



**Gulf Swimming, Inc.
Gulf Swimming House of Delegates Meeting
January 27, 2010**

Reminder Next **Board of Directors** Meeting
Wednesday April 28, 2010 7:30 PM

Reminder Next **House of Delegates** Meeting
Wednesday May 19, 2010 8:00 PM

Herb Schwab, General Chairman, called the Gulf Swimming House of Delegates meeting to order at 8:01 PM at the University of Houston Athletic Alumni Building, Room 2001.

The following board members were present:

Herb Schwab	Henry Clark	Tom Hasz	Clayton Cagle
Allison Beebe	Rick Tobin	Rick Kehlenbach	Tim Bauer
Gilbert Legaspi	Ron Lusk	Greg Orphanides	Kevin Milak
Jessica Rodriguez			

It was moved, seconded, and passed to approve the September 23, 2009 House of Delegates Meeting minutes as posted.

OFFICER REPORTS

GENERAL CHAIRMAN

Herb Schwab

The executive committee approved the following All Star stipends: Head Coach \$500, Age group coach \$200, Team Manager \$200 and Registration workers \$100.00.

A motion was made seconded and passed to approve the new team Power for Life (PFL).

The LEAP program has begun through USA Swimming. This is the LSC version of club excellence. Annette Leach has agreed to be the Gulf LEAP Coordinator.

**ADMINISTRATIVE
VICE CHAIRMAN**

Henry Clark

Short course proof of times are due May 15, 2010. See attached reports for October, November and December 2009

SECRETARY

Linda Brenneke

Not present no report

TREASURER

Tom Hasz

Gulf Swimming finished 2009 \$131,000 ahead of the budgeted income amount due to an increase in registrations. A motion was made seconded and passed to approve the 2010 budget. See attached report.

**SENIOR VICE
CHAIRMAN**

Clayton Cagle

Clayton is proposing an Olympic/ Gulf Developmental Camp to find a way to expose our national level athletes to help our athletes get to Olympic Trials and make the Olympic Team. A motion was made seconded and passed to approve a senior camp and pool expenses for the camp. Clayton is in charge of organizing the camp.

**AGE GROUP
VICE CHAIRMAN**

Allison Beebe

The Zone Section Committee has recommended the 2010 Zone Selection process. A motion was made seconded and passed to approve the 2010 Zone Selection process. See attached report.

**TECHNICAL COMMITTEE
CHAIRMAN**

Rick Tobin

2010 Long Course Meet Formats- would like to approve as is, with the exception:
A motion was made seconded and passed to amend the May Elite Meet, by moving the 200 breast to the event after the relays.
A Motion was made seconded and passed to amend the June 4 Elite meet, by swimming the 400 IM's slowest-to-fastest.
A motion was made seconded and passed to approve the formats as amended.
2010 Long Course Meet Groupings- A motion to approve was made seconded and passed.

Approval of 2010-11 Meet Schedule- TPC recommends this schedule depending upon Big 12 with the following amendments from Tim Bauer (seconded by Gilbert Legaspi)
October- 9-10 Junior Meet
October 15-17 Elite Meet
October 23-24- Senior and 8 & Under Meet
January 8-9- Senior and 8 & Under Meet
January 15-16 Elite Meet
January 21-23- Junior Meet
See attached reports.

**ATHLETE REGISTRATION
COORDINATOR**

Annette Leach

Not present report by Herb. There are currently 5202 year round athletes with 221 Outreach and 87 Seasonal for a total of 5510. \$4,662.50 for 1008 events has been reimbursed to Outreach swimmers.

**NON-ATHLETE REGISTRATION
COORDINATOR**

Chris Day

Not present, report by Herb. There are currently 510 non athletes registered and 38 clubs registered.

OFFICIALS CHAIRMAN

Rick Kehlenbach

There are 25 new officials and 50 new trainees. Numbers of officials are increasing and there appears to be enthusiasm among the officials.

SAFETY COORDINATOR

Mark Taylor

Not present no report.

**PAST GENERAL
CHAIRMAN**

Jay Cookingham

Not present, no report

ATHLETE REPRESENTATIVES

Ashley Adams
Jessica Rodriguez

Not present, no report
No report

COACH REPRESENTATIVE

Tim Bauer

Present report given in conjunction with Rick Tobin Technical Planning Chairman.

SANCTION COORDINATOR

Linda Brenneke

Not present, no report

NTV COORDINATOR

Rick Kehlenbach

Rick will attend a top 10 workshop in March 2010 in Austin. Rick has most of the District High School meets covered, but if it still needs to be observed, an electronic copy needs to get to Rick ASAP.

**ADAPTED SWIMMING
COORDINATOR**

Gary Baker

Not present, no report

**TOP 10 RECORDS
COORDINATOR**

Rick Kehlenbach

Gulf Top 10 updated and posted on Gulf website.

**COMPUTER INFORMATION
COORDINATOR**

Sharon Bourne

Not present, no report

**MATERIAL AND EQUIPMENT
COORDINATOR**

Gary Baker

Not present, no report

**CLUB DEVELOPMENT
LIAISON**

Chris Day

Not present, no report

PUBLICITY COORDINATOR

Robert Kelly

Not present, no report

DIVERSITY COORDINATOR

Gilbert Legaspi

Information on Make a Splash was distributed. Contact Kim Holmes from USA Swimming to sign up. Tentatively April 17is set for the Diversity Camp. Gilbert is working on this. It will be a low-key, local camp patterned after the USA Catch the Spirit Camp. Details will be posted on the Gulf website. A motion was made seconded and approved to hold a Gulf Swimming Diversity Camp.

OPEN WATER COORDINATOR

Seth Huston

Not present, no report

CAMP COORDINATOR

Mark Taylor

Not present, no report

OLD BUSINESS

None

NEW BUSINESS

New Business- TPC proposed rule changes to unify meet deadlines. A motion was made and seconded to approve the new meet entry deadline.
A motion was made seconded and passed to amend the entry deadline to noon on Monday.

ANNOUNCEMENTS

Rick Kehlenbach announced that swimmers will not be allowed to wear Kinesio® Tape in meets.

A motion was made seconded and passed to adjourn at 9:12 PM.

Respectfully Submitted,

Linda Brenneke

Linda Brenneke
Board of Directors, Secretary
Gulf Swimming, Inc.

CALCULATIONS

ATHLETE REIMBURSEMENT FOR NATIONAL MEETS FROM 1/1/2010 TO 12/31/2010

MEETS	DATES	TOTAL NIGHTS	LOCATION	LODGING	ADD TAX	DOUBLE	M&I	DAILY TOTAL	NET		NET AIRFARE	%	MIN TOTAL	MAX TOTAL
									DAILY TOTAL	AIRFARE				
2010 NCSA	3/16-20/10	6	Orlando, FL	117	134.55	67.28	56	123.28	86	256	179.2	0.7	\$352	\$697
Open Water Nat Championships & World Championship Trials	6/4-6/10	2	Long Beach, CA	135	155.25	77.63	71	148.63	104	422	295.4	0.7	\$503	\$503
National Championships	8/3-7/10	6	Irvine, CA	135	155.25	77.63	71	148.63	126	364	309.4	0.85	\$562	\$1,067
Jr National Championships	8/9-13/10	6	Irvine, CA	135	155.25	77.63	71	148.63	119	364	291.2	0.8	\$529	\$1,005
USA Swimming Short Course Nationals	12/2-4/10	4	Columbus, OH											
Short Course Junior Championships	12/9-11/10	4	Atlanta, GA											

REIMBURSEMENTS

ATHLETE REIMBURSEMENT FOR NATIONAL MEETS FROM 1/1/2010 TO 12/31/2010

MEETS	DATES	TOTAL DAYS	NIGHTS	LOCATION			MIN TOTAL				
							2 nights	3 nights	4 nights	5 nights	6 nights
2010 NCSA	3/16-20/10	7	6	Orlando, FL	\$352	\$697	\$352	\$438	\$524	\$611	\$697
Open Water Nat Championships & World Championship Trials	6/4-6/10	3	2	Long Beach, CA	\$503	\$503	\$503				
National Championships	8/3-7/10	7	6	Irvine, CA	\$562	\$1,067	\$562	\$688	\$815	\$941	\$1,067
Jr National Championships	8/9-13/10	7	6	Irvine, CA	\$529	\$1,005	\$529	\$648	\$767	\$886	\$1,005
USA Swimming Short Course Nationals	12/2-4/10			Columbus, OH							
Short Course Junior Championships	12/9-11/10			Atlanta, GA							

NOTES:

The Reimbursment amounts for the December Meets will be posted in October.
 MIN TOTAL is three days, two nights for swimming one event. Counts one day before 1st event 1 day after last event.
 MAX TOTAL is for swimming on the first and last day. Counts one day before 1st event 1 day after last event.
 Swimmer will only be reimbursed for one day before 1st event to one day after last event based on lodging nights.
 Example: If a swimmer swims on day 2 and day 4, the reimbursement will be for 5 days, 4 nights.

