

TREASURER

Tom Hasz

Tom reported that 8 teams were missing some parts of their financial reports and or splash fee payment. Tom has contacted the teams and informed them of their missing reports and their fines due to the missing information and or payment. Tom attended a USAS insurance seminar in June and reported that the LSC is covered for automobile insurance on LSC travel trips and the USAS convention. Twelve passenger vans are covered, fifteen passenger vans are not. The LSC board of directors also has director coverage. Clubs are not covered for automobile insurance or director coverage. The current checking account balance is \$77,750.60 with \$25,000 in the money market account. Tom predicts that Gulf Swimming will again operate at a loss this year.

**SENIOR VICE
CHAIRMAN**

Tim Bauer

Not present, no report

**AGE GROUP
VICE CHAIRMAN**

Allison Beebe

The Ladder of Success shirts have been ordered.

**TECHNICAL COMMITTEE
CHAIRMAN**

Henry Clark

Not present, report by Herb. See attached report from 6-17-09 TPC meeting. The Long Course bid process will be held Sept 16 - Oct 7. The next TPC meeting will be Oct 14, 2009.

**ATHLETE REGISTRATION
COORDINATOR**

Annette Leach

Not present, no report.

**NON-ATHLETE REGISTRATION
COORDINATOR**

Chris Day

581 non-athletes have registered for 2009; in 2008 there were 561 non athletes. The Gulf and USAS websites have the safety requirements for coaches and the list of courses that qualify. Chris and Annette will put the 2010 registration team packets together and they will be sent out in August. Background screens are expiring for coaches and they need to go on-line and re-submit their information.

OFFICIALS CHAIRMAN

Rick Kehlenbach

Not present Herb reported that Rick is reminding officials to sign up to work, the upcoming Sectionals, TAGS and Sr. Zones Meets, all of which are being held in the Gulf LSC this year.

SAFETY COORDINATOR

Mark Taylor

No report. Tom and Chris attended a Safety Seminar held by USAS and they reported that injured athletes lose coverage 30 days after the date of the injury, if the team has not sent in a report of occurrence form. This applies to meets, practices and all team sponsored events.

PAST GENERAL CHAIRMAN

Herb Schwab

No report

ATHLETE REPRESENTATIVES

Chelsea Leary

Not present, no report

Ashley Adams

Not present, Eddie reported that the candidates for Junior athlete team rep are Jake Ritter of HSC and Jessica Rodriguez of FCST.

COACH REPRESENTATIVE

Eddie Adams

No report

SANCTION COORDINATOR

Linda Brenneke

No report

NTV COORDINATOR

Rick Kehlenbach

Not present no report

ADAPTED SWIMMING COORDINATOR

Gary Baker

Not present no report

TOP 10 RECORDS COORDINATOR

Rick Kehlenbach

Not present no report

COMPUTER INFORMATION COORDINATOR

Sharon Bourne

Not present no report

**MATERIAL AND EQUIPMENT
COORDINATOR**

Rick Tobin

Not present, report by Herb. Rick checked into lightning detectors and found that they are not reliable and cost in the range of \$600-900. He recommends Gulf not purchase them. Rick will be holding the annual equipment round up again in August and will send the information out to the trailer hosts.

**CLUB DEVELOPMENT
LIAISON**

Ray Loney

Not present no report

PUBLICITY COORDINATOR

Robert Kelly

No report

DIVERSITY COORDINATOR

Gilbert Legaspi

No report

OPEN WATER COORDINATOR

Seth Huston

Not present no report

CAMP COORDINATOR

Mark Taylor

Mark will send the Swimposium invoice to Tom when he receives it.

**SPECIAL COMMITTEE
REPORTS**

Kevin gave the Southern Zones report for Emily. The plane, hotel and transportation reservations have been made. The team will travel the day of the meet. All deposits are in. There will be a total of 6 coaches with Emily Milak as the head coach. Forty athletes and one disabled athlete are participating in the meet.

**OLD/NEW BUSINESS
ACTIONS**

- A motion was made seconded and passed to:
- adopt the Gulf Documentation Retention Policy, see attached.
- adopt the Gulf Whistle Blower Policy, see attached.
- adopt the 2009-10 SC meet formats, see TPC report.
- adopt the 2009-10 Meet groups, see TPC report.
- approve the 2009-10 Gulf Meeting schedule, see attached.
- increase the Gulf Awards banquet fee to \$25.00 Gulf Swimming covered \$11,000 in fees last year.
- approve sending Rick Kehlenbach to the USAS convention this year.

-- A motion was made and seconded to table the 2010 LC meet schedule until the 9-2-09 BOD meeting.

ANNOUNCEMENTS

FCST is experiencing water temperature problems at the outdoor aquatics center. Time trials will be held Friday at Don Cook Nat.

Jay thanked everyone for their help and cooperation during his tenure as the General Chairman of Gulf Swimming.

A motion was made seconded and passed to adjourn at 8:33 PM

Respectfully Submitted,

Linda Brenneke

Linda Brenneke
Board of Directors, Secretary
Gulf Swimming, Inc.

Team/Meet	ESA 8 & Under Open 4/4/09	CFSC/UH Open 4/17-4/19/09	SPA A & Up 5/4-5/3/09 7/10-7/12/09	FCST BB & Under 5/8-5/10/09	PACK BB & Under 5/8-5/10/09	FCST A & Up 5/9-5/10/09	UH A & Up/Open 5/22-5/24/09	SCAT BB & Under 5/29-5/31/09	TWST A & Up/Open 6/12-6/14/09	DADS BB & Under 6/19-6/21/09	MAC B & Under Summer Ch 7/18-7/19/09	FCST/TWST Summer Champs 7/24-7/26/09								
AGS																				
ALAC		NS								NS										
AQUA		NS		NS		P	P/NS	NS	P											
BRAZ								NS												
BTA		NS				P	P/NS		P											
CFSC		E/NS		NS		P	E/P/NS		E/P/NS	E/NS										
COOG							P		P											
CSC						P	P		P/NS											
DADS		NS		E/NS	NS	P/NS	P/NS	NS	P/NS	E/NS										
ESA	NS	NS				P/NS	E/P/NS		P/NS	NS										
ETEX																				
FCST									NS	E/NS										
GIST								NS												
HCAP		NS		NS	NS		P/NS	NS	P/NS											
HSC		NS		NS	NS		E/NS	NS	P	NS										
KATY		NS		NS	NS	NS	E	E	E/NS	E/NS										
LJAC																				
LSST		E/NS					P		P	NS										
MAC							P/NS													
NCAT																				
NEHA																				
NOCH							P		P											
OWLS																				
PACK		NS				P/NS	E/P/NS		P/NS	NS										
PEAK		NS		NS		P			P	NS										
RICE					NS		P	NS		NS										
SCAT		NS																		
SPA		NS				P/NS	P/NS		P/NS	E/NS										
SS																				
SSS									P											
TAMU																				
TTST		NS																		
TWST				E/NS		P	P/NS		E/P/NS	NS										
TYES		NS							NS											
UH																				
WHAT		NS		NS			P		E/P	NS										

Gulf Swimming Technical Planning Committee Meeting

**June 17, 2009
11:00 A.M. DADS Club**

Attendees:

Kevin Milak, BTA
Clayton Cagle , CFSC
Rey Aguilar, DADS
Allison beebe , FCST
Gilbert Legaspi, HSC
Jason Devine, KATY

Sharon Power, KATY
Eddie Adams , LSST
Paige Mullen, NOCH
Juan Caraveo, PEAK
John Burke, PEAK
Seth Huston, RICE

Andre' Smith, SPA
Jason Harold, TTST
Loa McNeese, TTST
Shana Trabona, TWST
BJ Alvarez, WHAT

On June 17, 2009 the Technical Planning Committee formulated:

- The 2010 Long Course meet schedule
- 2009-2010 Short Course meet formats
- 2009-2010 Short Course meet groups

Please find these documents attached.

