 200 Breaststroke	29	4	09:00 AM
Prelims	14 Men Senior 200 Breaststroke	38	5	09:13 AM
Prelims	15 Women Senior 100 Freestyle	58	8	09:29 AM
Prelims	16 Men Senior 100 Freestyle	64	8	09:39 AM
Prelims	17 Women Senior 200 Butterfly	28	4	09:49 AM
Prelims	18 Men Senior 200 Butterfly	30	4	10:01 AM
Prelims	19 Women Senior 100 Backstroke	44	6	10:12 AM
Prelims	20 Men Senior 100 Backstroke	34	5	10:22 AM
Prelims	21 Women Senior 200 IM	62	8	10:31 AM
Prelims	22 Men Senior 200 IM	57	8	10:55 AM
Finals-S	23 Women Senior 800 Freestyle	10	2u	3:40 PM
	Swimmer Count for Warm-ups: 225	=====	=====	
	Entry / Heat Totals:	454	62	
	Finish Time			4:00 PM

**Warm-up for event 23 will begin at 2:30 PM**

**TWST Sr Circuit #4 - 6/26/2009 to 6/28/2009**  
**Hosted by The Woodlands Swim Team**  
**Sanction #GULC 09-017**  
**Session Report**

Session: 3 Saturday Evening - Finals

Day of Meet: 2 Starts at 06:00 PM Heat Interval: 60 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	13 Women Senior 200 Breaststroke	24	3u	06:00 PM
Finals	14 Men Senior 200 Breaststroke	24	3u	06:12 PM
Finals	15 Women Senior 100 Freestyle	24	3u	06:22 PM
Finals	16 Men Senior 100 Freestyle	24	3u	06:28 PM
Finals	17 Women Senior 200 Butterfly	24	3u	06:34 PM
Finals	18 Men Senior 200 Butterfly	24	3u	06:44 PM
Finals	19 Women Senior 100 Backstroke	24	3u	06:54 PM
Finals	20 Men Senior 100 Backstroke	24	3u	07:00 PM
Finals	21 Women Senior 200 IM	24	3u	07:06 PM
Finals	22 Men Senior 200 IM	24	3u	07:17 PM
Finals-1	23 Women Senior 800 Freestyle	8	1u	07:27 PM
Finals	24 Women Senior 400 Freestyle Relay	11	2u	07:37 PM
Finals	25 Men Senior 400 Freestyle Relay	9	2u	07:47 PM
	Swimmer Count for Warm-ups: 176	=====	=====	
	Entry / Heat Totals:	268	35	
	Finish Time			07:57 PM

**TWST Sr Circuit #4 - 6/26/2009 to 6/28/2009**  
**Hosted by The Woodlands Swim Team**  
**Sanction #GULC 09-017**  
**Session Report**

Session: 4 Sunday Morning - Prelims

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Prelims	26 Women Senior 200 Freestyle	75	10	09:00 AM
Prelims	27 Men Senior 200 Freestyle	59	8	09:26 AM
Prelims	28 Women Senior 100 Breaststroke	32	4	09:45 AM
Prelims	29 Men Senior 100 Breaststroke	36	5	09:52 AM
Prelims	30 Women Senior 200 Backstroke	39	5	10:00 AM
Prelims	31 Men Senior 200 Backstroke	31	4	10:16 AM
Prelims	32 Women Senior 100 Butterfly	58	8	10:28 AM
Prelims	33 Men Senior 100 Butterfly	43	6	10:40 AM
Finals-S	34 Men Senior 1500 Freestyle	14	2 <sub>1</sub>	3:26 PM
	Swimmer Count for Warm-ups: 199	=====	=====	
	Entry / Heat Totals:	387	52	
	Finish Time			4:00 PM

**Warm-up for event 34 will begin at 2:30 PM**

**TWST Sr Circuit #4 - 6/26/2009 to 6/28/2009**  
**Hosted by The Woodlands Swim Team**  
**Sanction #GULC 09-017**  
**Session Report**

Session: 5 Sunday Evening - Final  
 Day of Meet: 3 Starts at 06:00 PM Heat Interval: 60 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	26 Women Senior 200 Freestyle	24	3u	06:00 PM
Finals	27 Men Senior 200 Freestyle	24	3u	06:10 PM
Finals	28 Women Senior 100 Breaststroke	24	3u	06:19 PM
Finals	29 Men Senior 100 Breaststroke	24	3u	06:26 PM
Finals	30 Women Senior 200 Backstroke	24	3u	06:32 PM
Finals	31 Men Senior 200 Backstroke	24	3u	06:42 PM
Finals	32 Women Senior 100 Butterfly	24	3u	06:52 PM
Finals	33 Men Senior 100 Butterfly	24	3u	06:58 PM
Finals-1	34 Men Senior 1500 Freestyle	8	1u	07:04 PM
Finals	35 Women Senior 400 Medley Relay	11	2u	07:22 PM
Finals	36 Men Senior 400 Medley Relay	9	2u	07:33 PM
	Swimmer Count for Warm-ups: 163	=====	=====	
	Entry / Heat Totals:	220	29	
	Finish Time			07:43 PM