**Gulf Swimming Inc
2010**

PROPOSED BUDGET

		Jan - Dec 09	Year Budget	\$ Over Budget	Proposed
ATHLETE TRAVEL FUND					
	Age Group Camps	0.00	-5,000.00	5,000.00	-5,000.00
	All Star Meet	-11,074.07	-20,430.00	9,355.93	-42,040.00
	Parent Contribution				20,000.00
	Athlete Apparel	-742.50	-3,500.00	2,757.50	-1,000.00
	Fines	11,993.00	9,800.00	2,193.00	8,000.00
	Gold Medal Clinic	1,544.80	1,650.00	-105.20	-1,600.00
	LC Juniors	-51,347.50	-42,400.00	-8,947.50	-82,377.20
	NCSA Juniors	-48,719.89	-40,820.00	-7,899.89	-45,302.08
	Open Water	-750.00	-3,000.00	2,250.00	-2,517.38
	Sanctions	8,750.00	4,400.00	4,350.00	9,000.00
	SCY Jr Championships	0.00	-5,600.00	5,600.00	-40,672.00
	SCY National Championships	-5,733.46	-3,200.00	-2,533.46	-9,462.12
	Select Camps	-526.20	-2,750.00	2,223.80	-1,000.00
	Senior Nationals - Summer	-4,816.00	-11,480.00	6,664.00	-66,178.03
	Southern Zone Team	-26,256.84	-45,700.00	19,443.16	-62,400.00
	Parent Contribution				19,200.00
	Splash Fees	189,366.38	149,000.00	40,366.38	248,551.00
	TSA Convention	0.00	-400.00	400.00	-400.00
	US Open	-16,340.50	-3,345.00	-12,995.50	0.00
	USAS Convention	-1,602.30	-2,121.00	518.70	-1,600.00
	Total ATHLETE TRAVEL FUND	43,744.92	-24,896.00	68,640.92	-56,797.79
	DONATIONS	-2,750.00	-2,500.00	-250.00	-2,500.00
EQUIPMENT FUND					
	Equipment Purchase	-4,012.00	-10,000.00	5,988.00	-10,000.00
	Equipment Rental	4,050.00	1,500.00	2,550.00	4,000.00
	Equipment Repair	-379.57	-1,000.00	620.43	-1,000.00
	Equipment Shipping	-82.64	-100.00	17.36	-100.00
	Registration	-145.44	-200.00	54.56	-200.00
	Storage	-1,560.00	-3,000.00	1,440.00	-3,000.00
	System Training Exp	0.00	-850.00	850.00	-850.00
	Total EQUIPMENT FUND	-2,129.65	-13,650.00	11,520.35	-11,150.00
GENERAL FUND					
ADMIN VICE CHAIR					
	Filing Fees	100.00	0.00	100.00	0.00
	Meet Directors Clinic	-14.85	0.00	-14.85	0
	Meeting Expenses	-217.68	-350.00	132.32	-350.00
	Misc Expenses	0.00	-250.00	250.00	-250.00
	Postage	-114.61	-40.00	-74.61	-40.00
	Software	-329.00	-75.00	-254.00	-75.00
	Supplies	-180.71	-450.00	269.29	-450.00
	Travel Expenses	-29.85	-250.00	220.15	-250.00
	Workshop Travel	0.00	-150.00	150.00	-150.00
	Total ADMIN VICE CHAIR	-786.70	-1,565.00	778.30	-1,565.00
AGE GROUP VICE CHAIR					
	Club Development	-4,036.51	-6,000.00	1,963.49	0.00
	Ladder of Success	-2,713.20	-3,200.00	486.80	-3,200.00
	Total AGE GROUP VICE CHAIR	-6,749.71	-9,200.00	2,450.29	-3,200.00
ATHLETE REGISTRATION					
Athlete Registration					
	Ath Reg Expense	-256,795.00	-265,000.00	8,205.00	-243,800.00
	Ath Reg Income	417,050.00	342,000.00	75,050.00	349,800.00
	OutReach Reg Exp	-1,255.00	-900.00	-355.00	-1,250.00
	OutReach Reg Income				1,250.00
	Sea'al Ath Reg Expense	-5,782.00			-3,900.00
	Sea'al Ath Reg Income				5,400.00
	Total Athlete Registration	153,218.00	76,100.00	77,118.00	107,500.00
	Internet	-743.47	-750.00	6.53	-720.00
	Outreach Payments	-9,515.50	-9,000.00	-515.50	-12,000.00
	Postage	-1,218.58	-2,000.00	781.42	-2,000.00
	Supplies	-619.42	-700.00	80.58	-1,000.00
	Team Registration Income	7,310.00	6,480.00	830.00	9,750.00

**Gulf Swimming Inc
2010**

PROPOSED BUDGET

		Jan - Dec 09	Year Budget	\$ Over Budget	Proposed
	Team Registration Expense				-2,730.00
	Telephone & Fax	0.00	-50.00	50.00	-50.00
	Total ATHLETE REGISTRATION	148,431.03	70,080.00	78,351.03	98,750.00
	BANQUET				
	Awards	-14,596.50	-11,900.00	-2,696.50	-15,000.00
	Banquet Attendee Fee	12,835.00	12,500.00	335.00	12,500.00
	Equipment Charge-Hotel	0.00	-400.00	400.00	-150.00
	Meal Expense (Hotel Charges)	-16,579.22	-15,000.00	-1,579.22	-16,165.00
	Meeting Expenses	-61.84	-50.00	-11.84	-75.00
	Non Athlete Awards	-183.00	-200.00	17.00	-200.00
	Speaker	-7,025.07	-8,000.00	974.93	-18,000.00
	Supplies	-891.09	-50.00	-841.09	-900.00
	Total BANQUET	-26,501.72	-23,100.00	-3,401.72	-37,990.00
	BOARD OF REVIEW				
	Copy Expenses	0.00	-50.00	50.00	-100.00
	Postage	0.00	-50.00	50.00	-100.00
	Travel - Workshop	-267.70	-350.00	82.30	-300.00
	Total BOARD OF REVIEW	-267.70	-450.00	182.30	-500.00
	COACH CHAIR				
	Coach of Year Award	-800.00	-1,000.00	200.00	-800.00
	Coach Reimbus't - Travel Fund	-1,615.00	-900.00	-715.00	-1,700.00
	Coach Travel	0.00	-1,000.00	1,000.00	-500.00
	Meeting Expenses	0.00	-400.00	400.00	-600.00
	Total COACH CHAIR	-2,415.00	-3,300.00	885.00	-3,600.00
	COMMUNICATION				
	Internet Service	0.00	-200.00	200.00	0.00
	Software Expense	-194.85	-150.00	-44.85	-200.00
	Website Expenses	-229.13	-175.00	-54.13	-230.00
	Total COMMUNICATION	-423.98	-525.00	101.02	-430.00
	GENERAL CHAIRMAN				
	Meeting Expenses	-443.33	-600.00	156.67	-600.00
	Other Expenses	-57.63	-2,000.00	1,942.37	-2,000.00
	Postage	-24.01			-1,000.00
	Supplies	-175.33			-600.00
	Travel	-266.20	-600.00	333.80	-300.00
	Travel Expenses - USA Swimming	-247.50			-300.00
	Total GENERAL CHAIRMAN	-1,214.00	-3,200.00	1,986.00	-4,800.00
	NON ATH REGISTRATION				
	Copy Expenses	0.00	-50.00	50.00	-170.00
	Internet Expenses	0.00	-250.00	250.00	-360
	Non Athlete Registration				
	Non Ath Reg Expense	-29,110.00	-27,000.00	-2,110.00	-25,300.00
	Non Ath Reg Income	37,943.00	38,000.00	-57.00	33,550.00
	Total Non Athlete Registration	8,833.00	11,000.00	-2,167.00	8,250.00
	Postage	0.00	-150.00	150.00	-314.00
	Travel	0.00	-400.00	400.00	-400.00
	Total NON ATH REGISTRATION	8,833.00	10,150.00	-1,317.00	7,006.00
	NTV/Records Coordinator				
	Internet Expenses	-124.52	-500.00	375.48	-700.00
	Observations	350.00	250.00	100.00	250.00
	Total NTV/Records Coordinator	225.48	-250.00	475.48	-450.00
	OFFICIALS VICE CHAIR				
	Disqualification Slips	0.00	-125.00	125.00	-200.00
	Internet	-622.60	-400.00	-222.60	-700.00
	Official Certification Training	0.00	-800.00	800.00	-800.00
	Officials Apparel	0.00	0.00	0.00	-500.00
	Officials Badges	-254.75	-300.00	45.25	-300.00
	Officials Clinic	-928.01	-4,277.38	3,349.37	-2,000.00
	Officials Travel - Meets	-444.45	-6,000.00	5,555.55	-6,000.00
	Officials Workshop	-1,361.91	-250.00	-1,111.91	-1,000.00
	Postage	-73.40	-45.00	-28.40	-100.00
	Printing	-365.60	-81.50	-284.10	-400.00