Respectfully,



Technical Planning Committee Chairman

Wk	Dates	Meet	Groups	Notes	Other	Hosts		
1	2009	5-6			Labor Day 9/7/09			
2	September	12-13						
3		19-20			USA Aquatic Sports Annual Conv			
4		26-27						
5		October	4	Gulf Open Water Champs	1	Open Water Swimming Competition - Sunday	TSA Annual Meeting, SAT??	
6	10-11							
7	October	16-18	9-14 Junior**	5	2 1/2 Days; Scored; Cut-off times	ESA, HSC, MAC, BTA, HCAP		
8		24-25	9-14 Elite*	1	2 1/2 Days; Scored; Qual times; All Star selection meet	LSST		
			8 & Under Open	2	1 Day; Score single age group scoring; 6&U, 7, 8	FCST, PACK		
9		Senior	1	15 & Up Open, 14 & Under 15/16 AA; Sat AM/PM Sun AM	CFSC			
10	November	31-1			SAT??			
10		6-8	9-14 Junior**	5	2 1/2 Days; Scored; Cut-off times	TSA LSC Championship	BTA, PEAK, MAC, SPA, NOCH	
11		14-15	9-14 Elite*	1	2 1/2 Days; Scored; Qual times		KATY	
			8 & Under Open	2	1 Day; Score single age group scoring; 6&U, 7, 8		FCST, UH	
12		Senior	1	15 & Up Open, 14 & Under 15/16 AA; Sat AM/PM Sun AM		HCAP		
13		21-22						
		28-29			Thanksgiving 11/26/09			
14	December	4-6	Gulf Senior Champs	1	14 & Under Sr. GC; 15 & Up Open; Open to US; P/F A/B/C Finals; Scored	Short Course Nationals 12/3-5/09		
			Fall Champs	3	Split Sessions; Gulf swimmers only; GC cutoff; Scored, ages 9-14 only	SAT??	AGS	
15		11-13	Gulf Age Group Champs	1	14 & Under; GC Times; P/F A/B Finals for 11-14; Gulf Swimmers Only; Scored	Junior Championships 12/10-13/09	HCAP, PACK, CFSC	
			8&Under Gulf Champs	2	1 Day; Score single age group scoring; 6&U, 7, 8, 9, 10	Columbus, OH	FCST	
16		19-20				ESA, UH		
17		26-27			Christmas Day 12/25/09			
18	2010	2-3			New Year's Day 1/1/10			
19		January	9-10					
20			16-17	9-14 Elite*	1	2 1/2 Days; Scored; Qual times		SPA
				8 & Under Open	2	1 Day; Score single age group scoring; 6&U, 7, 8	MLK 1/18/10	TWST, UH
21				Senior	1	15 & Up Open, 14 & Under 15/16 AA; Sat AM/PM Sun AM		TWST
22		9-14 Junior**	5	2 1/2 Days; Scored; Cut-off times	SAT??	HSC, CFSC, HCAP, KATY, MAC		
23	February	29-31			HS Districts			
24		6-7						
25		13-14				HS Regionals		
26		19-21	Spring Champs (13 & Over)	2	TAGS Cut-off -13-14; Sectionals cut-off-15 & Over; P/F; Scored		TWST	
27		26-28	Spring Champs (12 & U)	4	TT Sat&Sun; Scored A/BB/B	HS States, Big 12s @ A&M, C-USA@UH	CFSC, KATY, SPA, PACK	
28	March	4-7			Sectionals-A&M, Amer Sh Course-UT	AGS		
29		11-14			TAGS ??, SAT??			
30		20-21			Women's NCAA 3/18-20/09 @ Purdue			
31		27-28			Men's NCAA 3/25-27/09 @ Purdue			
32	April	3	8 & Under Open	1	1 Day; Score single age group scoring; 6&U, 7, 8	Easter 4/4/10	ESA	
33		10-11				FINA World Ch 4/7-11/10		
34		17	Open Water	1	Open Water Swimming Competition			
35		23-25	Open Meet	2	2-1/2 Days; Scored; Split Session; 13&Over AM, 12&Under PM			
36	May	1-2						
37		7-9	BB & Under Meet	2	2-1/2 Days; Scored	Mother's Day 5/9/10		
38		14-16	A & Up Meet	1	2-1/2 Days; Scored; Split Session	Sr Circuit 1		
39		22-23						
40	June	28-30	14&Under BB&Under	1	2-1/2 Days; Scored; Split Session	Mem Day 5/31/10		
41		4-6	A & Up / Open	1	2-1/2 Days; Scored; 15&Over-Open; Split Session			
42		12-13				Sr Circuit 2		
43		18-20	BB & Under Meet	1	2-1/2 Days; Scored; Split Session	Father's Day 6/20/10		
44	July	25-27	A & Up	1	3 Days; P/F A/B Finals; Scored	Sr Circuit 3		
45		3-4				4th of July		
46		10-11						
47		16-18	Gulf Summer Champs	2	3 Days; P/F A/B-Finals 11&O, A-Finals 9-10, 10&U, Time Finals-8&U; Scored	Sr Circuit 4		
48	August	24-25	B & Under Champs Meet	1	2 Days; Scored; yards	Sectionals??		
49		28-1				TAGS??, Southern Zones 7/28 - 8/1/10, Atlanta, GA		
50		7-8				Senior Zones ???, ConPhil Nat Ch 8/3-7/10		
51		14-15				Junior Championships 8/9-13/10		
52		21-22						

* 9-14 Elite swimmers MUST have (3) three A standards to enter this meet and are eligible to swim ANY event in their age group.

** 9-14 Junior swimmers MUST have less than (3) three A standards to enter this meet and are eligible to swim ANY event in their age group.

Meet Groups - Short Course 2009 - 2010

16-Oct-09 Junior	24-Oct-09 8&U	6-Nov-09 Junior	14-Nov-09 8&U	4-Dec-09 Fall Ch	11-Dec-09 8&U Ch	15-Jan-10 8&U	22-Jan-10 Junior	26-Feb-10 12&U Ch
ESA COOG ETEX LSST NOCH TWST UH WHAT	PACK AGS ALAC BRAZ BTA CSC ESA ETEX LSST MAC NCAT NEHA TAMU TTST TWST TYES	NOCH COOG ESA ETEX PACK SCAT TTST UH	UH AGS AQUA BRAZ BTA COOG DADS HCAP MAC NEHA NOCH OWLS PACK RICE SCAT SSS TAMU TWST TYES	HCAP AQUA DADS HSC KATY LJAC PEAK OWLS RICE SPA SS SSS	ESA AGS ALAC BRAZ BTA CFSC CSC ETEX LSST MAC NCAT NEHA NOCH PACK SCAT TAMU	TWST AGS ALAC BRAZ BTA CSC ESA ETEX FCST LSST MAC SPA SS TAMU TTST	HSC COOG DADS NEHA NOCH PACK UH	CFSC AGS BTA CSC LSST TAMU TWST
BTA ALAC BRAZ KATY LJAC OWLS PEAK RICE	FCST AQUA CFSC COOG DADS GIST HCAP HSC KATY LJAC NOCH OWLS PEAK RICE SCAT SPA SS SSS UH WHAT	BTA ALAC BRAZ DADS KATY LJAC	FCST ALAC CFSC CSC ESA ETEX GIST HSC KATY LJAC LSST NCAT PEAK SPA SS TTST WHAT	CFSC AGS COOG FCST GIST LSST MAC NCAT SCAT TAMU TWST UH	UH AQUA AQUA COOG DADS FCST GIST HCAP HSC KATY KATY LJAC LJAC OWLS PEAK RICE SPA SS SSS TTST TWST TYES WHAT	UH AQUA CFSC COOG DADS GIST HCAP HSC KATY LJAC NCAT NEHA NOCH OWLS PACK PEAK RICE SCAT SSS TYES WHAT	HCAP FCST GIST LJAC PEAK SPA	KATY ALAC BRAZ DADS HCAP OWLS RICE TYES WHAT
HSC AQUA DADS FCST		SPA CSC FCST HSC OWLS RICE					KATY CSC ESA OWLS RICE WHAT	SCAT AQUA COOG ESA MAC NCAT NEHA NOCH PACK SSS UH
HCAP CFSC CSC GIST NEHA SCAT SPA SSS		PEAK AQUA CFSC GIST HCAP NEHA SSS WHAT		PACK ALAC BRAZ BTA CSC ESA ETEX NEHA NOCH TTST TYES WHAT			CFSC ALAC AQUA BTA LSST SS SSS TTST	SPA ETEX FCST GIST HSC LJAC PEAK TTST
MAC AGS NCAT PACK SS TAMU TTST TYES		MAC AGS LSST NCAT SS TAMU TWST TYES					MAC AGS BRAZ ETEX NCAT SCAT TAMU TWST TYES	