**Gulf Swimming Inc
2010**

PROPOSED BUDGET

		Jan - Dec 09	Year Budget	\$ Over Budget	Proposed
	Supplies	-366.90	-500.00	133.10	-500.00
	Total OFFICIALS VICE CHAIR	-4,417.62	-12,778.88	8,361.26	-12,500.00
	OTHER				
	Banking Adjustment	1,711.79			
	Banking Expenses	-178.54	-400.00	221.46	-225.00
	Banking Interest	13.92	150.00	-136.08	15.00
	Fines & Penalties	36.00	-50.00	86.00	36.00
	Money Market Interest	23.14	50.00	-26.86	25.00
	NSF Fees	110.00	60.00	50.00	120.00
	Refunds and Rebates	25.00			0.00
	Southern Zone Dues	-50.00	-50.00	0.00	-50.00
	Special Non-Ath Awards	0.00	-50.00	50.00	-50.00
	Total OTHER	1,691.31	-290.00	1,981.31	-129.00
	DIVERSITY COORDINATOR				
	Travel	0.00	-450.00	450.00	-450.00
	Diversity Coordinator - Other	0.00	-30.00	30.00	-30.00
	Total Diversity Coordinator	0.00	-480.00	480.00	-480.00
	RULES & REGULATIONS				
	Other Expenses	0.00	-100.00	100.00	0.00
	Total RULES & REGULATIONS	0.00	-100.00	100.00	0.00
	SAFETY CHAIR				
	LSC Safety Chair Meeting	0.00	-400.00	400.00	-400.00
	Total SAFETY CHAIR	0.00	-400.00	400.00	-400.00
	TECHNICAL VICE CHAIR				
	Copy Expense	-84.70			-100.00
	Meet Director Clinic	-1,130.19	-1,100.00	-30.19	-1,200.00
	Total TECHNICAL VICE CHAIR	-1,214.89	-1,100.00	-114.89	-1,300.00
	TREASURER				
	Computer hardware & expenses	0.00	-150.00	150.00	0.00
	Computer Software	0.00	-600.00	600.00	-300.00
	Copy Expenses	0.00	-10.00	10.00	-25.00
	Internet Expense	-23.90			-50.00
	Meeting Expenses	-258.41	-50.00	-208.41	-250.00
	Postage	-51.23	-125.00	73.77	-65.00
	Records Storage	-1,404.00	-1,400.00	-4.00	-1,404.00
	Supplies	-378.05	-100.00	-278.05	-200.00
	Telephone Expense	0.00	-50.00	50.00	0.00
	Training	-350.00			-350.00
	Travel Expenses	-935.55	-500.00	-435.55	-500.00
	Total TREASURER	-3,401.14	-2,985.00	-416.14	-3,144.00
	TSA	-110.90	-1,000.00	889.10	-1,000.00
	USAS CONVENTION	-21,577.06	-20,064.00	-1,513.06	-22,000.00
	Total GENERAL FUND	90,100.40	-557.88	90,658.28	12,268.00
	Unclassified	0.00	0.00	0.00	0.00
TOTAL		128,965.67	-41,603.88	170,569.55	-58,179.79

2010 Gulf Zone Team Selection Procedure Recommendation

- Recommendation that Gulf Swimming keep the same minimum requirement to apply for the Gulf Zone team (minimum 1 AAA LCM time in the age group for which the swimmer will be eligible to compete).
- Recommendation for the following selection procedure:
 - For 11-12 swimmers, the fastest applicant in the 50 fly, 50 back, 50 breast, and 50 free will automatically make the team.
 - For 13-14 and senior swimmers, the fastest applicant in the 100 fly, 100 back, 100 breast, and 50 free will automatically make the team.
 - The remaining spots for each age group will be filled by the swimmers with the highest combined power point score of his or her top two swims.
 - Only times swum from April 1, 2010 to June 27, 2010 are eligible for consideration.
 - All applications and deposits will be due on June 20, 2010. Swimmers are responsible for contacting the head coach with updated times swum from June 20- June 27. The deadline for submission of those times is 10:00 AM on June 28, 2010.
 - Swimmers not having an AAA time before June 20, but swim an AAA time or faster after the application deadline may still submit an application by 10:00 AM on June 28, 2010. This extension only applies to swimmers achieving his or her first AAA LCM time for the 2010 season.
 - The final team will be named on June 29, 2010.
 - The deadline for disabled athletes is also June 20, 2010.
- For the selection process, we will use the following age group time standards:
 - All 11 and 12-yr-old swimmers will utilize the USA Swimming 12-yr-old standards and power points.
 - All 13 and 14-yr-old swimmers will utilize the USA Swimming 14-yr-old standards and power points.
 - All 15-18 yr-old swimmers will utilize the USA Swimming 15-16-yr-old standards and power points
- The deposit is non-refundable, if the swimmer is selected for the Zone team. If the swimmer is not selected for the Zone team, the deposit check will either be returned or destroyed

Wk	Dates	Meet	Groups	Notes	Other	
1	2010 September	4-5			Labor Day 9/6/10	
2		11-12				
3		18-19				USA Aquatic Sports Annual Conv (14-19)
4		25-26				
5	October	3	Gulf Open Water Champs	1	Open Water Swimming Competition - Sunday	TSA Annual Meeting (10/2/2010)
6		9-10				SAT
7		15-17	9-14 Junior**	5	2 1/2 Days; Scored; Cut-off times	
8		23-24	9-14 Elite* 8 & Under Open Senior	1 2 1	2 Days; Scored; Qual times; All Star selection meet 1 Day; Score single age group scoring; 6&U, 7, 8 15 & Up Open, 14 & Under 15/16 AA; Sat AM/PM Sun AM	
9	30-31					
10	November	5-7	9-14 Junior**	5	2 1/2 Days; Scored; Cut-off times	SAT
11		13-14	8 & Under Open Senior	2 1	1 Day; Score single age group scoring; 6&U, 7, 8 15 & Up Open, 14 & Under 15/16 AA; Sat AM/PM Sun AM	TSA LSC Championship (13-14, Midland)
12		20-21	9-14 Elite*	2	2 Days; Scored; Qual times	
13		27-28				Thanksgiving 11/25/10
14	December	3-5	Gulf Senior Champs Fall Champs	1 4	14 & Under Sr. GC; 15 & Up Open; Open to US; P/F A/B/C Finals; Scored Split Sessions; Gulf swimmers only; GC cutoff; Scored, ages 9-14 only	Short Course Nationals 12/2-4/10 SAT
15		10-12	Gulf Age Group Champs 8 & Under Gulf Champs	1 2	14 & Under; GC Times; P/F A/B Finals for 11-14; Gulf Swimmers Only; Scored 1 Day; Score single age group scoring; 6&U, 7, 8, 9, 10	Junior Championships 12/9-11/10 (Atlanta, GA)
16		18-19				
17		25-26				Christmas Day 12/25/10
18	2011 January	1-2				New Year's Day 1/1/11
19		8-9				
20		15-16	9-14 Elite* 8 & Under Open Senior	2 2 1	2 Days; Scored; Qual times 1 Day; Score single age group scoring; 6&U, 7, 8 15 & Up Open, 14 & Under 15/16 AA; Sat AM/PM Sun AM	
21		21-23	9-14 Junior**	5	2 1/2 Days; Scored; Cut-off times	SAT
22	29-30					
23	February	5-6				HS Districts
24		12-13				HS Regionals
25		18-20	Spring Champs (13 & Over)	2	Open meet; A/B Finals; Scored; switch these 2 meets if State meet changes	
26		25-27	Spring Champs (12 & U)	4	TT Sat&Sun; Scored A/BB/B	HS State, Big 12@ UT, C-USA@ UH
27	March	5-6				Sectionals (3-6); Grand Prix (Austin 3-5)
28		12-13				TAGS-TWST, SAT
29		19-20				Women's NCAA 3/10-12/11
30		26-27				Men's NCAA 3/17-19/11
31	April	2	10 & Under Open	1	1 Day; Score single age group scoring; 6&U, 7, 8	
32		9-10				
33		15-17	Open Meet	2	2-1/2 Days; Scored; Split Session; 13&Over AM, 12&Under PM	
34		23	Open Water	1	Open Water Swimming Competition	Easter 4/24/11
35	May	30-1				SAT
36		6-8	10&U Open / 11-14 Junior**	2	2-1/2 Days; Scored	Mother's Day 5/8/11
37		13-15	11-14 Elite* / 15&Over Open	1	2-1/2 Days; Scored; Sectionals cut-off; Split Sess; 15&Over AM, 11-14 PM	
38		21-22				Sr Circuit 1 (5/21-22/11)
39	27-29	10&U Open / 11-14 Junior**	1	2-1/2 Days; Scored; Split Session	Mem Day 5/30/11	
40	June	3-5	11-14 Elite* / 15&Over Open	1	2-1/2 Days; Scored; Split Session	Sr Circuit 2 (6/3-5/11)
41		11-12				
42		17-19	Junior**	1	2-1/2 Days; Scored; Split Session	Sr Circuit 3 (6/17-19); Father's Day 6/19/11
43		24-26	Elite*	1	3 Days; P/F A/B Finals; Scored	
44	July	2-3				4th of July
45		9-10				Sr Circuit 4 (7/7-10/11)
46		15-17	Gulf Summer Champs	2	3 Days; P/F A/B-Finals 11&O, A-Finals 10&U; Scored; BB&Up 10&U / Open 11&O	
47		23-24	B & Under Champs Meet	1	2 Days; Scored; yards	TAGS-UT
49	30-31				Sectionals (7/26-30/11)	
50	August	6-7				ConPhil National Champ 8/2-6/11
51		13-14				Junior Championships 8/8-13/11
52		20-21				

* 9-14 Elite swimmers MUST have (3) three A standards to enter this meet and are eligible to swim ANY event in their age group.

** 9-14 Junior swimmers MUST have less than (3) three A standards to enter this meet and are eligible to swim ANY event in their age group.

**Gulf Swimming
Order of Events**

23 Apr 10, Open

Entry Rules		11/11/09TPC Updates: 1. Friday - 4:00 pm open w/u - 5:30 pm start 2. Change Friday event order to 13&O 400 IM, 11-12 200 IM, 13&O 400 Free, 11-12 400 Free. 3. BTA, DADS, NOCH, WHAT move to UH 4. AQUA, LSST and TWST move to AGS
Type of Meet	Timed Finals	
Max # individual events per day	Three (3)	
Swimmers eligible	Group X	
Entry times in	LCM/SCM/SCY	
Qualifying times	None	
Cut-off times	None	
Enter with no time?	Yes	
Gulf "three event" rule applies?	Does not apply	
Gulf "up/down" rule applies?	Does not apply	
Fees	Individual - \$6.50	
Facility surcharge	\$5/swimmer	

AGS	58
ALAC	28
AQUA	110
BBSC	0
BRAZ	0
CFSC	176
CSC	0
ETEX	12
KATY	149
LSST	33
MAC	72
NCAT	1
OWLS	0
PACK	153
RICE	33
TAMU	0
TTST	31
TWST	100
	<hr/>
	956
UH/COOG	42
BTA	83
DADS	94
ESA	79
FCST	146
GIST	4
HCAP	93
HSC	89
LJAC	1
NEHA	18
NOCH	20
PEAK	57
PL	3
SCAT	30
SPA	67
SS	0
SSAN	5
SSS	10
TYES	50
WHAT	29
	<hr/>
	920

		Saturday AM		Sunday AM	
		15 & Over	100 Back	15 & Over	100 Breast
		13-14	100 Back	13-14	100 Breast
		15 & Over	200 Breast	15 & Over	50 Free
		13-14	200 Breast	13-14	50 Free
		15 & Over	100 Free	15 & Over	200 Fly
		13-14	100 Free	13-14	200 Fly
		15 & Over	100 Fly	15 & Over	200 Back
		13-14	100 Fly	13-14	200 Back
		15 & Over	200 I.M.	15 & Over	200 Free
		13-14	200 I.M.	13-14	200 Free
Friday		Saturday PM		Sunday PM	
13 & Over	400 I.M.*	11-12	200 Back	11-12	200 Breast
11-12	200 I.M.	10 & Under	100 Back	10 & Under	100 Breast
13 & Over	400 Free*	11-12	50 Breast	11-12	50 Free
11-12	400 Free*	10 & Under	50 Breast	10 & Under	50 Free
		11-12	100 Free	11-12	100 Fly
		10 & Under	100 Free	10 & Under	100 Fly
		11-12	50 Fly	11-12	50 Back
		10 & Under	50 Fly	10 & Under	50 Back
		11-12	200 Fly	11-12	200 Free
		10 & Under	200 I.M.	10 & Under	200 Free
		11-12	100 Back	11-12	100 Breast
				10 & Under	400 Free*

* The 400 I.M. and 400 Freestyle will be swum fastest to slowest, alternating girls and boys heats.
For the 13-14 and 15 & Over age groups, the events will be combined and scored separately.

**Gulf Swimming
Order of Events**

7 May 10, 10&Under Open

Entry rules	
Type of Meet	Timed Finals
Max # individual events per day	Four (4)
Swimmers eligible	Gulf registered swimmers
Entry times in	LCM/SCM/SCY
Qualifying times	None
Cut-off times	None
Enter with no time?	Yes
Gulf "three event" rule applies?	Does not apply
Gulf "up/down" rule applies?	Does not apply
Fees	Individual - \$5.50; Relays - \$9.00
Facility surcharge	\$2/swimmer

11/11/09TPC Updates:
 1. RICE will host the 10&U meet.
 2. Formats will follow last year's 10&U meet.

Saturday

10 & Under	200 Medley Relay
9-10	100 Back
8 & Under	100 Back
9-10	50 Breast
8 & Under	50 Breast
9-10	50 Free
8 & Under	50 Free
9-10	100 Fly
8 & Under	100 Fly
10 & Under	200 Free

Sunday

10 & Under	200 Free Relay
9-10	100 Free
8 & Under	100 Free
9-10	50 Back
8 & Under	50 Back
9-10	100 Breast
8 & Under	100 Breast
9-10	50 Fly
8 & Under	50 Fly
10 & Under	200 I.M.
	10 Minute Break
10 & Under	400 Free *

Individual Events will be scored in single age brackets; 6 & Under, 7, 8, 9, and 10.

* The 400 Freestyle will be swum fastest to slowest, alternating girls and boys heats.

**Gulf Swimming
Order of Events**

7 May 10, 11-14 Junior

Entry Rules	
Type of Meet	Timed Finals
Max # individual events per day	Four (4)
Swimmers eligible	Gulf registered swimmers
Entry times in	LCM/SCM/SCY
Qualifying times	USAS Motivational "A" time standards
Enter with no time?	Yes
Special Rule Applies	Swimmers must have two (2) or less A times to enter and may swim any event
Fees	Individual - \$5.50; Relays - \$9.00
Facility surcharge	\$2/swimmer

11/11/09TPC Updates:
1. Friday - 4:00 pm open w/u - 5:30 pm start
2. FCST will host.
3. Swim events as 11-14, score 11-12, 13-14
4. Move 800 free to Friday
5. Move 200 free to Sunday

Friday		Saturday		Sunday	
11-14	400 I.M.*	11-14	200 Breast	11-14	200 Back
11-14	800 Free*	11-14	200 I.M.	11-14	200 Fly
		11-14	100 Fly	11-14	50 Back
		11-14	50 Free	11-14	100 Free
		11-14	200 Medley Relay	11-14	200 Free Relay
		11-14	100 Back	11-14	100 Breast
		11-14	50 Breast	11-14	50 Fly
		11-14	400 Free*	11-14	200 Free

* The 400 I.M. and 400/800 Freestyles will be swum fastest to slowest, alternating girls and boys heats.
11-14 events will be scored separately as 11-12 and 13-14.