**Gulf Swimming
Order of Events**

4 Oct 09, Open Water Champs

Gulf Swimming custom medals will be awarded.		
Entry rules		
Type of Meet	Timed Finals	<u>TPC notes:</u> Host: RICE - Follow format from 2008
Max # individual events per day	Three (3)	
Swimmers eligible	All	
Entry times in	None	
Qualifying times	None	
Cut-off times	None	
Enter with no time?	No entry times	
Gulf "three event" rule applies?	No	
Gulf "up/down" rule applies?	No	
Fees	Race #1: \$25, Race #2: \$10, Race #3: \$10	

Saturday

1. 9:00am, 800 meter swim, check in 7:30am to 8:30am,
2. 9:30am, 1 mile swim, check in 7:30am to 9:00am
3. 10:30am, 2 mile swim, check in 7:30am to 9:30am

- 800 meter - all ages
- 1 mile - 11&Over
- 2 mile - 13&Over

Events will be swum combined and scored separately: Girls and boys 9-10, 11-12, 13-14 and 1
 Medals awarded 1st - 3rd places

**Gulf Swimming
Order of Events**

16 Oct 09, 9-14 Junior

Entry rules		TPC notes: Hosts: ESA, HSC, MAC, BTA, HCAP - Entries due Monday (11 days before). TPC Chair may ask teams to switch venues to balance numbers
Type of Meet	Timed Finals	
Max # individual events per day	Five (5)	
Swimmers eligible	Group X	
Entry times in	SCY/SCM/LCM	
Qualifying times	None	
Cut-off times		
9-10, 11-12 & 13-14:	USAS Motivational "A" time standard	
Enter with no time?	Yes	
Special Rule Applies	Swimmers must have two (2) or less A times to enter and may swim any event	
Fees	Individual - \$3.75; Relays - \$7.50	

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TYES

Friday		Saturday		Sunday	
11-14	500 Free *	9-10	100 I.M.	11-12	200 I.M.
9-10	200 I.M.	11-12	100 I.M.	9-10	50 Back
11-14	400 I.M. *	13-14	200 I.M.	11-12	50 Back
		9-10	100 Back	13-14	200 Back
		11-12	100 Back	9-10	50 Free
		13-14	100 Back	11-12	50 Free
		9-10	100 Free	13-14	50 Free
		11-12	100 Free	9-10	100 Breast
		13-14	100 Free	11-12	100 Breast
		9-10	100 Fly	13-14	100 Breast
		11-12	100 Fly	9-10	50 Fly
		13-14	100 Fly	11-12	50 Fly
		9-10	50 Breast	13-14	200 Fly
		11-12	50 Breast	9-10	200 Free
		13-14	200 Breast	11-12	200 Free
		9-10	200 Free Relay	13-14	200 Free
		11-12	200 Free Relay	9-10	200 Medley Relay
		13-14	200 Free Relay	11-12	200 Medley Relay
		9-10	500 Free** (Boys only)	13-14	200 Medley Relay
		11-14	1000 Free** (Girls only)	9-10	500 Free** (Girls only)
				11-14	1000 Free** (Boys only)

The 11-14 events will be swum combined but scored separately for 13-14 and 11-12.

* The 11-14 400 I.M. & 500 Freestyle will be swum fastest to slowest, alternating girls and boys heats.

** The 9-10 500 & 11-14 1000 Freestyle will be swum fastest to slowest.

**Gulf Swimming
Order of Events**

24 Oct 09, 9-14 Elite TSA Qual

LSC All Star Q Meet

Entry rules		TPC notes:
Type of Meet	Timed Finals	Host: LSST
Max # individual events per day	Five (5)	- Tentative format. Follow format set by TSA
Swimmers eligible	Gulf	-Added 9-10 events
Entry times in	SCY/SCM/LCM	- No 9-10 500 free
Qualifying times	USAS Motivational "A" time standard	- 9-10 swimmers that enter the 11&U or 12&U 500 free must have the 11-12 A standard
Cut-off times	None	
Enter with no time?	Yes	
Special Rule Applies	Swimmers must have three (3) A times to enter and may swim any event	
Fees	Individual - \$3.75	

Saturday AM

Warm-up: 7:30 am

Start: 9:00 am

13 & Under 400 I.M.** (Boys Only)
14 & Under 400 I.M.** (Boys Only)

9-10 50 Free

11 & Under 50 Free

12 & Under 50 Free

13 & Under 50 Free

14 & Under 50 Free

9-10 100 Breast

11 & Under 100 Breast

12 & Under 100 Breast

13 & Under 200 Breast

14 & Under 200 Breast

9-10 100 Back

11 & Under 100 Back

12 & Under 100 Back

13 & Under 200 Back

14 & Under 200 Back

10 Minute Break

11 & Under 500 Free * (Girls Only)

12 & Under 500 Free * (Girls Only)

13 & Under 500 Free * (Girls Only)

14 & Under 500 Free * (Girls Only)

Saturday PM

Warm-up: 3:00 pm

Start: 4:00 pm

13 & Under 400 I.M.** (Girls Only)

14 & Under 400 I.M.** (Girls Only)

9-10 100 Free

11 & Under 100 Free

12 & Under 100 Free

13 & Under 100 Free

14 & Under 100 Free

9-10 200 I.M.

11 & Under 200 I.M.

12 & Under 200 I.M.

10 Minute Break

9-10 50 Back

11 & Under 50 Back

12 & Under 50 Back

13 & Under 100 Back

14 & Under 100 Back

9-10 50 Fly

11 & Under 50 Fly

12 & Under 50 Fly

13 & Under 100 Fly

14 & Under 100 Fly

10 Minute Break

11 & Under 500 Free * (Boys Only)

12 & Under 500 Free * (Boys Only)

13 & Under 500 Free * (Boys Only)

14 & Under 500 Free * (Boys Only)

Sunday AM

Warm-up: 8:30 am

Start: 10:00 am

9-10 200 Free

11 & Under 200 Free

12 & Under 200 Free

13 & Under 200 Free

14 & Under 200 Free

9-10 100 I.M.

11 & Under 100 I.M.

12 & Under 100 I.M.

13 & Under 200 I.M.

14 & Under 200 I.M.

9-10 50 Breast

11 & Under 50 Breast

12 & Under 50 Breast

13 & Under 100 Breast

14 & Under 100 Breast

9-10 100 Fly

11 & Under 100 Fly

12 & Under 100 Fly

13 & Under 200 Fly

14 & Under 200 Fly

The first event of the Saturday PM session will not start before 2 hours from the completion of last event of the Saturday AM session. Events are NOT combined

** The 400 I.M. will be swum fastest to slowest

* The 500 Free will be swum fastest to slowest alternating girl's and boy's heats.

NOTE: Enter each event using the swimmer's age as of October 24, 2009. However, the swimmer's age as of November 7, 2009 shall determine their age classification for the Texas LSC All Star Meet. In order to be eligible to compete in the Texas LSC All Star Meet, swimmers MUST compete in the age-appropriate events at this meet using their age as of the date of the Texas LSC All Star Meet. [For example, if a swimmer is 12 years old on October 24, 2009, but ages up to 13 years old before the Texas LSC All Star Meet on November 7, 2009, then enter the events for the 13 & Under swimmers.]

The age groups for this Qualifying meet are 11 & Under, 12 & Under, 13 & Under, and 14 & Under. Age Requirement for TSA All Star Meet: All swimmers must be 11 years old on or by November 7, 2009.

**Gulf Swimming
Order of Events**

24 Oct 09 8&U

Entry rules	
Type of Meet	Timed Finals
Max # individual events per day	Four (4)
Swimmers eligible	All
Entry times in	SCY/SCM/LCM
Qualifying times	None
Cut-off times	None
Enter with no time?	Yes
Gulf "three event" rule applies?	Does not apply
Gulf "up/down" rule applies?	Does not apply
Fees	Individual - \$3.75

TPC notes:
Hosts: FCST,
PACK

- | PACK |
|-------------|
| AGS |
| ALAC |
| BRAZ |
| BTA |
| CSC |
| ESA |
| ETEX |
| LSST |
| MAC |
| NCAT |
| NEHA |
| TAMU |
| TTST |
| TWST |
| TYES |

Saturday

6 & Under	50 Free
7	50 Free
8	50 Free
6 & Under	25 Breast
7	25 Breast
8	25 Breast
6 & Under	50 Back
7	50 Back
8	50 Back
6 & Under	25 Fly
7	25 Fly
8	25 Fly
6 & Under	50 Breast
7	50 Breast
8	50 Breast
6 & Under	25 Free
7	25 Free
8	25 Free
6 & Under	50 Fly
7	50 Fly
8	50 Fly
6 & Under	25 Back
7	25 Back
8	25 Back
6 & Under	100 I.M.
7	100 I.M.
8	100 I.M.

- | FCST |
|-------------|
| AQUA |
| CFSC |
| COOG |
| DADS |
| GIST |
| HCAP |
| HSC |
| KATY |
| LJAC |
| NOCH |
| OWLS |
| PEAK |
| RICE |
| SCAT |
| SPA |
| SS |
| SSS |
| UH |
| WHAT |

Individual Events will be scored in single age brackets; 6 & Under, 7, 8 and 9

**Gulf Swimming
Order of Events**

24 Oct 09, Senior

No Awards	
Entry rules	
Type of Meet	Timed Finals
Max # individual events per day	Five (5)
Swimmers eligible	All USA Swimming
Entry times in	LCM/SCM/SCY
Qualifying times:	
15 & Over	None
14 & Under	15-16 USAS Motivational "AA" times
Cut-off times	None
Enter with no time?	Yes
Gulf "three event" rule applies?	Yes
Gulf "up/down" rule applies?	Yes
Fees	Individual - \$4.00

TPC notes:
Host: CFSC
- Same format as Oct 2008 Senior meet
- LCM venue at Fleet

Saturday AM

Senior	200 I.M.
Senior	50 Free
Senior	100 Fly
Senior	400 Free *

Sunday AM

Senior	200 Back
Senior	100 Free
Senior	200 Breast
Senior	200 Fly
Senior	800 Free *

Saturday PM **

Senior	200 Free
Senior	100 Back
Senior	100 Breast
Senior	400 I.M. *

* The 400 I.M. and 400/800 Freestyle will be swum fastest to slowest, alternating women's and men's heats.

** Warm-up for the Saturday P.M. session will start at 12:30 PM but not earlier than 2 hours after the conclusion of the Saturday A.M. session. The Saturday P.M. competition will begin 1 hour after the start of warm-up.

**Gulf Swimming
Order of Events**

6 Nov 09, 9-14 Junior

Entry rules		TPC notes:
Type of Meet	Timed Finals	Hosts: BTA, PEAK, MAC, SPA, NOCH
Max # individual events per day	Five (5)	- Entries due Monday (11 days before). TPC Chair may ask teams to switch venues to balance numbers
Swimmers eligible	Group X	
Entry times in	SCY/SCM/LCM	
Qualifying times	None	
Cut-off times		
9-10, 11-12 & 13-14:	USAS Motivational "A" time standard	
Enter with no time?	Yes	
Special Rule Applies	Swimmers must have two (2) or less A times to enter and may swim any event	
Fees	Individual - \$3.75; Relays - \$7.50	

NOCH
COOG
ESA
ETEX
PACK
SCAT
TTST
UH

BTA
ALAC
BRAZ
DADS
KATY
LJAC

SPA
CSC
FCST
HSC
OWLS
RICE

PEAK
AQUA
CFSC
GIST
HCAP
NEHA
SSS
WHAT

MAC
AGS
LSST
NCAT
SS
TAMU
TWST
TYES

Friday		Saturday		Sunday	
11-14	500 Free *	9-10	200 Medley Relay	9-10	200 Free Relay
9-10	200 I.M.	11-12	200 Medley Relay	11-12	200 Free Relay
11-14	400 I.M. *	13-14	200 Medley Relay	13-14	200 Free Relay
		11-12	200 I.M.	9-10	50 Breast
		9-10	50 Back	11-12	50 Breast
		11-12	50 Back	9-10	100 I.M.
		11-14	200 Fly	11-12	100 I.M.
		9-10	50 Free	13-14	200 I.M.
		11-12	50 Free	9-10	100 Back
		13-14	50 Free	11-12	100 Back
		9-10	100 Breast	13-14	100 Back
		11-12	100 Breast	9-10	100 Free
		13-14	100 Breast	11-12	100 Free
		9-10	50 Fly	13-14	100 Free
		11-12	50 Fly	9-10	100 Fly
		11-14	200 Back	11-12	100 Fly
		9-10	200 Free	13-14	100 Fly
		11-12	200 Free	11-14	200 Breast
		13-14	200 Free	9-10	500 Free** (Boys only)
		9-10	500 Free** (Girls only)	11-14	1650 Free** (Girls only)
		11-14	1650 Free** (Boys only)		

The 11-14 events will be swum combined but scored separately for 13-14 and 11-12.

* The 11-14 400 I.M. & 500 Freestyle will be swum fastest to slowest, alternating girls and boys heats.

** The 9-10 500 & 11-14 1650 Freestyle will be swum fastest to slowest. Girls 500 free swims Saturday and boys 500 free swims Sunday. Boys 1650 free swims Saturday and girls 1650 free swims Sunday.

**Gulf Swimming
Order of Events**

14 Nov 09, 9-14 Elite

Entry rules		TPC notes:
Type of Meet	Timed Finals	Host: KATY
Max # individual events per day	Five (5)	- Moved Friday's events to Saturday and Sunday
Swimmers eligible	Group X	
Entry times in	SCY/SCM/LCM	
Qualifying times		
9-10, 11-12 & 13-14:	USAS Motivational "A" time standard	
Cut-off times	None	
Enter with no time?	Yes	
Special Rule Applies	Swimmers must have three (3) A times to enter and may swim any event	
Fees	Individual - \$3.75; Relays - \$7.50	

Friday		Saturday		Sunday	
9-14	500 Free*	11-14	400 I.M. * (Girls only)	9-14	500 Free* (Girls only)
11-14	400 I.M.*	9-14	500 Free* (Boys only)	11-14	400 I.M. * (Boys only)
		9-14	100 Fly	9-12	50 Back
		9-12	50 Breast	11-14	200 Fly
		9-14	100 Free	9-14	50 Free
		9-12	50 Fly	9-14	100 Breast
		11-14	200 Breast	9-14	200 I.M.
		9-12	100 I.M.	9-14	100 Back
		11-14	200 Back	9-14	200 Free
		9-14	200 Free Relay	9-14	200 Medley Relay
		11-14	1000 Free** (Girls only)	11-14	1000 Free** (Boys only)

The 9-14 events will be swum combined but scored separately for 9-10, 11-12 and 13-14

The 9-12 events will be swum combined but scored separately for 9-10 and 11-12.