**Gulf Swimming
Order of Events**

14 May 10, 11-14 Elite - 15&O

Entry Rules		11/11/09TPC Updates: 1. Friday - 4:00 pm open w/u - 5:30 pm start 2. TWST will host. 3. Split Saturday and Sunday sessions by age group (Senior events in morning, 11-14 events in afternoon). 4. Change Friday event order to 11&Over 200 IM and 400 Free. 200 IM fast to slow. 6. Move the 11-14 200 Free events to Saturday afternoon. 7. Score as 11-12, 13-14, 15&Over. 8. Sectional cut-off for 15&Over. 9. May 6, 2010 Qualifying cut-off date for 11-14 swimmers
Type of Meet	Timed Finals	
Max # individual events per day	Three (3) The 400 IM does not count as one of the 3 events/day.	
Swimmers eligible	All	
Entry times in	LCM/SCM/SCY	
Enter with no time?	Yes	
Cut-off times	for 15&Over Only 2010 Sectionals standards	
Qualifying times	for 11-12, 13-14 Only USAS Motivational "A" time standards	
Special Rule Applies	for 11-12, 13-14 Only Swimmers must have three (3) A times to enter and may swim any event	
Fees	Individual - \$5.50; Relays - \$9.00	
Facility surcharge	\$2/swimmer	

Friday		Saturday AM		Sunday AM	
11&Over	200 IM *	15 & Over	200 Medley Relay	15 & Over	200 Free Relay
11&Over	400 Free *	15 & Over	200 Back	15 & Over	100 Back
		15 & Over	100 Fly	15 & Over	200 Fly
		15 & Over	200 Free	15 & Over	100 Free
		15 & Over	100 Breast	15 & Over	200 Breast
		15 & Over	50 Free	15&Over (boys)	400 IM *
		15&Over (girls)	400 IM *	15&Over (girls)	800 Free *
		15&Over (boys)	800 Free *		
		Saturday PM		Sunday PM	
		11-14	200 Medley Relay	11-14	200 Free Relay
		11-14	200 Back	11-14	100 Back
		11-14	50 Free	11-14	50 Fly
		11-14	100 Breast	11-14	200 Breast
		11-14	200 Free	11-14	100 Free
		11-14	50 Back	11-14	200 Fly
		11-14	100 Fly	11-14	50 Breast
		11-14 (girls)	400 IM *	11-14 (boys)	400 IM *
		11-14 (boys)	800 Free *	11-14 (girls)	800 Free *

* The 200 I.M., 400 I.M. and 400/800 Freestyles will be swum fastest to slowest, alternating girls and boys heats.
 11-14 events will be scored separately as 11-12 and 13-14.
 11 & Over events will be scored separately as 11-12, 13-14 and 15&Over.

**Gulf Swimming
Order of Events**

28 May 10, 14&Under Junior

Entry Rules	
Type of Meet	Timed Finals
Max # individual events per day	Three (3)
The 1500 free does not count as one of the 3 events/day.	
Swimmers eligible	Gulf LSC registered swimmers
Entry times in	LCM/SCM/SCY
Qualifying times	USAS Motivational "A" time standards
Enter with no time?	Yes
Special Rule Applies	Swimmers must have two (2) or less A times to enter and may swim any event
Fees	Individual - \$5.50; Relays - \$9.00
Facility surcharge	\$2/swimmer

11/11/09TPC Updates:

1. Friday - 4:00 pm open w/u - 5:30 pm start
2. DADS will host.
3. Tabled discussion of any proposed changes pending outcome of proposal to split out 10 & unders from June 4 Elite meet (waiting to see if RICE can host a separate 10 & under meet).
4. Any changes to this meet format will be addressed by email.

Friday		Saturday		Sunday	
13 & Over	400 I.M.*	11-12	200 Back	11-12	200 Breast
10 & Under	200 I.M.	13-14	200 Fly	13-14	200 I.M.
11-12	200 I.M.	11-12	50 Fly	10 & Under	100 Fly
13-14	200 Free	9-10	50 Fly	11-12	100 Fly
		8 & Under	50 Fly	13-14	100 Fly
		13-14	100 Free	8 & Under	50 Free
		11-12	100 Free	9-10	50 Free
		9-10	100 Free	11-12	50 Free
		8 & Under	100 Free	13-14	50 Free
		11-12	200 Fly	10 & Under	200 Medley Relay
		13-14	200 Free Relay	11-12	200 Medley Relay
		11-12	200 Free Relay	13-14	200 Medley Relay
		10 & Under	200 Free Relay	10 & Under	100 Back
		13-14	200 Breast	11-12	100 Back
		11-12	100 Breast	13-14	200 Back
		10 & Under	100 Breast	8 & Under	50 Breast
		13-14	100 Back	9-10	50 Breast
		11-12	50 Back	11-12	50 Breast
		9-10	50 Back	13-14	100 Breast
		8 & Under	50 Back	10 & Under	400 Free *
		11-12	200 Free	11-12	400 Free*
		10 & Under	200 Free	13 - 14	400 Free*
		13 - 14	1500 Free*		

* The 400 I.M. and 400/1500 Freestyle will be swum fastest to slowest, alternating girls and boys heats.

**Gulf Swimming
Order of Events**

4 Jun 10, 14&U Elite-15&O Open

Entry Rules		11/11/09TPC Updates:
Type of Meet	Timed Finals	1. Friday - 4:00 pm open w/u - 5:30 pm start 2. SPA will host. 3. Tabled discussion of any proposed changes pending outcome of proposal to split out 10 & unders from this meet (waiting to see if RICE can host a separate 10 & under meet). 4. Any changes to this meet format will be addressed by email. 5. May 27, 2010 Qualifying cut-off date for 14&Under swimmers
Max # individual events per day	Three (3)	
The 400 IM does not count as one of the 3 events/day.		
The 10 & Under 400 Free does not count as one of the 3 events/day.		
Swimmers eligible	Gulf registered swimmers	
Entry times in	LCM/SCM/SCY	
Enter with no time?	Yes	
Qualifying times	10&U,11-12,13-14 C USAS Motivational "A" time standards	
	15&Over None	
Special Rule Applies	10&U,11-12,13-14 C Swimmers must have three (3) A times to enter and may swim any event	
Fees	Individual - \$5.50; Relays - \$9.00	
Facility surcharge	\$2/swimmer	

Friday		Saturday AM		Sunday AM	
11-12	200 IM	11-12	200 Free Relay	11-12	200 Medley Relay
13-14	400 Free *	10 & Under	200 Free Relay	10 & Under	200 Medley Relay
15 & Over	400 Free *	11-12	100 Back	11-12	200 Back
11-12	200 Free	10 & Under	200 IM	10 & Under	100 Back
		11-12	100 Free	11-12	50 Fly
		10 & Under	100 Free	10 & Under	50 Fly
		11-12	50 Breast	11-12	50 Free
		10 & Under	50 Breast	10 & Under	50 Free
		11-12	50 Back	11-12	100 Breast
		10 & Under	50 Back	10 & Under	100 Breast
		11-12	100 Fly	11-12	200 Fly
		10 & Under	100 Fly	10 & Under	400 Free**
		11-12	200 Breast	11-12	400 IM**
		10 & Under	200 Free		
		11-12	400 Free**		
		Saturday PM		Sunday PM	
		15 & Over	200 Free Relay	15 & Over	200 Medley Relay
		13-14	200 Free Relay	13-14	200 Medley Relay
		15 & Over	200 IM	15 & Over	200 Back
		13-14	200 IM	13-14	200 Back
		15 & Over	100 Back	15 & Over	100 Fly
		13-14	100 Back	13-14	100 Fly
		15 & Over	200 Fly	15 & Over	200 Free
		13-14	200 Fly	13-14	200 Free
		15 & Over	100 Free	15 & Over	100 Breast
		13-14	100 Free	13-14	100 Breast
		15 & Over	200 Breast	15 & Over	50 Free
		13-14	200 Breast	13-14	50 Free
		15 & Over (bo)	400 IM *	15 & Over (gir	400 IM *
		13-14 (boys)	400 IM *	13-14 (girls)	400 IM *
		15 & Over (girl	1500 Free *	15 & Over (bo	1500 Free *
		13-14 (girls)	1500 Free *	13-14 (boys)	1500 Free *

* The 13-14 and 15 & Over 400 Free, 400 IM and 1500 Free will be combined into one event for girls and one event for boys. These events will be seeded by entry time and scored separately by age group.
 The heats will be swum fastest to slowest, alternating girls and boys.
 ** Heats will be swum fastest to slowest, alternating girls and boys.

**Gulf Swimming
Order of Events**

18 June 10, Junior

Entry Rules	
Type of Meet	Timed Finals
Max # individual events per day	Three (3)
800 Free does not count as one of the 3 events per day	
11-12 & 10&Under 400 Free do not count as one of the 3 events per day	
Swimmers eligible	All
Entry times in	LCM/SCM/SCY
Qualifying times	USAS Motivational "A" time standards
Enter with no time?	Yes
Special Rule Applies	Swimmers must have two (2) or less A times to enter and may swim any event
Fees	Individual - \$5.50; Relays - \$9.00
Facility surcharge	\$2/swimmer

11/11/09TPC Updates:
 1. Friday - 4:00 pm open w/u -
 5:30 pm start
 2. RICE will host.

Friday		Saturday AM		Sunday AM	
13 & Over	400 I.M.*	15 & Over	400 Free Relay	15 & Over	400 Medley Relay
11-12	200 I.M.	13-14	400 Free Relay	13-14	400 Medley Relay
15 & Over	200 Free	15 & Over	100 Free	15 & Over	200 I.M.
13-14	200 Free	13-14	100 Free	13-14	200 I.M.
		15 & Over	200 Fly	15 & Over	50 Free
		13-14	200 Fly	13-14	50 Free
		15 & Over	100 Back	15 & Over	100 Fly
		13-14	100 Back	13-14	100 Fly
		15 & Over	200 Breast	15 & Over	200 Back
		13-14	200 Breast	13-14	200 Back
		13 & Over	800 Free*	15 & Over	100 Breast
				13-14	100 Breast
				13 & Over	400 Free*
		Saturday PM		Sunday PM	
		11-12	400 Free Relay	10 & Under	400 Medley Relay
		10 & Under	400 Free Relay	11-12	400 Medley Relay
		11-12	200 Fly	8 & Under	50 Free
		8 & Under	100 Free	10 & Under	50 Free
		9-10	100 Free	11-12	50 Free
		11-12	100 Free	10 & Under	100 Fly
		8 & Under	50 Fly	11-12	100 Fly
		9-10	50 Fly	10 & Under	100 Back
		11-12	50 Fly	11-12	100 Back
		8 & Under	50 Back	8 & Under	50 Breast
		11-12	200 Breast	9-10	50 Breast
		9-10	50 Back	11-12	50 Breast
		11-12	50 Back	10 & Under	200 I.M.
		10 & Under	100 Breast	11-12	200 Back
		11-12	100 Breast	10 & Under	400 Free*
		10 & Under	200 Free	11-12	400 Free*
		11-12	200 Free		

* The 400 I.M. and 400/800 Freestyle will be swum fastest to slowest, alternating girls and boys heats.
 For the 13-14 and 15 & Over age groups, the events will be combined and scored separately.

**Gulf Swimming
Order of Events**

25 Jun 10, Elite - Prelim Final

Entry Rules	
Type of Meet (11 & Over)	A/B Prelim/Finals
Type of Meet (10 & Under)	A Prelim/Finals
Max # individual events per day	Three (3)
Max # individual events total	Seven (7)
Swimmers eligible	Gulf Swimmers Only
Entry times in	LCM/SCM/SCY
Qualifying times	USAS Motivational "A" time standards
Enter with no time?	Yes
Special Rule Applies	Swimmers must have three (3) A times to enter and may swim any event
Fees	Individual - \$9.00; Relays - \$16.50
Facility surcharge	\$5/swimmer

11/11/09TPC Updates:
 1. UH will host.
 2. Start finals at 5:30 pm on Fri, Sat
 3. Start finals at 5:00 pm on Sun
 4. Limit 7 events total
 5. June 17, 2010
 Qualifying cut-off date for all swimmers

	Prelims	Finals
Friday	8:30 AM	5:30 PM
Saturday	8:30 AM	5:30 PM
Sunday	8:30 AM	5:00 PM

Friday		Saturday		Sunday	
11-12	200 Breast	11-12	200 Back	15 & Over	200 Back
15 & Over	200 Fly	15 & Over	200 Free	13-14	200 Back
13-14	200 Fly	13-14	200 Free	11-12	50 Back
10 & Under	50 Fly	11-12	200 Free	10 & Under	50 Back
11-12	50 Fly	10 & Under	200 Free	15 & Over	100 Free
15 & Over	200 I.M.	15 & Over	100 Breast	13-14	100 Free
13-14	200 I.M.	13-14	100 Breast	11-12	100 Free
11-12	200 I.M.	11-12	100 Breast	10 & Under	100 Free
10 & Under	200 I.M.	10 & Under	100 Breast	15 & Over	200 Breast
15 & Over	100 Back	15 & Over	50 Free	13-14	200 Breast
13-14	100 Back	13-14	50 Free	10 & Under	50 Breast
11-12	100 Back	11-12	50 Free	11-12	50 Breast
10 & Under	100 Back	10 & Under	50 Free	15 & Over	100 Fly
15 & Over	400 Free Relay***	11-12	200 Fly	13-14	100 Fly
13-14	400 Free Relay***	15 & Over	400 Medley Relay***	11-12	100 Fly
11-12	400 Free Relay***	13-14	400 Medley Relay***	10 & Under	100 Fly
10 & Under	200 Free Relay***	11-12	400 Medley Relay***	13-14	1500 Free *
15 & Over	400 Free**	10 & Under	200 Medley Relay***	15 & Over	1500 Free *
13-14	400 Free**	15 & Over	400 I.M.**		
11-12	400 Free**	13-14	400 I.M.**		
10 & Under	400 Free **				

* The 1500 Freestyle will be swum as a timed final event and will be combined into one event for girls and one event for boys. Each event will be seeded by entry time and scored separately by age group. All heats will be swum, fastest to slowest, alternating girls and boys, as the final event in Sunday's prelim session.

** The 400 IM/400 Free will be swum as time finals and will not be combined. At the check-in, swimmers may elect to swim the event during prelims. The fastest 8 girls and the fastest 8 boys in each event who check-in, and who do not elect to swim in prelims, will swim during finals. All other heats will be swum during prelims, fastest to slowest, alternating girls and boys.

*** All Relays will be timed final events. All Relays will be swum in Prelims.

10&Under and 11&Up events are prelim/final except relays and 1500 Free

Gulf Swimming custom medals will be awarded.		
Entry Rules		
Type of Meet (11 & Over)	A/B Prelim/Finals	
Type of Meet (10 & Under)	A Prelim/Finals	
Max # individual events per day	Three (3)	
Swimmers eligible	Group X, Gulf Swimmers Only	
Entry times in	LCM/SCM/SCY	
Qualifying times	10&U, 11-12	USAS Motivational "BB"
	13 & Over	No qualifying times
Cut-off times	None	
Enter with no time?	No	
Gulf "three event" rule applies?	No	
Gulf "up/down" rule applies?	Yes	
Fees	Individual - \$9.00; Relays - \$16.50	
Facility surcharge	\$2/swimmer	

	Prelims	Finals
Friday	8:30 AM	5:00 PM
Saturday	8:30 AM	5:00 PM
Sunday	8:30 AM	5:00 PM

11/11/09TPC Updates:

1. CFSC, FCST?? will host.
2. Prelims start time 8:30 am; Finals start time 5:00 pm.
3. Remove all 8 & under events.
4. All 10 & under events require minimum BB time standards.
5. No Time Trials.
6. All Prelim events will be swum odd/even, except for distance events.
7. Move 11/12 and 10 & U 400 Free events from Friday to Sunday (before mile).
8. Move KATY, CSC, and PACK to CFSC venue.
9. Move TWST, PEAK, and BTA to FCST venue.
10. Fees \$9-Ind / \$16.50-Rel

FCST??	104
AGS	54
ALAC	11
BTA	53
DADS	54
ETEX	7
HSC	55
LJAC	2
NCAT	7
NOCH	11
OWLS	0
PEAK	27
RICE	12
SPA	46
SSAN	5
TAMU	0
TTST	5
TWST	104
WHAT	16
	<hr/> 573

Friday		Saturday		Sunday	
11-12	200 Breast	11-12	200 Back	10 & Under	50 Back
15 & Over	200 Fly	15 & Over	200 Free	11-12	50 Back
13-14	200 Fly	13-14	200 Free	13-14	200 Back
10 & Under	50 Fly	11-12	200 Free	15 & Over	200 Back
11-12	50 Fly	10 & Under	200 Free	10 & Under	100 Free
15 & Over	200 I.M.	15 & Over	100 Breast	11-12	100 Free
13-14	200 I.M.	13-14	100 Breast	13-14	100 Free
11-12	200 I.M.	11-12	100 Breast	15 & Over	100 Free
10 & Under	200 I.M.	10 & Under	100 Breast	11-12	50 Breast
15 & Over	100 Back	15 & Over	50 Free	10 & Under	50 Breast
13-14	100 Back	13-14	50 Free	13-14	200 Breast
11-12	100 Back	11-12	50 Free	15 & Over	200 Breast
10 & Under	100 Back	10 & Under	50 Free	11-12	200 Fly
15 & Over	400 Free Relay***	15 & Over	100 Fly	10 & Under	200 Free Relay***
13-14	400 Free Relay***	13-14	100 Fly	11-12	200 Free Relay***
11-12	400 Free Relay***	11-12	100 Fly	13-14	200 Free Relay***
15 & Over	400 Free**	10 & Under	100 Fly	15 & Over	200 Free Relay***
13-14	400 Free**	15 & Over	200 Medley Relay***	11-12	400 Free**
		13-14	200 Medley Relay***	10 & Under	400 Free**
		11-12	200 Medley Relay***	13-14	1500 Free *
		10 & Under	200 Medley Relay***	15 & Over	1500 Free *
		15 & Over	400 I.M.**		
		13-14	400 I.M.**		

CFSC	83
AQUA	32
BBSC	5
BRAZ	17
COOG	13
CSC	4
ESA	49
GIST	2
HCAP	49
KATY	80
LSST	15
MAC	41
NEHA	3
PACK	88
PL	3
SCAT	4
SS	0
SSS	14
TYES	21
UH	0
	<hr/> 523

* The 1500 Freestyle will be swum as a timed final event and will be combined into one event for girls and one event for boys. Each event will be seeded by entry time and scored separately by age group.
All heats will be swum, fastest to slowest, alternating girls and boys, as the final event in Sunday's prelim session.