The 11-14 events will be swum combined but scored separately for 13-14 and 11-12.

* The 400 I.M. & 500 Freestyle will be swum fastest to slowest. On Saturday, the girls swim the 400 IM and boys swim the 500 free.

On Sunday, the girls swim the 500 free and boys swim the 400 IM.

** The 1000 Freestyle will be swum fastest to slowest. Girls will swim Saturday and boys will swim Sunday.

**Gulf Swimming
Order of Events**

14 Nov 09 8&U

Entry rules	
Type of Meet	Timed Finals
Max # individual events per day	Four (4)
Swimmers eligible	All
Entry times in	SCY/SCM/LCM
Qualifying times	None
Cut-off times	None
Enter with no time?	Yes
Gulf "three event" rule applies?	Does not apply
Gulf "up/down" rule applies?	Does not apply
Fees	Individual - \$3.75

TPC notes:
Hosts FCST, UH

- | UH |
|-----------|
| AGS |
| AQUA |
| BRAZ |
| BTA |
| COOG |
| DADS |
| HCAP |
| MAC |
| NEHA |
| NOCH |
| OWLS |
| PACK |
| RICE |
| SCAT |
| SSS |
| TAMU |
| TWST |
| TYES |

Saturday

6 & Under	50 Free
7	50 Free
8	50 Free
6 & Under	25 Fly
7	25 Fly
8	25 Fly
6 & Under	50 Back
7	50 Back
8	50 Back
6 & Under	25 Breast
7	25 Breast
8	25 Breast
6 & Under	100 I.M.
7	100 I.M.
8	100 I.M.
6 & Under	50 Breast
7	50 Breast
8	50 Breast
6 & Under	25 Free
7	25 Free
8	25 Free
6 & Under	50 Fly
7	50 Fly
8	50 Fly
6 & Under	25 Back
7	25 Back
8	25 Back
6 & Under	100 Free
7	100 Free
8	100 Free
8 & Under	100 Free Relay

- | FCST |
|-------------|
| ALAC |
| CFSC |
| CSC |
| ESA |
| ETEX |
| GIST |
| HSC |
| KATY |
| LJAC |
| LSST |
| NCAT |
| PEAK |
| SPA |
| SS |
| TTST |
| WHAT |

Individual Events will be scored in single age brackets; 6 & Under, 7, 8 and 9

**Gulf Swimming
Order of Events**

14 Nov 09, Senior

No Awards	
Entry rules	
Type of Meet	Timed Finals
Max # individual events per day	Five (5)
Swimmers eligible	All USA Swimming
Entry times in	SCY/SCM/LCM
Qualifying times:	
15 & Over	None
14 & Under	15-16 USAS Motivational "AA" times
Cut-off times	None
Enter with no time?	Yes
Gulf "three event" rule applies?	Yes
Gulf "up/down" rule applies?	Yes
Fees	Individual - \$3.75

TPC notes:
 - Followed Nov 2008 Senior meet
 - Host: HCAP

Saturday AM

Senior 200 I.M.
 Senior 50 Free
 Senior 100 Fly
 Senior 500 Free *

Sunday AM

Senior 200 Fly
 Senior 200 Back
 Senior 100 Free
 Senior 200 Breast
 Senior 1650 Free *

Saturday PM **

Senior 200 Free
 Senior 100 Back
 Senior 100 Breast
 Senior 400 I.M. *

* The 400 I.M. and 500/1650 Freestyle will be swum fastest to slowest, alternating women's and men's heats.

** Warm-up for the Saturday P.M. session will start at 12:30 PM but not earlier than 2 hours after the conclusion of the Saturday A.M. session. The Saturday P.M. competition will begin 1 hour after the start of warm-up.

**Gulf Swimming
Order of Events**

4 Dec 09, Gulf Senior Champs

Gulf Swimming custom medals will be awarded.		
Entry rules		
Type of Meet		Prelim/Final A,B,C,D
Max # individual events per day		Three (3)
Swimmers eligible		All USA Swimming
Entry time in		Any - Seeded per National Rules
Qualifying times	15 & Over	None
	14 & Under	Sr Gulf Champs
Cut-off times		None
Enter with no time?		Yes
Gulf "three event" rule applies?		Yes
Gulf "up/down" rule applies?		Yes
Fees		Individual - \$7.50; Relays - \$15.00

TPC Notes:
 - Same format as 2008
 - A,B,C,D finals - no awards
 - Host AGS
 - Finals start at 4:30 PM each day
 - Deck seed meet with scratch box

Friday		Saturday		Sunday	
Senior	1000 Free*	Senior	200 Fly	Senior	100 Free
Senior	100 Breast	Senior	50 Free	Senior	1650 Free*
Senior	200 Free	Senior	200 Breast	Senior	200 Back
Senior	100 Fly	Senior	100 Back	Senior	200 I.M.
Senior	400 I.M.	Senior	500 Free	Senior	400 Medley Relay**
Senior	400 Free Relay**	Senior	800 Free Relay**		

* For the 1000 and 1650 Freestyle check-in, swimmers may elect to swim the event during prelims. The fastest 8 girls and the fastest 8 boys who check-in for each event, and who do not elect to swim in prelims, will swim during finals. All other heats of the 1000/1650 will be swum as the last heats in Prelims, fastest to slowest alternating girls and boys.

** Fastest 16 relays that do not elect to swim in Prelims will swim in Finals. Relay heats will swim slowest to fastest and in event order.

There will be a 15 minute break after the last individual event before the start of relays.

Finals start at 4:30 p.m. each day.

A/B/C/D Finals - Score top 16 places.

**Gulf Swimming
Order of Events**

4 Dec 09, Fall Champs

Gulf Swimming custom medals will be awarded.	
Entry rules	
Type of Meet	Timed Finals
Max # individual events per day	Four (4)
Swimmers eligible	Group X
Entry times in	SCY/SCM/LCM
Qualifying times	None
Cut-off times	Gulf Champs times
Enter with no time?	Yes
Gulf "three event" rule applies?	Does not apply
Gulf "up/down" rule applies?	Does not apply
Fees	Individual - \$4.00; Relays - \$7.50

TPC Notes:
 - Same format as 2008, except moved 400 IM to Saturday
 - Hosts: HCAP, PACK, CFSC

- HCAP**
- AQUA
 - DADS
 - HSC
 - KATY
 - LJAZ
 - PEAK
 - OWLS
 - RICE
 - SPA
 - SS
 - SSS

Friday

11-12	200 I.M.
9-10	200 I.M.
13-14	500 Free*
11-12	500 Free*

Saturday

9-10	200 Free
11-12	200 Free
13-14	200 Free
9-10	100 Breast
11-12	100 Breast
13-14	100 Breast
9-10	50 Free
11-12	50 Free
13-14	50 Free
9-10	50 Back
11-12	50 Back
13-14	200 Back
9-10	100 Fly
11-12	100 Fly
13-14	100 Fly
9-10	200 Medley Relay
11-12	200 Medley Relay
13-14	200 Medley Relay
13-14	400 I.M.*

Sunday

13-14	200 I.M.
11-12	100 I.M.
9-10	100 I.M.
13-14	200 Breast
11-12	50 Breast
9-10	50 Breast
13-14	100 Free
11-12	100 Free
9-10	100 Free
13-14	100 Back
11-12	100 Back
9-10	100 Back
13-14	200 Fly
11-12	50 Fly
9-10	50 Fly
13-14	200 Free Relay
11-12	200 Free Relay
9-10	200 Free Relay
13-14	1650 Free*

- CFSC**
- AGS
 - COOG
 - FCST
 - GIST
 - LSST
 - MAC
 - NCAT
 - SCAT
 - TAMU
 - TWST
 - UH

- PACK**
- ALAC
 - BRAZ
 - BTA
 - CSC
 - ESA
 - ETEX
 - NEHA
 - NOCH
 - TTST
 - TYES
 - WHAT

* The 400 I.M., 500 & 1650 Freestyle will be swum fastest to slowest, alternating girls and boys heats.