** The 400 IM/400 Free will be swum as time finals and will not be combined.
At the check-in, swimmers may elect to swim the event during prelims. The fastest 8 girls and the fastest 8 boys in each event who check-in, and who do not elect to swim in prelims, will swim during finals. All other heats will be swum during prelims, fastest to slowest, alternating girls and boys.

*** All Relays will be timed final events. All Relays will be swum in Prelims.

**Gulf Swimming
Order of Events**

21 Jul 10, B & Under Champs

Entry rules	
Type of Meet	Timed Finals
Max # individual events per day	Four (4)
Swimmers eligible	Gulf Only
Entry times in	SCY/LCM/SCM
Qualifying times	None
Cut-off times	9-10, 11-12 USAS Motivational "BB"
Enter with no time?	Yes
Gulf "three event" rule applies?	No
Gulf "up/down" rule applies?	No
Fees	Individual - \$5.75; Relays - \$9.00
Facility surcharge	\$2/swimmer

11/11/09TPC

Updates:

1. MAC will host.
2. No cut-off times for 8 & unders.

Gulf Swimming custom medals will be awarded.

Sat. A.M.

Age	Event
11-12	100 I.M.
9-10	100 I.M.
8 & Under	100 I.M.
11-12	100 Fly
10 & Under	100 Fly
11-12	50 Free
9-10	50 Free
8 & Under	50 Free
11-12	100 Back
10 & Under	100 Back
11-12	50 Breast
9-10	50 Breast
8 & Under	50 Breast
10 & Under	200 Free
11-12	200 Free
8 & Under	100 Medley Relay
9-10	200 Medley Relay
11-12	200 Medley Relay

Sun. A.M.

Age	Event
11-12	100 Free
9-10	100 Free
8 & Under	100 Free
11-12	50 Fly
9-10	50 Fly
8 & Under	50 Fly
11-12	100 Breast
10 & Under	100 Breast
11-12	50 Back
9-10	50 Back
8 & Under	50 Back
11-12	200 I.M.
10 & Under	200 I.M.
11-12	200 Free Relay
9-10	200 Free Relay
8 & Under	100 Free Relay
11-12	500 Free*

* The 500 Freestyle will be swum fastest to slowest, alternating girls and boys heats.

Proposed Rule Changes

To be effective April 1, 2010

Purpose: To establish a uniform date for all meet entry deadlines, and to allow adequate time for the Technical Planning Committee Chair to monitor and adjust the size of meets with multiple venues.

1-13. LATE ENTRIES

Gulf Swimming has established a uniform meet entry deadline for all teams hosting a meet. The teams will ask that the entries be in the hands of the Meet Director no later than 6:00 p.m. on Friday, ~~one~~ two (2) weeks in advance of the meet. Anyone missing this deadline will be able to enter any "seeded on the deck" meet in the following manner:

(Rest of the rule unchanged.)

1-22. MEET INFORMATION

All teams hosting Gulf swim meets shall send an electronic copy of the Meet Invitation (in Microsoft Word format) and the meet set-up file (in Hy-Tek HYV and EV3 format) to the Gulf Swimming Webmaster. The invitation and meet set-up files must be sent at least ~~thirty (30) days~~ six (6) weeks prior to the first day of the meet. Failure to timely send the invitation or the meet set-up file to the webmaster shall result in a fine of \$100 per day, with a maximum fine of \$1,500.

(Rest of the rule unchanged.)

1-35. SANCTIONS

A sanctioned meet is a designated meet conducted by USA Swimming members. To receive a sanction, a USA Swimming meet sanction form must be received by the Sanction Coordinator at least ~~six (6)~~ eight (8) weeks prior to the meet, except for meets awarded on an emergency basis. (Day received is equivalent to post-marked). The Application for Sanction form may be found on page 13-19. If the Sanction Coordinator receives the application later than this time, a \$100.00 fine will be levied against the team. The current Sanction Coordinator is:

(Rest of the rule unchanged.)



To: LSC General Chairs & Permanent Offices
From: Don Power, LSC Development Committee Chair
Re: LSC Evaluation and Achievement Program (LEAP)

Greetings!

At the Board of Directors meeting following the September 2009 USAS convention in Chicago, USA Swimming adopted the legislation shown below:

MOTION: That the USA Swimming Board of Directors establish the LEAP program to be included in the Policy Manual. Each LSC shall meet the Level One LEAP requirements within each quadrenium beginning with the 2009-2012 quad. An LSC that fails to submit or has uncorrected deficiencies shall be referred to the Board of Directors and shall be subject to the same penalty structure as financial non-compliance. The LSC Development Committee shall administer the program and perform the evaluations. Seconded. APPROVED.

This means that each of the 59 LSC's must complete the LEAP program, Level 1, by the end of the current quad. Many of you volunteered to finish LEAP in 2009 and 2010. Accordingly, a schedule showing all of the LSC's and the completion date for each is attached. Please take a moment to locate your LSC and make note of the deadline. You are more than welcome and encouraged to submit ahead of schedule, (start now!) but please be sure to submit no later than your deadline.

To begin the LEAP process, it is necessary to access your LSC portal. Instructions for doing so can be found on the USA Swimming website. Select the Volunteer tab at the top and click on the General Chair listing on the left side of the page, or use this link.

<http://www.usaswimming.org/USASWeb/DesktopDefault.aspx?TabId=1015&Alias=Rainbow&Lang=en>

You can also view / print a complete copy of the LEAP component requirements from this page. We encourage you to share the component information with the LSC Board of Directors and other contributors in your organization as soon as possible. Bring everyone together for a strategic planning session using LEAP as the platform for group discussion.

Should you need assistance along the way, please contact one of the following people:

Arlene McDonald – LSC Governance Consultant, USA Swimming (Eastern time zone)
ArleneMcD@aol.com 317-442-2166

Sue Anderson – Staff Liaison to the LSC Development Committee, USA Swimming (Eastern time zone) Sanderson@usaswimming.org 719-866-4578

Don Power – LSC Development Committee Chair (Pacific time zone)
DPoweron@pacbell.net 408-887-0655

Cherita Gentilucci – LSC Development Committee Vice-Chair (Eastern time zone)
Office@maswim.org 302-429-6288

Sincerely,

Don Power

Committee Chair



What is Make a Splash?

Make a Splash is a national child-focused water safety initiative created by the USA Swimming Foundation to save lives.

Launched in 2007, *Make a Splash* works by aligning the nation's top learn-to-swim resources in an effort to save lives. *Make a Splash* educates parents through a national awareness campaign, saves lives by joining forces with grassroots learn-to-swim programs and reaches thousands of children through wide-reaching in-school materials.

Make a Splash Local Partner Program

The Opportunity

Since the launch of the *Make a Splash* initiative, many organizations have reached out to USA Swimming to find out how to participate in *Make a Splash*. One of the guiding principles of *Make a Splash* is to spread the word and mission of the USA Swimming Foundation to EVERY community. In order to reach the widest audience possible, *Make a Splash* partners with USA Swimming member clubs and non-member organizations through the Local Partner program.

The Plan

Develop a nationwide network of community organizations and programs to join the USA Swimming Foundation in activating the *Make a Splash* initiative. These "Local Partners" will make up the network of providers that deliver *Make a Splash* programs.

Who Can Be a Local Partner?

The *Make a Splash* Local Partner program is geared toward small and large community programs across the U.S. We envision participation by the following groups with a variety of curricula and more:

- USA Swimming member clubs
- YMCAs
- Learn-to-Swim Programs
- Boys & Girls Clubs
- Parks & Recreation Departments
- Summer League Programs
- School Districts
- You!
-

Local Partner Benefits

Why Should My Local Program Make a Splash?

The Local Partner program provides the opportunity to make a difference in your community using the power of *Make a Splash*. The *Make a Splash* campaign will help you locally to:

- Expand awareness about the importance of water safety and the need to learn to swim
- Make your learn-to-swim program services become more visible in your community.