**Gulf Swimming
Order of Events**

11 Dec 09, Gulf Age-Group Champ

Gulf Swimming custom medals will be awarded.

Entry rules	
Type of Meet	Prelim/Finals A,B (for 11-12 & 13-14)
Max # individual events per day	Three (3)
Swimmers eligible	Gulf Only
Entry time in	Any - Seeded per National Rules
Qualifying times	Gulf Champs times
Cut-off times	None
Enter with no time?	Yes
Gulf "three event" rule applies?	Does not apply
Gulf "up/down" rule applies?	Yes
Fees	Individual - \$7.50; Relays - \$15.00

TPC notes:
 - Same format as 2008 except 13-14 500 free prelims / finals (like TAGS)
 - Host FCST
 - No parade at finals
 - Announce names behind starting blocks
 - A finals for 11-12

Friday PM		Saturday		Sunday	
13-14	400 I.M.*	13-14	200 Free (at Finals)	11-12	50 Back
10 & Under	500 Free*	11-12	100 I.M.	13-14	200 Fly
11-12	500 Free*	10 & Under	100 I.M.	11-12	200 Fly
13-14	1000 Free*	13-14	200 Breast	10 & Under	50 Fly
		11-12	200 Breast	13-14	100 Free
		10 & Under	50 Breast	11-12	100 Free
		13-14	100 Fly	10 & Under	100 Free
		11-12	100 Fly	13-14	100 Breast
		10 & Under	100 Fly	11-12	100 Breast
		13-14	50 Free	10 & Under	100 Breast
		11-12	50 Free	13-14	100 Back
		10 & Under	50 Free	11-12	200 Back
		13-14	200 Back	10 & Under	50 Back
		11-12	100 Back	13-14	200 I.M.
		10 & Under	100 Back	11-12	200 I.M.
		13-14	500 Free (at Finals)	10 & Under	200 I.M.
		13-14	200 Free (at Prelims)	11-12	50 Fly
		11-12	200 Free	13-14	400 Free Relay
		10 & Under	200 Free	10 & Under	200 Free Relay
		11-12	50 Breast	11-12	400 Free Relay
		13-14	400 Medley Relay	13-14	1650 Free**
		10 & Under	200 Medley Relay		
		11-12	400 Medley Relay		
		13-14	500 Free** (at Prelims)		

* The 400 I.M., 500 and 1000 Freestyle will be swum fastest to slowest.

** For the 13-14 500 Freestyle and 1650 Freestyle check-in, swimmers may elect to swim the event during prelims. The fastest 8 girls and the fastest 8 boys who check-in for each event, and who do not elect to swim in prelims, will swim during finals. All other heats of the 1650 will be swum as the last heats in Prelims, fastest to slowest.

All relays swim in prelims.

Prelim/Finals for all age groups. A Finals for 10&Under, **A** Finals for 11-12 and 13-14. Score top 16 places for all age groups.

**Gulf Swimming
Order of Events**

11 Dec 09, 8&U Gulf Champs

Gulf Swimming custom medals will be awarded.		
Entry rules		
Type of Meet	Timed Finals	TPC Notes: - Add 100 free - Hosts ESA, UH
Max # individual events per day	Four (4)	
Swimmers eligible	All	
Entry times in	SCY/SCM/LCM	
Qualifying times	None	
Cut-off times	None	
Enter with no time?	Yes	
Gulf "three event" rule applies?	Does not apply	
Gulf "up/down" rule applies?	Does not apply	
Fees	Individual - \$4.00, Relays - \$7.50	

ESA

- AGS
- ALAC
- BRAZ
- BTA
- CFSC
- CSC
- ETEX
- LSST
- MAC
- NCAT
- NEHA
- NOCH
- PACK
- SCAT
- TAMU

Saturday

6 & Under	100 Free
7	100 Free
8	100 Free
6 & Under	25 Back
7	25 Back
8	25 Back
6 & Under	50 Fly
7	50 Fly
8	50 Fly
6 & Under	25 Free
7	25 Free
8	25 Free
6 & Under	50 Breast
7	50 Breast
8	50 Breast
8 & Under	100 Medley Relay
6 & Under	50 Back
7	50 Back
8	50 Back
6 & Under	25 Fly
7	25 Fly
8	25 Fly
6 & Under	50 Free
7	50 Free
8	50 Free
6 & Under	25 Breast
7	25 Breast
8	25 Breast
6 & Under	100 I.M.
7	100 I.M.
8	100 I.M.
8 & Under	100 Free Relay

UH

- AQUA
- COOG
- DADS
- FCST
- GIST
- HCAP
- HSC
- KATY
- LJAC
- OWLS
- PEAK
- RICE
- SPA
- SS
- SSS
- TTST
- TWST
- TYES
- WHAT

Individual Events will be scored in single age brackets; 6 & Under, 7, 8 and 9

**Gulf Swimming
Order of Events**

15 Jan 10, 9-14 Elite

Entry rules		TPC notes:
Type of Meet	Timed Finals	Host: SPA
Max # individual events per day	Five (5)	- Moved Friday's events to Sat / Sun
Swimmers eligible	Group X	
Entry times in	SCY/SCM/LCM	
Qualifying times	None	
9-10, 11-12 & 13-14:	USAS Motivational "A" time standard	
Cut-off times	None	
Enter with no time?	Yes	
Special Rule Applies	Swimmers must have three (3) A times to enter and may swim any event	
Fees	Individual - \$3.75; Relays - \$7.50	

Friday		Saturday		Sunday	
9-14	500 Free*	9-14	500 Free* (Girls only)	11-14	400 I.M. * (Girls only)
11-14	400 I.M.*	11-14	400 I.M. * (Boys only)	9-14	500 Free* (Boys only)
		9-14	100 Back	11-14	200 Breast
		11-14	200 Fly	9-12	50 Fly
		9-12	50 Back	9-14	100 Free
		9-14	200 Free	9-12	100 I.M.
		9-14	200 Medley Relay	9-14	200 Free Relay
		9-14	100 Breast	11-14	200 Back
		9-14	50 Free	9-14	100 Fly
		9-14	200 I.M.	9-12	50 Breast
		11-14	1650 Free** (Boys only)	11-14	1650 Free** (Girls only)

The 9-14 events will be swum combined but scored separately for 9-10, 11-12 and 13-14

The 9-12 events will be swum combined but scored separately for 9-10 and 11-12.

The 11-14 events will be swum combined but scored separately for 13-14 and 11-12.

* The 400 I.M. & 500 Freestyle will be swum fastest to slowest. On Saturday, the girls swim the 500 free and boys swim the 400 IM. On Sunday, the girls swim the 400 IM and boys swim the 500 free.

** The 1650 Freestyle will be swum fastest to slowest. Boys will swim Saturday and girls will swim Sunday.

**Gulf Swimming
Order of Events**

15 Jan 10 8&U

Entry rules	
Type of Meet	Timed Finals
Max # individual events per day	Four (4)
Swimmers eligible	All
Entry times in	SCY/SCM/LCM
Qualifying times	None
Cut-off times	None
Enter with no time?	Yes
Gulf "three event" rule applies?	Does not apply
Gulf "up/down" rule applies?	Does not apply
Fees	Individual - \$3.75

TPC notes:
Hosts TWST, UH
- Add 100 free,
medley relay, 200
free relay

- | TWST |
|-------------|
| AGS |
| ALAC |
| BRAZ |
| BTA |
| CSC |
| ESA |
| ETEX |
| FCST |
| LSST |
| MAC |
| SPA |
| SS |
| TAMU |
| TTST |

Saturday

6 & Under	100 Free
7	100 Free
8	100 Free
6 & Under	25 Breast
7	25 Breast
8	25 Breast
6 & Under	50 Free
7	50 Free
8	50 Free
6 & Under	25 Fly
7	25 Fly
8	25 Fly
6 & Under	50 Back
7	50 Back
8	50 Back
8 & Under	100 Medley Relay
6 & Under	50 Breast
7	50 Breast
8	50 Breast
6 & Under	25 Free
7	25 Free
8	25 Free
6 & Under	50 Fly
7	50 Fly
8	50 Fly
6 & Under	25 Back
7	25 Back
8	25 Back
6 & Under	100 I.M.
7	100 I.M.
8	100 I.M.
8 & Under	200 Free Relay

- | UH |
|-----------|
| AQUA |
| CFSC |
| COOG |
| DADS |
| GIST |
| HCAP |
| HSC |
| KATY |
| LJAC |
| NCAT |
| NEHA |
| NOCH |
| OWLS |
| PACK |
| PEAK |
| RICE |
| SCAT |
| SSS |
| TYES |
| WHAT |

Individual Events will be scored in single age brackets; 6 & Under, 7, 8 and

**Gulf Swimming
Order of Events**

15 Jan 10, Senior

No Awards	
Entry rules	
Type of Meet	Timed Finals
Max # individual events per day	Five (5)
Swimmers eligible	All USA Swimming
Entry times in	SCY/SCM/LCM
Qualifying times:	
15 & Over	None
14 & Under	15-16 USAS Motivational "AA" times
Cut-off times	None
Enter with no time?	Yes
Gulf "three event" rule applies?	Yes
Gulf "up/down" rule applies?	Yes
Fees	Individual - \$3.75

TPC notes:
Host TWST

Saturday AM

Senior 200 Free
Senior 100 Breast
Senior 200 Back
Senior 400 I.M. *

Sunday AM

Senior 100 Back
Senior 200 Fly
Senior 100 Free
Senior 200 Breast
Senior 1650 Free *

Saturday PM **

Senior 200 I.M.
Senior 50 Free
Senior 100 Fly
Senior 500 Free *

* The 400 I.M. and 500/1650 Freestyle will be swum fastest to slowest, alternating women's and men's heats.

** Warm-up for the Saturday P.M. session will start at 12:30 PM but not earlier than 2 hours after the conclusion of the Saturday A.M. session. The Saturday P.M. competition will begin 1 hour after the start of warm-up.

**Gulf Swimming
Order of Events**

22 Jan 10, 9-14 Junior

Entry rules		TPC notes:
Type of Meet	Timed Finals	Hosts: HSC, CFSC, HCAP, KATY, MAC
Max # individual events per day	Five (5)	- Entries due Monday (11 days before). TPC Chair may ask teams to switch venues to balance numbers
Swimmers eligible	Group X	
Entry times in	SCY/SCM/LCM	
Qualifying times	None	
Cut-off times		
9-10, 11-12 & 13-14:	USAS Motivational "A" time standard	
Enter with no time?	Yes	
Special Rule Applies	Swimmers must have two (2) or less A times to enter and may swim any event	
Fees	Individual - \$3.75; Relays - \$7.50	

HSC
COOG
DADS
NEHA
NOCH
PACK
UH

HCAP
FCST
GIST
LJAC
PEAK
SPA

KATY
CSC
ESA
OWLS
RICE
WHAT

CFSC
ALAC
AQUA
BTA
LSST
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SSS
TTST

MAC
AGS
BRAZ
ETEX
NCAT
SCAT
TAMU
TWST
TYES

Friday		Saturday		Sunday	
11-14	500 Free *	9-10	50 Breast	11-12	200 I.M.
9-10	200 I.M.	11-12	50 Breast	9-10	50 Back
11-14	400 I.M. *	9-10	100 I.M.	11-12	50 Back
		11-12	100 I.M.	11-14	200 Fly
		13-14	200 I.M.	9-10	50 Free
		9-10	100 Back	11-12	50 Free
		11-12	100 Back	13-14	50 Free
		13-14	100 Back	9-10	100 Breast
		9-10	200 Free Relay	11-12	100 Breast
		11-12	200 Free Relay	13-14	100 Breast
		13-14	200 Free Relay	9-10	200 Medley Relay
		9-10	100 Free	11-12	200 Medley Relay
		11-12	100 Free	13-14	200 Medley Relay
		13-14	100 Free	9-10	50 Fly
		9-10	100 Fly	11-12	50 Fly
		11-12	100 Fly	11-14	200 Back
		13-14	100 Fly	9-10	200 Free
		11-14	200 Breast	11-12	200 Free
		9-10	500 Free** (Boys only)	13-14	200 Free
		11-14	1000 Free** (Girls only)	9-10	500 Free** (Girls only)
				11-14	1000 Free** (Boys only)

The 11-14 events will be swum combined but scored separately for 13-14 and 11-12.

* The 11-14 400 I.M. & 500 Freestyle will be swum fastest to slowest, alternating girls and boys heats.

** The 9-10 500 & 11-14 1000 Freestyle will be swum fastest to slowest. Boys 500 free swims Saturday and girls 500 free swims Saturday and boys 1000 free swims Sunday.

**Gulf Swimming
Order of Events**

19 Feb 10, 13&Over Spring Champ

Gulf Swimming custom medals will be awarded.	
Entry rules	
Type of Meet	Prelim / A, B, C Finals
Max # individual events per day	Three (3)
Swimmers eligible	Gulf Only
Entry times in	SCY/SCM/LCM
Qualifying times	None
Cut-off times	None 13, 14 – TAGS 13, 14 times 15 & Over – Sectional times
Enter with no time?	No
Gulf "three event" rule applies?	Does not apply
Gulf "up/down" rule applies?	Does not apply
Fees	Individual - \$4.50; Relays - \$8.00

TPC Notes:
Host TWST
- Same event order as 2009, except No cut-off times and ABC for both 13-14 & 15&Over

Friday		Saturday		Sunday	
13-14	400 I.M.*	13 & Over	1000 Free**	13 & Over	1650 Free**
15 & Over	400 I.M.*	13-14	200 Fly	13-14	100 Back
13-14	500 Free*	15 & Over	200 Fly	15 & Over	100 Back
15 & Over	500 Free*	13-14	50 Free	13-14	200 Breast
		15 & Over	50 Free	15 & Over	200 Breast
		13-14	200 Back	13-14	100 Free
		15 & Over	200 Back	15 & Over	100 Free
		13-14	100 Breast	13-14	200 I.M.
		15 & Over	100 Breast	15 & Over	200 I.M.
		13-14	200 Free	13-14	100 Fly
		15 & Over	200 Free	15 & Over	100 Fly
		13-14	400 Medley Relay	13-14	400 Free Relay
		15 & Over	400 Medley Relay	15 & Over	400 Free Relay

13&Over events swum combined and scored as 13-14 and 15&Over.

* The 400 I.M. and 500 Freestyle will be swum as timed finals events with heats in the order of fastest to slowest.

** For the 1000 and 1650 Freestyle check-in, swimmers may elect to swim the event during prelims. The fastest 8 girls or the fastest 8 boys who check-in for each event, and who do not elect to swim in prelims, will swim during finals. All other heats of the 1000/1650 free will be swum fastest to slowest after the relay events.

All relays swim in prelims.