The specific benefits of partnering with the USA Swimming Foundation are numerous. We share the common goal of saving lives and getting kids more fit. Your program can take advantage of these great Local Partner benefits:

- Utilize the *Make a Splash* name and branding in your community to help drive awareness for your learn-to-swim and aquatic programs
- Participate in an on-going, national marketing and public relations campaign along with the USA Swimming Foundation and its corporate and aquatic partners.
- Receive a FREE promotional kit of materials to use in your community to include:
 - CD/DVD set that includes flyer templates, posters, water safety day ideas, images, press release templates, logo artwork and logo usage guidelines, professionally produced radio and TV PSAs
 - 20 *Make a Splash* promotional cards with logo pins
 - 20 laminated Water Watcher cards and wristbands
 - 100 *Make a Splash* tattoos and stickers
 - *Make a Splash* Banner to hang in your facility
 - Opportunity to purchase additional *Make a Splash* materials at cost
- Access to a national learn-to-swim general liability insurance program with attractive rates
- Enhanced ability to raise funds in your community to help provide “scholarships” to children from economically-disadvantaged populations
- Potential to apply for future grant dollars and/or scholarship support

Local Partner FAQ

What is the Local Partner Program?

A partnership with the USA Swimming Foundation providing a way to activate the *Make a Splash* initiative in your community.

Can I use the *Make a Splash* name in my community?

Yes, but only by participating in the Local Partner program or having a *Make a Splash* for Water Safety event.

Are USA Swimming clubs the only organizations eligible to participate in the Local Partner program? The Local Partner program is open to all learn-to-swim

providers and organizations in the United States as long as the program meets the Local Partner program guidelines.

Is *Make a Splash* affiliated with a particular learn-to-swim provider?

Make a Splash recognizes and supports all national learn-to-swim organizations. If a provider utilizes an independently-developed learn-to-swim curriculum, the program will be reviewed by the USA Swimming Foundation.

Can I solicit local sponsor support for my program?

Yes. Local Partners can solicit local businesses and foundations for contributions to support the Sponsor a Swim Lesson program.

Can I solicit individual donor support for my program?

Yes. Local Partners can solicit individual donations to support the Sponsor a Swim Lesson program.

Can my learn-to-swim program receive funding directly from the USA Swimming Foundation?

At this time, the USA Swimming Foundation is not directly funding individual programs. However, by participating in the Local Partner phase of the initiative, your program will be eligible to apply for any future funding or scholarship grants when they become available.

What are some ideas to activate the Local Partner program in my area?

The ideas are limitless, but here are a few thought starters:

1. Contact local agencies that specialize in outreach programs, such as the Boys & Girls Clubs, Scouts, Big Brothers Big Sisters, etc., and invite them to utilize your discounted lesson program
2. Contact nearby elementary schools to negotiate a partnership to offer discounted programs for third-graders for learn to swim classes
3. Many EMT, Fire and Police departments already have educational programs in place promoting water safety. Contact EMT, Fire and Police training entities and ask them to be ambassadors for *Make a Splash* during community events and school visits
4. Utilize the *Make a Splash* public service announcements in local media
5. Utilize the USA Swimming Swim-a-Thon program to dedicate funds to this cause



Local Partner Application Information

Requirements for Submitting a Local Partner Program Application

Organizations wishing to apply for participation in the Local Partner program must meet the following requirements:

1. Curriculum:
 - a. A nationally recognized learn-to-swim curriculum (e.g. Red Cross, YMCA, Swim America, Starfish, USSSA, etc.) OR
 - b. Any approved independently-developed learn-to-swim curriculum reviewed by the USA Swimming Foundation.
2. Trained, certified instructors with current CPR and First Aid certification
3. A maximum 6:1 student to instructor ratio
4. A minimum of 8 classes per session with a minimum of 1 class per week
5. Class duration is at least 30 minutes for group lessons
6. Teaching docks provided if pool depth is greater than 4 feet
7. Proof of insurance for the facility and program including general liability and participant liability with a minimum of \$1,000,000 coverage per occurrence.
8. Emergency Action Plan in place

Make a Splash Participation Requirements

Organizations wishing to apply for participation in the Local Partner program must be willing to incorporate the following *Make a Splash* requirements:

1. Community Service: hosting water safety days for the community, opening facility for community service groups (Boys & Girls Scouts, ROTC, etc) for water safety events, and/or offering lessons at a free or discounted rate dedicated to children from economically-disadvantaged populations.
 - To qualify as a discounted price, the cost must be at least 50% off the standard session fee.
 - To qualify as a member of an economically-disadvantaged population the participant should meet criteria such as qualification for a free or reduced fee school lunch program or a comparable local measure
2. Quarterly reporting—statistics will be kept on the following:
 - Total number of classes by program level offered to participants
 - Number of all participants, and number of participants served by the *MAS* program
 - Breakout of the ages of the *MAS* participants according to the following age groupings: Ages 5 & Under, Ages 6-8, Ages 9-11, Age 12 & Older.

- Breakout of the ethnicity of the *MAS* participants according to the following options: African American, Asian, Caucasian, Hispanic, American Indian & Alaska Native, Native Hawaiian & Other Pacific Islander, and Other.
- Breakout of the *MAS* participants by gender.
- Average attendance percentage of *MAS* participants per session
- Number of *MAS* participants passing the *MAS* basic skills test and each of the program achievement levels, i.e. Beginner, Advanced Beginner, etc.

Local Partner program Application Contents

The Local Partner application must include the following:

1. Completed Application Form (see attached)
2. Overview of Applicant's Learn-to-Swim Program
 - a. Teaching Progression/Curriculum (if program is independently developed)
 - b. Sample Program Schedule
 - c. Fee Schedule
 - d. Awards and/or Recognition Program
 - e. Sample Promotional Info/Flyers
 - f. Facility Information
 - g. Other aquatic programs offered
3. Staffing
 - a. Training/certification requirements for swim school staff and instructors
 - b. Training/certification process for instructors
 - c. In Service Training
 - d. Instructor to swimmer ratio
4. Insurance
 - a. The approved *Make a Splash* Local Partner Program shall maintain in force either (a) policy or policies of insurance, (b) self-insurance program, or (c) combination of insurance policy and self-insurance policy, with limits as specified below, insuring against liability which may be imposed arising out of the above:
 - b. Commercial general liability including personal injury insurance with the following limits:

i. Each occurrence:	\$1,000,000
ii. Personal and advertising injury:	\$1,000,000
iii. Participant Liability:	\$1,000,000
iv. General aggregate:	\$2,000,000
 - c. The policy(ies) referred to above shall be endorsed to include USA Swimming and the USA Swimming Foundation as additional insureds and to indicate that the coverages provided by the policy(ies) are primary and non contributory with any insurance maintained by USA Swimming or USA Swimming Foundation.
 - d. The approved lesson program shall deliver to the USA Swimming Foundation a certificate of insurance evidencing the above-described policies and endorsements within thirty (30) days after approval of this application. Any material change, renewal or amendment to such insurance policy shall be delivered to the USA Swimming Foundation within thirty (30) days of its effective date.
5. Information regarding current scholarship program, i.e. number of students participating in free or reduced lessons over the past three years.
6. Emergency Action Plan for each facility

Please send the completed application form and additional materials to:

Make a Splash™ Local Partner Program
USA Swimming Foundation
Attn: Kim O'Shea
1 Olympic Plaza
Colorado Springs, CO 80909

Email: koshea@usaswimming.org

Fax: 719-866-4669

Phone: 719-866-3520



Local Partner Program Application Form



Legal Name of Organization: _____

Federal ID Number: _____ Tax Status: _____

USA Swimming Club Member: Yes No Year organization established: _____

Contact Person: _____ Position: _____

Street Address: _____

City, State, Zip: _____

Phone Number: _____ Mobile number: _____

Email Address: _____

Website Address: _____

Program Setting: Urban Rural Suburb Nearest Major City: _____

Facility (circle one): Own Rent/Lease (If more than one facility, please list on back)

Our rental contract is (with whom/for how long): _____

Learn-to-Swim Curriculum used: _____

Program Schedule: Please list months of the year that you offer LTS programming

Annual Number of Learn-to-Swim participants:

2005: _____ 2006: _____ 2007: _____ 2008: _____

Signature of Owner/Manager/Chief Authorizing Official

Date

Printed name of above



Application Checklist for the Local Partner Program (LPP)

Name of Program: _____
 Contact person: _____
 Phone: _____
 Email: _____

Please check off items to be turned in:	Learn to Swim Program	Make a Splash office	Notes
1. LPP Application Form			
2. LTS Program Info & Curriculum (if not a national curriculum)			
3. Sample Program Schedule			
4. Sample Fee Schedule			
5. Awards/Recognition Information			
6. Sample Flyers and/or Promotional Literature			
7. Staffing Info: including training and certification requirements, and instructor to swimmer ratio			
8. Insurance (proof required after approval)			
9. Scholarship Program Guidelines and Info			
10. Emergency Action Plan for each facility			

Make a Splash use only:
 Date application received: _____

Initial & Date when complete:
 NHQ Official _____ Date _____