**Gulf Swimming
Order of Events**

26 Feb 10, 12&Un Spring Champs

Gulf Swimming custom medals will be awarded.	
Entry rules	
Type of Meet	Timed Finals
Max # individual events per day	Three (3)
(10 & Under 500 Free does not count as one of the three events/day)	
(400 I.M. does not count as one of the three events/day)	
Swimmers eligible	Gulf Only - Group X
Entry times in	SCY/SCM/LCM
Qualifying times	8&Under, 9-10, 11-1 None
Cut-off times	None
Enter with no time?	No (see note about 8&Unders)
Gulf "three event" rule applies?	\
Gulf "up/down" rule applies?	Does not apply
Fees	Individual - \$4.50; Relays - \$8.00

TPC notes:
 Hosts CFSC, KATY, SPA,
 PACK
 - Same format as 2009
 - 8&Unders must have a time
 in the 50 to enter the 100 of
 that stroke at No Time

CFSC

- AGS
- BTA
- CSC
- LSST
- SS
- TAMU
- TWST

KATY

- ALAC
- BRAZ
- DADS
- HCAP
- OWLS
- RICE
- TYES
- WHAT

SCAT

- AQUA
- COOG
- ESA
- MAC
- NCAT
- NEHA
- NOCH
- PACK
- SSS
- UH

SPA

- ETEX
- FCST
- GIST
- HSC
- LJAC
- PEAK
- TTST

Friday		Saturday		Sunday	
11-12	200 I.M.	11-12	50 Breast	11-12	50 Fly
10 & under	200 I.M.	8 & Under	100 I.M.	8 & Under	100 Free
11-12	500 Free*	10 & Under	100 Fly	9-10	100 Free
		11-12	100 Fly	11-12	100 Free
		8 & Under	50 Free	11-12	200 Fly
		9-10	50 Free	8 & Under	50 Fly
		11-12	50 Free	9-10	50 Fly
		10 & Under	100 Back	11-12	50 Back
		11-12	100 Back	10 & Under	100 Breast
		8 & Under	50 Breast	11-12	100 Breast
		9-10	50 Breast	8 & Under	50 Back
		11-12	200 Breast	9-10	50 Back
		10 & Under	200 Free	11-12	200 Back
		11-12	200 Free	9-10	100 I.M.
		8 & Under	200 Medley Relay	11-12	100 I.M.
		9-10	200 Medley Relay	8 & Under	200 Free Relay
		11-12	400 Medley Relay	9-10	200 Free Relay
		11-12	400 I.M.*	11-12	400 Free Relay
				10 & Under	500 Free*

Score: 8&U events BB/B. Score: 9-10, 10&U and 11-12 50 & 100 events A/BB/B. Score: 10&U and 11-12 200, 400 & 500 events A/BB

* The 400 I.M. and 500 Freestyle will be swum fastest to slowest, alternating girls and boys heats.

Time Trials on Saturday & Sunday following the meet for all ages.

8&Unders must have a time in the 50 to enter the 100 of that stroke

Gulf Swimming, Inc

Document Retention Policy

Gulf Swimming, Inc., shall retain records in an orderly fashion for time periods that comply with legal and government requirements.

Type of Document	Minimum Requirement	Location
Accounts payable ledgers and schedules	7 years	Treasurer ⁽¹⁾
Audit reports	Permanently	Secretary
Bank Reconciliations	2 years	Treasurer ⁽¹⁾
Bank statements	3 years	Treasurer ⁽¹⁾
Checks (for important payments and purchases)	Permanently	Treasurer ⁽¹⁾
Contracts, mortgages, notes and leases (expired)	7 years	Secretary
Contracts (still in effect)	Permanently	Secretary
Correspondence (general)	2 years	Secretary
Correspondence (legal and important matters)	Permanently	Secretary
Correspondence (with customers and vendors)	2 years	Secretary
Deeds, mortgages, and bills of sale	Permanently	Secretary
Depreciation Schedules	Permanently	Treasurer ⁽¹⁾
Duplicate deposit slips	2 years	Treasurer ⁽¹⁾
Employment applications	3 years	Secretary
Expense Analyses/expense distribution schedules	7 years	Treasurer ⁽¹⁾
Year End Financial Statements	Permanently	Treasurer ⁽¹⁾
Insurance Policies (expired)	3 years	Secretary
Insurance records, current accident reports, claims, policies, etc.	Permanently	Secretary
Internal audit reports	3 years	Treasurer ⁽¹⁾
Inventories of products, materials, and supplies	7 years	Treasurer ⁽¹⁾
Invoices (to customers, from vendors)	7 years	Treasurer ⁽¹⁾
Minute books, bylaws and charter	Permanently	Secretary
Patents and related Papers	Permanently	Secretary
Payroll records and summaries	7 years	Treasurer ⁽¹⁾
Personnel files (terminated employees)	7 years	Secretary
Retirement and pension records	Permanently	Treasurer ⁽¹⁾
Tax returns and worksheets	Permanently	Treasurer ⁽¹⁾
Timesheets	7 years	Treasurer ⁽¹⁾
Trademark registrations and copyrights	Permanently	Secretary
Withholding tax statements	7 years	Treasurer ⁽¹⁾

⁽¹⁾ Stored off-site in climate controlled storage

Record Destruction

After each year-end, a review of the files in the on-site and off-site storage shall be performed by the Finance Committee, and any records falling outside the above retention schedule shall be destroyed.

Gulf Swimming's legal counsel shall be instructed to inform the General Chair when document destruction (planned or otherwise) should be halted. The General Chair will in turn notify the Board Members and staff (if any). Violation of such orders can result in immediate termination of staff members, or the removal of Board Members from office by the House of Delegates.

Gulf Swimming, Inc Member Protection (Whistleblower) Policy

If any member of Gulf Swimming, Inc. reasonably believes that some policy, practice, or activity of Gulf Swimming is in violation of law, a written complaint must be filed by that member with the General Chairman of Gulf Swimming. If the General Chairman is the subject of the violation, then the written complaint may be filed with any member of the Gulf Swimming Board of Directors.

It is the intent of Gulf Swimming to adhere to all laws and regulations that apply to the organization and the underlying purpose of this policy is to support the organization's goal of legal compliance. The support of all members is necessary to achieving compliance with various laws and regulations. A member is protected from retaliation only if the member brings the alleged unlawful activity, policy, or practice to the attention of Gulf Swimming and provides Gulf Swimming with a reasonable opportunity to investigate and correct the alleged unlawful activity. The protection described below is only available to members that comply with this requirement.

Gulf Swimming, its Board Members, Officers, or Staff (if any), will not retaliate against any member who in good faith, has made a protest or raised a complaint against some practice of Gulf Swimming, or of another individual or entity with whom Gulf Swimming has a business relationship, on the basis of a reasonable belief that the practice is in violation of law, or a clear mandate of public policy.

Gulf Swimming, its Board Members, Officers, or Staff (if any), will not retaliate against members who disclose or threaten to disclose to USA Swimming or a public body, any activity, policy, or practice of Gulf Swimming that the member reasonably believes is in violation of a law, or a rule, or regulation mandated pursuant to law or is in violation of a clear mandate of public policy concerning the health, safety, welfare, or protection of the environment.

**GULF SWIMMING
2009-10 MEETING SCHEDULE**

<u>DATE</u>	<u>TIME</u>	<u>MEETING</u>
August 26, 2009	6:30 p.m.	Meet Directors' Clinic
September 2, 2009	7:30 p.m.	Board of Directors
September 15-20, 2009	U.S. Aquatics Sports National Convention XXX - Rosemont, IL.	
September 23, 2009	8:00 p.m.	House of Delegates
September 26, 2009	Gold Medal Clinic	
September 27, 2009	Eighteenth Annual Gulf Awards Banquet- Marriott Westchase	
October 2-3, 2009	Annual TSA Convention – Houston	
October 14, 2009	5:30 p.m.	Officials Clinic
October 14, 2009	8:00 p.m.	Technical Planning Committee Meeting
November 4, 2009	7:30 p.m.	Board of Directors
January 6, 2010	8:00 p.m.	Technical Planning Committee Meeting
January 13, 2010	7:30 p.m.	Board of Directors
January 27, 2010	8:00 p.m.	House of Delegates
April 7, 2010	8:00 p.m.	Technical Planning Committee Meeting
April 28, 2010	7:30 p.m.	Board of Directors
May 19, 2010	8:00 p.m.	House of Delegates
June 16, 2010	8:00 p.m.	Technical Planning Committee Meeting
July 7, 2010	7:30 p.m.	Board of Directors
September 14-19, 2010	U.S. Aquatics Sports National Convention XXXI—Dallas TX	